

## NESST Newsflash

Hi Everyone,

Welcome to the NESST Newsflash. If you wish to unsubscribe to this Newsletter, please reply to this email and NESST will remove you from our mailing list. ☺

### Contents

NESST Newsflash.....	1
NESST Regional Zoom .....	2
NESST Free On-line Training Portal.....	2
Cultural Awareness Training - Narrabri Community College Building .....	2
NESST Annual Survey .....	2
Save the Date – New England Dementia Forum.....	3
Aged Care Reform Webinar Series.....	3
NAIDOC Week 2021 .....	3
Your Future, Your Super.....	3
Modern Award Rates Increase 1 July 2021.....	4
The National Public Toilet Map.....	4
Head to Health for your mental health and wellbeing .....	4
FREE Webinar – Australian Young Onset Dementia Special Interest Group .....	4
Guidance for in-home and community aged care providers on reporting of COVID-19 vaccinations of the workforce .....	5
The Understanding Traumatic Brain Injury MOOC.....	5
Immunisation for seniors .....	5
Healthy Ageing Survey .....	6
New Aged Care Act .....	6
SBS COVID-19 Vaccine Information Video in Over 60 Languages.....	6
Managing Challenging Behaviours - 14 Jul 2021, Sydney .....	7
Aged Care Provider Research Project .....	7
CRANA - Bush Support .....	8
CHSP Ad Hoc Funding - GO4265 - closes 30 June 2022 .....	8
Department of Health Updates .....	8

## **NESST Regional Zoom**

Our regular Regional CHSP Zoom will be held on **21 July 2021** at **10 am**

If anyone has agenda items for upcoming forums or would like us to find information/speakers on specific issues, please let us know asap.

We have a face-to-face CHSP Forum planned for **24 November** in Nemingha.

## **NESST Free On-line Training Portal**

A certificate is emailed on completion. The portal is now available to all New England Aged Care providers and all community transport projects in NSW. Please share with your staff and volunteers:

<https://nesstbasictraining.thinkific.com/>

On this site you will find:

**An introduction to the Commonwealth Home Support Programme**

**Food Safety for Seniors**

**Dementia Basics**

**Duty of Care**

**Professional Boundaries**

**Confidentiality**

**An Introduction to Community Transport**

**Driving for Community Transport**

If you would prefer to host a paper-based group session we are happy to help. We can provide resources and send out certificates after completion.

## **Cultural Awareness Training - Narrabri Community College Building**

This workshop will be presented by Dave Widders and is for all CHSP staff to learn and have a better awareness of the issues and barriers facing Aboriginal people in the workforce and Community.

Date: 15 July 2021

Time – 9 am to 4 pm

Link to register - <https://www.stickytickets.com.au/XXZQ9>

## **NESST Annual Survey**

Thank you to all that completed our survey for 2021.

## **Save the Date – New England Dementia Forum**

Please find attached the Save the Date for the New England Dementia Forum being held via Zoom on Tuesday 31 August 2021.

The Forum has 2 sessions (morning and afternoon) with a great line-up of presenters covering a wide range of subjects.

The invitation with registration links will be sent out in the next few weeks.

## **Aged Care Reform Webinar Series**

The Department of Health is holding a series of webinars to share information about the aged care reforms announced in the 2021-22 Budget and in response to the Aged Care Royal Commission.

This week's webinar gave an overview of the reforms in the support at home area.

To view the recording or register for future webinars click [here](#)

## **NAIDOC Week 2021**

NAIDOC Week 2021 will be celebrated from 4-11 July 2021 around Australia.

This year, NAIDOC Week will be celebrated differently to ensure we can protect those most vulnerable in our community such as Elders and those with pre-existing health conditions from COVID-19.

No matter whether you celebrate at home or in community, there are lots of ways you can honour the history, culture and achievements of Aboriginal and Torres Strait Islander peoples this NAIDOC Week.

For 20 ideas to help you celebrate NAIDOC Week 2021 in a COVIDSafe way:

<https://www.naidoc.org.au/news/top-20-tips-get-involved-naidoc-week>

## **Your Future, Your Super**

On 17 June 2021, the Australian Government passed new superannuation legislation in Parliament called *Your Future, Your Super* (YFYS). This has been designed to make some permanent changes to the way our superannuation system works.

It is expected most changes will become law on 1 July 2021, other than 'member stapling' that will be delayed until 1 November 2021.

## **Modern Award Rates Increase 1 July 2021**

Following on from the [2021 Annual Wage Review Decision](#) of the Expert Panel of the Fair Work Commission (FWC) that National Minimum Wage and Modern Award wage rates be increased by 2.5%, the FWC has updated the awards to reflect the increases in wages and allowances.

## **The National Public Toilet Map**

Is part of the National Continence Program. The toilet map provides information on over 16,000 public toilets available across Australia, including accessibility, opening hours and facilities.

<https://toiletmap.gov.au/>

## **Head to Health for your mental health and wellbeing**

Head to Health can help you find digital mental health services from some of Australians most trusted mental health organisations. Provided by the Australian Department of Health, Head to Health being together apps, online programs, online forums, and phone services, as well as a range of information resources. Whether you are trying to improve your own sense of wellbeing, looking for help with something that is bothering you, or helping someone you care about – Head to Health is a good place to start.

<https://headtohealth.gov.au/>

## **FREE Webinar – Australian Young Onset Dementia Special Interest Group**

Hear from three experts to learn how to support people with young-onset dementia to maximise their independence after their diagnosis.

Many people with young-onset dementia have difficulty accessing support services to help them thrive and maximise their independence after their diagnosis.

15 July 2021

12.30 PM - 1.30 PM AEST

Register - <https://www.eventbrite.com.au/e/young-onset-dementia-maximising-independence-with-quality-care-tickets-154156182291?aff=ebdsoporgprofile>

## Guidance for in-home and community aged care providers on reporting of COVID-19 vaccinations of the workforce

The Australian Government announced the introduction of a new reporting tool for all approved providers of residential, in-home and community aged care services to report on the COVID-19 vaccination status of their aged care workforce (including volunteers).

The reporting will become a formal requirement for in home and community aged care providers in the coming weeks. All providers are strongly encouraged to start reporting now.

To access the new reporting tool on the My Aged Care Provider Portal, providers are advised to refer to the updated [My Aged Care Provider Portal User Guide: Part 1 Administrative Functions](#) which are available on the health.gov.au website. Section 2.6 (page 84) provides the steps to report on workforce COVID-19 vaccination status.

For further information go to: <https://www.health.gov.au/resources/publications/covid-19-vaccination-guidance-for-in-home-and-community-aged-care-providers-on-reporting-of-covid-19-vaccinations-of-the-workforce>

## The Understanding Traumatic Brain Injury MOOC

The Understanding Traumatic Brain Injury (TBI) MOOC is a new FREE, online Course. It aims to raise awareness and build knowledge to reduce risk and improved management and rehabilitation outcomes for people who have experienced a TBI. The free 5-week course is easily accessible and is suitable for anyone with a personal or professional interest in learning more about Traumatic Brain Injury. Enrolments are now open- follow the link below to find out more and enrol.

<https://mooc.utas.edu.au/course/4191>

## Immunisation for seniors

Vaccination for seniors aged 65 years or over is just as important as it is for children.

The Australian Department of Health recommend the following vaccines for adults aged over 65 years old:

[Influenza](#)

[Shingles](#)

[Pneumococcal disease](#)

The following vaccinations need booster doses:

- Diphtheria, tetanus, whooping cough (pertussis)
- Tetanus
- Whooping cough (pertussis)

## Healthy Ageing Survey

The National Ageing Research Institute is conducting an [Australia-wide survey](#) to validate a new version of the Healthy Ageing Quiz, updated to include the most recent research on healthy ageing.

We would like to invite **all Australian residents aged 50 years or older** to participate in this survey. The survey will take approximately 20 minutes to complete, and you can go in the running to win one of three \$40 Coles gift vouchers.

The Healthy Ageing Quiz is a user-friendly self-assessment tool that has been helping older Australians increase their awareness of healthy ageing and maximise their current and future health since its release in 2010. By contributing to the development of the updated Healthy Ageing Quiz, you can help older Australians take action to improve their health.

The survey will close on 31st July 2021.

## New Aged Care Act

The new Act is intended to commence from 1 July 2023, subject to parliamentary processes. Drafting of the Act has already commenced with the establishment of a taskforce and will be informed by consultation with senior Australians and other stakeholders, including members of the new Council of Elders and National Aged Care Advisory Council.

The new Act will establish provisions for eligibility for care, funding arrangements and regulatory powers and will support greater choice and control for senior Australians over the care and services that they receive. The new Act is also said to include grant programs that can be tailored to address identified needs in the sector, including research to drive innovation, and programs to address areas with limited services or low client numbers once the Act is developed.

The budget for development of the new Act is \$26.7 million. Refer to the Fact Sheet:

<https://www.health.gov.au/resources/publications/governance-pillar-5-of-the-royal-commission-response-a-new-aged-care-act>

## SBS COVID-19 Vaccine Information Video in Over 60 Languages

SBS has released a video in more than 60 languages, including AUSLAN, informing communities about Australia's COVID-19 vaccination roll-out plan, how vaccines work, and how they are approved in Australia. The video explains the different phases of the Australian Government's COVID-19 Vaccine National Rollout Plan, specifically in what order different workers and age groups will receive the vaccine. It also highlights where it will be available, who will receive it free of charge, and points to additional resources for further information. [View videos.](#)

## **Managing Challenging Behaviours - 14 Jul 2021, Sydney**

Centre for Community Welfare Training (CCWT)

14 July 2021, 9.30am-4.30pm

**Cost:** \$270.

Increase your skills and confidence in managing difficult client behaviours. The underlying issues that often contribute to people behaving in ways that others find difficult will be identified, discussed and explored. Useful strategies for managing difficult behaviours in a collaborative and constructive way will also be covered.

Participants will also have the opportunity to identify their own personal triggers, discuss behaviours that they find particularly challenging and explore ways that they can respond to these more constructively. There will be regular opportunities to practice specific skills that will be built on as the day progresses. [More information and registration.](#)

## **Aged Care Provider Research Project**

The Australian Government's response to the Aged Care Royal Commission will mean change for providers. The new support at home program aims to provide a seamless system of in-home aged care, to better support and match timely services to the needs of older Australians living at home and in the community, and their informal carers.

The Department of Health wants to understand providers' readiness to adapt to sector reforms and how to best support the transition to the new program. The department has launched a research project to understand the range of provider experiences and views.

The department has engaged Boston Consulting Group to undertake an analysis of all aged care providers Australia-wide to:

- understand your readiness for change
- understand the areas where you will need support to manage a transition to the new system
- hear concerns you may have about the impact of the incoming reforms on your business

The survey will be available in June.

Your response to the survey is critical in shaping the new program and the support the department can provide to you over the coming months and years in transition to the new system. The results will inform the strategy for change management and sector support.

### **Further involvement and information**

If you would like to express interest in taking part in an interview or panel discussions to contribute to the survey, email [provider.research@bcg.com](mailto:provider.research@bcg.com). All data collected will only be used for this project.

More information about the aged care reforms is available on the [department's website](#).

### **CRANA - Bush Support**

Toll-free 24hr Telephone Counselling every day of the year - call 1800 805 391 - for ALL remote health workers/service providers and their families <https://crana.org.au/support>

Bush Support provide a range of programs and resources to assist remote workers and their families in managing the stress of living and working in a remote location. The program includes an anonymous, nationwide 24-hour telephone debriefing and support service staffed by psychologists with remote experience.

### **CHSP Ad Hoc Funding - GO4265 - closes 30 June 2022**

This is to enable services to respond to unforeseen and exceptional circumstances, address gaps in service delivery and trial and implement new and innovative service delivery models. You have until **30th June 2022 @ 2 pm** to apply for one-off and/or recurrent funding.

<https://www.grants.gov.au/Go/Show?GoUuid=64c68525-fdd8-bbb7-1826-7ff80a0f88ca>

### **Department of Health Updates**

Keep up to date – find all the updates here:

<https://www.health.gov.au/news/newsletters>