

## NESST Newsflash

Hi Everyone,

Welcome to the NESST Newsflash. If you wish to unsubscribe to this Newsletter, please reply to this email and NESST will remove you from our mailing list. 😊

### Contents

NESST Newsflash.....	1
Current Forums and Training.....	4
Upcoming Events and Training .....	4
NESST Free On-line Training Portal.....	4
CHSP Orientation – 14 June 2022 .....	4
Social Support Syndicate – 15 June 2022.....	4
New England CHSP Forum – 21 June 2022 .....	4
An Introduction to Trauma Informed Care .....	5
How to create a winning social media strategy.....	5
Who’s missing? Diversity and inclusion in aged care .....	5
Recognise Respond Refer .....	5
Disaster Recovery in NSW: advocating for your service and community after a disaster.....	5
Aged Care Reform.....	5
Aged Care Engagements on Reform .....	5
Support at Home co-design and consultation calendar .....	5
Support at Home Program and Regulation Update webinar.....	6
Concepts for a new framework for regulating aged care .....	6
Support at Home Program Overview.....	6
Options for an Assessment, Classification and Funding Model.....	6
National Aged Care Advisory Council.....	6
Seamless Aged Care: How to set up ‘Support at Home’ right, the first time .....	6
Aged care workforce action plan 2022 – 2025 .....	7
COVID-19.....	7
NCOSS Staff Well-being Survey: The Impact of COVID-19.....	7
Coronavirus and Australian workplace laws.....	7
Grants and Funding Opportunities .....	7

Commonwealth Home Support Programme (CHSP) – Emergency support for COVID-19.....	7
Commonwealth Home Support Programme Assistance with Increased Fuel Costs for CHSP - Transport Providers and Associated Transport Costs.....	7
GrantConnect.....	8
Emergencies and Natural Disasters .....	8
Natural Disaster Resources for Community Groups .....	8
NSW Government disaster recovery and relief .....	8
Disaster Assist .....	8
Other Resources and Information .....	8
Services Australia Aged Care Support & Aged Care Specialist Officers .....	8
Alternative housing models for precariously housed older Australians.....	9
My Aged Care Provider Specialisation Verification .....	9
People using aged care – 2020-2021 .....	9
National Elder Abuse Prevalence Study: Final Report .....	9
My Aged Care Portal - Profile tips for Commonwealth Home Support Programme providers.....	9
'Going Green' Guide for NFPs .....	10
Changes to the SCHADS Award.....	10
Centre for Social Impact’s Indicator Engine.....	10
Justice Connect – Free Constitution Tool .....	10
Free Governance Health Checks .....	10
New Resources Available: Trauma & Aged Care Support and Information Hub.....	11
CRANA – Bush Support .....	11
Training Resources.....	11
CHSP Reablement Community of Practice.....	11
Governing for Reform in Aged Care Program: Provider governance .....	11
Enrol now for the free Governing for Reform Aged Care program. ....	11
Critical Conversations Program.....	12
Aged Care Quality and Safety Commission.....	12
Justice Connect .....	12
Diversity and Discrimination – free on-line training.....	12
Dementia Training (FREE) .....	12
Suicide Prevention for Seniors Program (NSW).....	12
Links .....	13

NESST Website .....	13
Department of Health Updates .....	13
NSW COVID Rules.....	13
Health Direct Covid Restriction Checker .....	13
ABC News Aged Care Page.....	13
Aged Care News .....	13

## Current Forums and Training

### Upcoming Events and Training

The Calendar of Events is sent out twice a year. Contact [info@nesst.org.au](mailto:info@nesst.org.au) if you would like to receive a copy of the calendar or visit our website [Training and Events – NESST](#)

### NESST Free On-line Training Portal

The portal is now available to all New England Aged Care providers and all community transport projects in NSW. Please share with your staff and volunteers:

A certificate of completion is emailed on completion.

To access the resources please follow this link: <https://nesstbasictraining.thinkific.com/>

- An introduction to the Commonwealth Home Support Programme
- Food Safety for Seniors
- Dementia Basics
- Duty of Care
- Professional Boundaries
- Confidentiality
- An Introduction to Community Transport
- Safe Driving for Community Transport
- Driver Responsibilities and Transporting Clients
- Introduction to Good Governance for Community Aged Care Services

***Are there any topics you would like included in the Training Portal? Send an email with suggestions.***

### CHSP Orientation – 14 June 2022

The next CHSP orientation is being held on 14 June at 1.30pm. Register here: [CHSP Orientation](#)

### Social Support Syndicate – 15 June 2022

Do you work in the group social support space and want to learn and network with others? Join the Social Support Syndicate meeting on 15 June from 2pm to 3pm.

Register here: [Social Support Syndicate Meeting Registration](#)

### New England CHSP Forum – 21 June 2022

Our next CHSP forum will be held on-line on 21 June 2022. Join us for an update from ACSA on the reform agenda, information about proposed changes to qualifications from the Community Services & Health Industry Training Advisory Body, and an update from ACAT and RAS.

Do you have a question on the reform agenda, accredited training or something to ask an assessor? Send your question(s) through to [info@nesst.org.au](mailto:info@nesst.org.au) and we will endeavour to have them answered at the forum.

Register here: [CHSP Regional Zoom Meeting Registration](#)

### **An Introduction to Trauma Informed Care**

Brought to you by NESST, in partnership with Blue Sky Community Services

The two workshops have been oversubscribed, which is fantastic! If you were planning to register and missed out, please let us know as the training can be held again in August or September. Email [info@nesst.org.au](mailto:info@nesst.org.au) to register your interest.

### **How to create a winning social media strategy**

Connecting Up is running a free workshop on creating a social media strategy for not for profits on Tuesday 7 June from 11am to midday. Register here. [How to create a winning social media strategy | Connecting Up](#)

### **Who's missing? Diversity and inclusion in aged care**

A webinar to mark the launch of OPAN's Diversity Education Program is being held on Tuesday June 7 from 11:30am to 12:30pm. The webinar will be hosted by journalist Julie McCrossin, with special guest speaker Dr Kay Patterson, the Age Discrimination Commissioner. Find our more and register here:

[Who's missing? Diversity and inclusion in aged care - OPAN](#)

### **Recognise Respond Refer**

Free training is available from DV-Alert on recognising the signs of domestic violence and knowing what to do next. In some instances assistance with the cost of travel for face to face attendance and backfilling of positions is available. Learn more here: [DV-alert Homepage \(dvalert.org.au\)](http://dvalert.org.au)

### **Disaster Recovery in NSW: advocating for your service and community after a disaster**

Join the NCOSS Building Resilience for Emergency Responses Team for this free webinar on 16 June from 1pm to 2pm. More information and registrations here: [Disaster Recovery in NSW: advocating for your service and community after a disaster - NCOSS - NSW Council of Social Service](#)

### **Aged Care Reform**

#### **Aged Care Engagements on Reform**

Sign up to stay informed on the design and implementation of aged care reforms.

The link is: [Aged care registration form \(qualtrics.com\)](#)

#### **Support at Home co-design and consultation calendar**

The Department of Health timeline for co-design and consultation of the Support at Home program is available [here](#) in Word and PDF.

### **Support at Home Program and Regulation Update webinar**

The recording of the webinar, held on 8 March, is available on the Department's website and on YouTube. Go here: [website](#) OR [YouTube](#)

Keep an eye on the website for responses to questions raised at the webinar

[Reform to in-home aged care | Australian Government Department of Health](#)

### **Concepts for a new framework for regulating aged care**

Paper outlining early thinking in developing a new regulatory framework to support the future aged care system. Published on 8 February 2022 and available in Word and PDF here:

[Concepts for a new framework for regulating aged care](#)

### **Support at Home Program Overview**

This Paper provides an overview of the proposed design for the new Support at Home Program, commencing July 2023. Published on 6 January 2022 and available in Word and PDF here:

[Support at Home Program Overview | Australian Government Department of Health](#)

### **Options for an Assessment, Classification and Funding Model**

HealthConsult report identifying and evaluating options to develop an Assessment, Classification and Funding model for the varied needs of older people and their informal carers at home and in the community. Published 27 May 2020 and updated on 6 April 2021.

[Options for an Assessment, Classification and Funding Model for a Single In-home Care Program | Australian Government Department of Health](#)

### **National Aged Care Advisory Council**

Details about the Council Members is now available here [National Aged Care Advisory Council | Australian Government Department of Health](#), as well as links to communiques.

### **Seamless Aged Care: How to set up 'Support at Home' right, the first time**

The Support at Home Alliance, made up of a collaboration of 6 social support organisations, has released a report into the future of the home and community care system Australia.

The report was produced by a working party including ACSA, Ethnic Communities' Council of NSW, Meals on Wheels Australia, Community Transport Organisation (NSW), Home Modifications Australia and NSW Neighbour Aid & Social Support Association. The Australian Health Services Research Institute at the University of Wollongong contributed to the paper's development.

Download the report here [Support-at-Home-Alliance-Position-Paper.pdf \(acsa.asn.au\)](#)

## **Aged care workforce action plan 2022 – 2025**

This plan outlines the Australian Government's actions to grow, skill and enable an aged care workforce that delivers safe, high quality care that puts senior Australians first.

[A Matter of Care: Australia's Aged Care Workforce Strategy | Australian Government Department of Health](#)

## **COVID-19**

### **NCOSS Staff Well-being Survey: The Impact of COVID-19**

NCOSS is partnering with Social Equity Works to examine the impact of COVID-19 on community sector staff. Findings will inform government, boards, leadership and peak bodies on how to better support and safeguard workplace wellbeing. Complete the survey here: [Staff Wellbeing Survey \(surveymonkey.com\)](#)

### **Coronavirus and Australian workplace laws**

The Fair Work Ombudsman provides Information on workplace laws, obligations and entitlements for employers and employees during the coronavirus pandemic.

The link is: [Coronavirus and Australian workplace laws - Fair Work Ombudsman](#)

## **Grants and Funding Opportunities**

### **Commonwealth Home Support Programme (CHSP) – Emergency support for COVID-19**

The objective of this grant (number GO3877) is to provide assistance through limited financial support to existing CHSP service providers to enable them to respond to unforeseen and exceptional circumstances that directly impact on existing service delivery arrangements that are beyond the control of the grant recipient.

Closing date for the grant is 30 June 2022. Find more information and apply here:

<https://www.grants.gov.au/Go/Show?GoUuid=6c903322-0521-8405-245c-dd56c93b7960>

Where providers incur additional costs in supporting increased hospital discharges, due to COVID-19, they can apply for funding under this grant.

### **Commonwealth Home Support Programme Assistance with Increased Fuel Costs for CHSP - Transport Providers and Associated Transport Costs**

Commonwealth Home Support Programme (CHSP) Transport service providers and CHSP providers where Transport costs are more than 5 per cent of their organisation's annual grant funding may apply for additional one-off funding under the CHSP Ad Hoc Proposals Grant Opportunity (GO4265).

Closing date for the grant is 30 June 2022. Find out more information and apply here:

[Current Grant Opportunity View - GO4265: GrantConnect \(grants.gov.au\)](#)

## GrantConnect

GrantConnect is the Australian Government's grants information system. From 22 February 2022 GrantConnect is the single source of information for grant opportunity documents.

To register for GrantConnect, go to [www.grants.gov.au](http://www.grants.gov.au).

## Emergencies and Natural Disasters

### Natural Disaster Resources for Community Groups

Services Australia has released an eKit to help community groups support people affected by natural disasters. It includes information on financial support and mobile services, and it's available in 20 languages.

<https://www.servicesaustralia.gov.au/sites/default/files/natural-disaster-resources-ekit.zip>

### NSW Government disaster recovery and relief

Information on disaster relief and support is available here:

[Disaster relief and support | NSW Government](#)

### Disaster Assist

Australian Government website with information about available support during disasters, as well as a range of resources. The link is [Disaster Assist](#)

## Other Resources and Information

### Services Australia Aged Care Support & Aged Care Specialist Officers

Assistance is available at all Services Australia Centres for older people, with:

- Accessing aged care services
- Providing support to use the My Aged Care website
- Referrals to the My Aged Care contact centre
- Connection with an Aged Care Specialist Officer if there's one in your area.

An ACSO will be commencing in Tamworth shortly. More information about support for older people from Services Australia and the ACSO program is available here: [How we can help you with My Aged Care face-to-face services - My Aged Care face-to-face services - Services Australia](#)

A My Aged Care face to face services eKit is available from Services Australia, to promote the support available in your community. Download the kit here: [Download the My Aged Care face-to-face services eKit](#)

The kit downloads as a zipped file.



### **Alternative housing models for precariously housed older Australians**

The Australian Housing and Urban Research Institute commissioned the University of South Australia, RMIT, Curtin University and Flinders University to investigate potential alternative housing models for older Australians, to increase the supply of affordable housing. Read the report here:

[https://www.ahuri.edu.au/research/final-reports/378?ct=t\(ACSAWeekly\\_26.05.2022\)](https://www.ahuri.edu.au/research/final-reports/378?ct=t(ACSAWeekly_26.05.2022))

### **My Aged Care Provider Specialisation Verification**

The Department are developing a Specialisation Verification Framework to ensure providers met the Aged Care Quality Standards and treat people's identity, culture, and diversity with dignity and respect. Information on the rollout of the verification process can be found here: [Specialisation Verification Framework | Australian Government Department of Health](#)

The final report from Australian Healthcare Associates (AHA), outlining the results of their review is available here: [Review and development of a specialisation verification framework for My Aged Care – Final report | Australian Government Department of Health](#)

### **People using aged care – 2020-2021**

The Australian Institute of Health and Welfare has released a fact sheet that includes key data on people using aged care 30 June 2021. The fact sheet presents data on a range of topics including: aged care use by age and sex, use since 2011; Aboriginal and Torres Strait Islander Australians using aged care; remoteness; culturally and linguistically diverse backgrounds.

<https://www.gen-agedcaredata.gov.au/Topics/People-using-aged-care>

### **National Elder Abuse Prevalence Study: Final Report**

The Australian Institute of Family Studies National Elder Abuse Prevalence Study produced findings on elder abuse based on a set of surveys. Key recommendations arising from the study are related to prevention, awareness, identification, and assessment of elder abuse.

[read](#)

### **My Aged Care Portal - Profile tips for Commonwealth Home Support Programme providers**

The My Aged Care website now includes My Aged Care Portal tips and tricks for CHSP Providers. There is information about what to include in your portal information as well as guidance on how to make changes. Link to the page is: [Profile tips for Commonwealth Home Support Programme providers | My Aged Care](#) The My Aged Care Provider Portal User Guide can be viewed and downloaded [here](#).

### **'Going Green' Guide for NFPs**

This [help sheet](#) by the Institute of Community Directors Australia outlines hundreds of initiatives you can implement across 10 areas of your organisation, from adoption of renewable energy and electric car fleets to everyday actions to drive down your environmental footprint.

### **Changes to the SCHADS Award**

Information about changes to the SCHADS Award from 1 July 2022 is available from the Fair Work Ombudsman here:

[Changes to minimum payments for part-time employees – Social and Community Services Award - Fair Work Ombudsman](#)

### **Centre for Social Impact's Indicator Engine**

Amplify Social Impact (Amplify) provide a range of solutions to help the social sector measure, understand, and achieve social change. They are launching The Indicator Engine, which is the first consistent, evidence-backed, and easy-to-use impact measurement tool available to the Australian for-purpose sector for free or at a low-cost (depending on the type and size of your organisation).

Register to attend the event on 16 March here: [Launch: Amplify Social Impact Online, Hosted online, 16<sup>th</sup> of March | Humanitix](#)

And learn more about Amplify here: [Amplify Social Impact | Amplify Social Impact \(csi.edu.au\)](#)

### **Justice Connect – Free Constitution Tool**

Need to draft or change your constitution? Justice Connect have launched a Constitution Tool for NSW-based incorporated associations. Taking just 20 minutes, the Constitution Tool asks you a series of questions in simple, plain English about how you would like your association to operate. It then generates a customised constitution.

Find out more or use the tool here: [A Constitution Tool helping NSW-incorporated associations – Justice Connect](#)

### **Free Governance Health Checks**

Does your community organisation need a governance refresh? Justice Connect Not-for-profit Law are offering free Governance Health Checks to eligible not-for-profit organisations in the social services and health sectors and Aboriginal Community Controlled Organisations based in NSW, thanks to the NSW Government's Social Sector Transformation Fund.

Find out more information and apply here: [SSTF: Governance Health Checks | Not-for-profit Law @ Justice Connect \(nfplaw.org.au\)](#)

### **New Resources Available: Trauma & Aged Care Support and Information Hub**

Many older people have experienced trauma at some point in their life. Aged care workers can also be exposed to trauma as part of their work. Information and resources are available for people affected by trauma and those who support them. Follow this link for more information: <https://www.phoenixaustralia.org/aged-care/>

### **CRANA – Bush Support**

Toll-free 24hr Telephone Counselling every day of the year – call 1800 805 391 – for ALL remote health workers/service providers and their families <https://crana.org.au/support>

Bush Support provide a range of programs and resources to assist remote workers and their families in managing the stress of living and working in a remote location. The program includes an anonymous, nationwide 24-hour telephone debriefing and support service staffed by psychologists with remote experience.

### **Training Resources**

Links and information about on demand and ongoing training.

### **CHSP Reablement Community of Practice**

Have you joined the Community of Practice? The Reablement Community of Practice was launched by the Department of Health in November 2020 and is a tool for CHSP providers to learn, share and engage with other providers across the CHSP sector.

Join here: [Reablement Community of Practice - Reablement Community of Practice \(more-good-days.com.au\)](https://www.more-good-days.com.au)

### **Governing for Reform in Aged Care Program: Provider governance**

In response to the Royal Commission's final report *Care, Dignity and Respect*, the Australian Government is launching an innovative and highly tailored learning program for aged care leaders.

The Governing for Reform Program, led by the Aged Care Quality and Safety Commission, will support approved providers to get ahead of reform – strengthening their governance, policies and processes, leading change from the top and providing practical tools and guidance.

The Commission encourages all governance bodies, boards, and aged care leaders to participate in the program to be part of a collective drive to transform the aged care sector.

This learning program is available for CHSP. The enrolment page does reference home care approved providers but once you begin registration you select chsp.

[Enrol now](#) for the free Governing for Reform Aged Care program.

### **Critical Conversations Program**

The Hunter Region and MDS Sector Support, in association with [TAG Health](#), are offering free access to their Critical Conversations Program for organisations in our region. The resources can be accessed by using the following link which will take you to a Trello Board:

<https://trello.com/invite/b/ss8CkkCy/73e887441a11c2f8ec0bc46de5cab01b/chsp-critical-conversations>

You will have access to the range of “done for you” resources as well as access to the recordings of the Critical Conversations of both Hunter and Macarthur regions.

You can contact Claire Bishop from MDS at [claire.bishop@mdservices.com.au](mailto:claire.bishop@mdservices.com.au) if you have any queries.

### **Aged Care Quality and Safety Commission**

Have you claimed your 4 free registrations for the Commission’s ALIS learning platform? Commonwealth-funded aged care services have been offered up to four free registrations for each service location. These free registrations are available up until 1<sup>st</sup> July 2022.

Learn more and register here <https://learning.agedcarequality.gov.au>

### **Justice Connect**

Watch live and on demand webinars on starting and running a not-for-profit organisation on the Justice Connect website. The webinars are aimed at small to medium not-for-profit organisations and presented by lawyers and guest presenters. Find information on upcoming webinars and access to recordings here: <https://www.nfplaw.org.au/training/webinars>

### **Diversity and Discrimination – free on-line training**

A diverse and inclusive workforce is good for business. It encourages acceptance and respectful behaviour and minimises the risk of discrimination. This course will show you how to promote diversity and prevent discrimination in your workplace.

[Diversity and discrimination – Fair Work Ombudsman](#)

### **Dementia Training (FREE)**

Highly recommended range of short (10-30 minute) and long (3 hours) training courses on a wide range of topics related to dementia. Certificate on completion.

Find out more here: [Online Dementia Courses | DTA](#)

### **Suicide Prevention for Seniors Program (NSW)**

The Suicide Prevention for Seniors Program is funded by the NSW Government and presented by Anglicare. To be eligible for this free training you need to be working with older people and be based in NSW. If you are interested, please email Program Coordinator Nancy Gewargis at [nancy.gewargis@anglicare.org.au](mailto:nancy.gewargis@anglicare.org.au) or visit the [Anglicare website](#).

## Links

### NESST Website

Visit the website for more information about our organisation.

[NESST – New England Sector Support Team](#)

### Department of Health Updates

Keep up to date – find all the updates here:

<https://www.health.gov.au/news/newsletters>

### NSW COVID Rules

<https://www.nsw.gov.au/covid-19/rules>

Advice to Home Care Providers (CHSP & HCP) is [Advice to home care service providers - COVID-19 \(Coronavirus\) \(nsw.gov.au\)](#)

### Health Direct Covid Restriction Checker

<https://www.healthdirect.gov.au/covid19-restriction-checker/activity>

### ABC News Aged Care Page

The ABC maintains a page on news related to aged care. Visit here: [Aged Care - Topic - ABC News](#)

### Aged Care News

Another source of news on aged care. Visit here: [Homepage - Aged Care News](#)