

NESST Newsflash

Hi Everyone,

Welcome to the NESST Newsflash. If you wish to unsubscribe to this Newsletter, please reply to this email and NESST will remove you from our mailing list. ☺

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NESST Regional Zoom

Our regular Regional CHSP Zoom will be held on **21 July 2021** at **10 am**

Zoom link to register - <https://us02web.zoom.us/meeting/register/tZcqduurpzMiEtwv3kbxpa7M-fkxh6al1dN7>

If anyone has agenda items for upcoming forums or would like us to find information/speakers on specific issues, please let us know asap.

We have a face-to-face CHSP Forum planned for **17 November** in Nemingha at the Pavillion Function Centre.

NESST Free On-line Training Portal

A certificate is emailed on completion. The portal is now available to all New England Aged Care providers and all community transport projects in NSW. Please share with your staff and volunteers:

<https://nesstbasictraining.thinkific.com/>

On this site you will find:

An introduction to the Commonwealth Home Support Programme

Food Safety for Seniors

Dementia Basics

Duty of Care

Professional Boundaries

Confidentiality

An Introduction to Community Transport

Driving for Community Transport

If you would prefer to host a paper-based group session we are happy to help. We can provide resources and send out certificates after completion.

COVID restrictions and Face to Face Training – NESST

Just when we thought it was safe to start doing face to face here we are back in restrictions. We are watching the situation closely and responding accordingly. If we have to postpone training, we will try to give as much notice as possible. Thanks for your understanding.

Older Person Mental Health Training in Tamworth and Inverell

The 2-day workshops will be presented by Sarah Green from Highway to Well. The Older Person Mental Health First Aid course will teach you how to assist a person aged 65+ who may be experiencing a mental health problem or mental health crisis until appropriate professional help is received or the crisis resolves, using a practical, evidence-based Action Plan.

Tamworth

Best Western All Settlers Motel Function Room

191 Goonoo Goonoo Rd

Tuesday Wednesday 3 & 4 August 2021

Day 1 - 10am – 3pm

Day 2 - 9am – 2pm

Link to register Tamworth <https://www.stickytickets.com.au/1877B>

Inverell

Inverell RSM Club Kurrajong Room

Tuesday Wednesday 24 & 25 August 2021

Day 1 - 10am – 3pm Day 2 - 9am – 2pm

Link to register Inverell <https://www.stickytickets.com.au/8CAVD>

Artful Toolkit

This training will showcase the Artful toolkit from the Sydney Conservatorium of Art and provide hands-on creative activities for staff to explore for themselves what the processes of art can do to understand how this can best help their clients. The key benefits of the activities are:

- exercising individual agency
- building a sense of connection
- encouraging conversation
- encouraging memory recall
- increasing confidence
- using motor skills
- providing stimulation

Venue - Armidale Care for Seniors

Date - 10 September 2021 Time - 10 am to 3 pm

Link to register <https://www.stickytickets.com.au/G033F>

ACT Emergency Preparedness Training in Armidale

Training on using the Get Ready ACT "A Collaborative Toolkit".

This tool assists home support providers to discuss basic aspects of client's emergency readiness, communicate key messages and refer to relevant emergency support services, where required.

Venue – NESST Office 2/87 Beardy St

Date – 9 November 2021

Time – 9.30 – 12pm

Link to register - <https://www.stickytickets.com.au/QGB9L>

Save the Date – New England Dementia Forum

Please find attached the Save the Date for the New England Dementia Forum being held via Zoom on **Tuesday 31 August 2021**.

The Forum has 2 sessions (morning and afternoon) with a great line-up of presenters covering a wide range of subjects.

The invitation with registration links will be sent out in the next few weeks.

New communications tool to improve care for Indigenous Australians

Picture cards illustrated by proud Dagoman woman Samantha Campbell will help the growing number of Aboriginal and Torres Strait Islander people living with dementia maintain crucial links to carers and communities. Dementia Support Australia (DSA), led by HammondCare and funded by the Australian Government, has produced a set of culturally appropriate communication cards specifically to support Indigenous Australians as their verbal skills decline.

<https://insideageing.com.au/new-communications-tool-to-improve-care-for-indigenous-australians/>

Aged Care Reform Webinar Series

The Department of Health is holding a series of webinars to share information about the aged care reforms announced in the 2021-22 Budget and in response to the Aged Care Royal Commission.

This week's webinar gave an overview of the reforms in the support at home area.

To view the recording or register for future webinars click [here](#)

Changes to CHSP Program Manual

Copies of the revised seventh edition of the CHSP Program Manual and a companion document outlining the changes are now available for download from the [department's website](#).

The CHSP after the Royal Commission and the 2021 Budget

Please join us online to hear the insights of one of Australia's leading aged care researchers, Professor Kathy Eagar of the Australian Health Services Research Institute at the University of Wollongong. Professor Eagar has had a celebrated career investigating both community and residential aged care, and has presented expert testimony to the Royal Commission.

Flexibility and resilience are second nature to the CHSP. But where is the Program heading, now that the Royal Commission into Aged Care Quality and Safety has produced its final report, and the Australian Government has responded with its 2021 Budget? Will we see the CHSP keep bringing people together in new and innovative ways? Or will it disappear into individualised funding and package-based support?

Professor Eagar will give her unique perspective on the aged care system and the government's reforms, as well as what the future could hold for the CHSP. You are invited to share your thoughts and questions with Professor Eagar following her talk. If you have any specific questions you would like to ask now, which can be answered in the webinar, please submit them with your registration.

Time: **11am to 12pm**

Date: **28 July 2021**

Register online at: <https://bit.ly/3AA4x2J>

Home Care Workforce Support Program

This is a forecast opportunity expected to be released soon. The purpose of this grant opportunity is to provide \$91 million to assist providers to attract, train and retain approximately 13,000 new personal care workers. The grant program is part of a 2021-22 Budget Measure for a new Home Care Workforce Support Program and will run over two years, commencing in the second half of 2021.

<https://www.grants.gov.au/Fo/Show?FoUId=f44c7ebf-619a-4498-b0e3-fb89af5d865d>

The top 3 AstraZeneca Questions are answered.

1. I'm booked in for my first dose of the AstraZeneca COVID-19 vaccine and I am under 60, what do I do?
2. I am 60 years or over, why is the AstraZeneca vaccine okay for me to have but not someone younger?
3. I've had my first dose of AstraZeneca, and have side effects that I am worried about, what should I do?

<https://www.health.gov.au/resources/videos/top-3-covid-19-vaccine-questions-astrazeneca-for-under-60s-over-60s-and-side-effects>

COVID-19 vaccination – Dr Karen Nicholls explains why you need two doses of your COVID-19 vaccine.

In this video, Dr Karen Nicholls, Torres Strait Islander and General Practitioner, explains why it is important to have your second dose of the COVID-19 vaccine (short video).

<https://www.health.gov.au/resources/videos/covid-19-vaccination-dr-karen-nicholls-explains-why-you-need-two-doses-of-your-covid-19-vaccine>

Finding the Right Volunteers - 21 Jul 2021, Online

Communitier

Finding the Right Volunteers

21 July 2021, 10.00am-11.00am

Online

Cost: Free.

The Communitier Team is revealing their tips and tricks for not-for-profits in attracting and holding onto the right volunteers. From knowing what you want to building quality relationships with volunteers, they will help you save time and resources when finding the right volunteer for your organisation.

Who should attend: Not-For-Profit decision makers, Communications Managers, Volunteer Managers, Community Engagement Officers, CEOs.

[More information and registration.](#)

Workplace Cultural Awareness Training for the Aged Care Sector

Range of times. Cost: \$155

This 90-minute online training program for residential and community aged care sector employees (including Volunteers) will help build a supportive workplace by providing the practical skills, knowledge and tools to support and engage in an effective relationship with new employees, workplace trainees and students from a diversity cultural backgrounds. The workshop aim is to assist staff and volunteers (across all job roles) and create a cultural aware and inclusive workplace.

This session will look at developing a supportive workplace for employees from multi-cultural backgrounds to assist in improving team cohesion and create opportunities to improve cross-cultural care for residents.

Presenter: Megan McBaron, ACSA Workforce and Industry Development Officer

<https://www.agedservicesworkforce.com.au/event/workplace-cultural-awareness-training-for-the-aged-care-sector/>

Head to Health for your mental health and wellbeing

Head to Health can help you find digital mental health services from some of Australia's most trusted mental health organisations. Provided by the Australian Department of Health, Head to Health being together apps, online programs, online forums, and phone services, as well as a range of information resources. Whether you are trying to improve your own sense of wellbeing, looking for help with something that is bothering you, or helping someone you care about – Head to Health is a good place to start.

<https://headtohealth.gov.au/>

Guidance for in-home and community aged care providers on reporting of COVID-19 vaccinations of the workforce

The Australian Government announced the introduction of a new reporting tool for all approved providers of residential, in-home and community aged care services to report on the COVID-19 vaccination status of their aged care workforce (including volunteers).

The reporting will become a formal requirement for in-home and community aged care providers in the coming weeks. All providers are strongly encouraged to start reporting now.

To access the new reporting tool on the My Aged Care Provider Portal, providers are advised to refer to the updated [My Aged Care Provider Portal User Guide: Part 1 Administrative Functions](#) which are available on the health.gov.au website. Section 2.6 (page 84) provides the steps to report on workforce COVID-19 vaccination status.

For further information go to: <https://www.health.gov.au/resources/publications/covid-19-vaccination-guidance-for-in-home-and-community-aged-care-providers-on-reporting-of-covid-19-vaccinations-of-the-workforce>

The Understanding Traumatic Brain Injury MOOC

The Understanding Traumatic Brain Injury (TBI) MOOC is a new FREE, online Course. It aims to raise awareness and build knowledge to reduce risk and improved management and rehabilitation outcomes for people who have experienced a TBI. The free 5-week course is easily accessible and is suitable for anyone with a personal or professional interest in learning more about Traumatic Brain Injury. Enrolments are now open- follow the link below to find out more and enrol.

<https://mooc.utas.edu.au/course/4191>

Healthy Ageing Survey

The National Ageing Research Institute is conducting an [Australia-wide survey](#) to validate a new version of the Healthy Ageing Quiz, updated to include the most recent research on healthy ageing.

We would like to invite **all Australian residents aged 50 years or older** to participate in this survey. The survey will take approximately 20 minutes to complete, and you can go in the running to win one of three \$40 Coles gift vouchers.

The Healthy Ageing Quiz is a user-friendly self-assessment tool that has been helping older Australians increase their awareness of healthy ageing and maximise their current and future health since its release in 2010. By contributing to the development of the updated Healthy Ageing Quiz, you can help older Australians take action to improve their health.

The survey will close on 31st July 2021.

The National Public Toilet Map

Is part of the National Continence Program. The toilet map provides information on over 16,000 public toilets available across Australia, including accessibility, opening hours and facilities.

<https://toiletmap.gov.au/>

New Aged Care Act

The new Act is intended to commence from 1 July 2023, subject to parliamentary processes. Drafting of the Act has already commenced with the establishment of a taskforce and will be informed by consultation with senior Australians and other stakeholders, including members of the new Council of Elders and National Aged Care Advisory Council.

The new Act will establish provisions for eligibility for care, funding arrangements and regulatory powers and will support greater choice and control for senior Australians over the care and services that they receive. The new Act is also said to include grant programs that can be tailored to address identified needs in the sector, including research to drive innovation, and programs to address areas with limited services or low client numbers once the Act is developed.

The budget for development of the new Act is \$26.7 million. Refer to the Fact Sheet:

<https://www.health.gov.au/resources/publications/governance-pillar-5-of-the-royal-commission-response-a-new-aged-care-act>

Aged Care Provider Research Project

The Australian Government's response to the Aged Care Royal Commission will mean change for providers. The new support at home program aims to provide a seamless system of in-home aged care, to better support and match timely services to the needs of older Australians living at home and in the community, and their informal carers.

The Department of Health wants to understand providers' readiness to adapt to sector reforms and how to best support the transition to the new program. The department has launched a research project to understand the range of provider experiences and views.

The department has engaged Boston Consulting Group to undertake an analysis of all aged care providers Australia-wide to:

- understand your readiness for change
- understand the areas where you will need support to manage a transition to the new system
- hear concerns you may have about the impact of the incoming reforms on your business

The survey will be available in June.

Your response to the survey is critical in shaping the new program and the support the department can provide to you over the coming months and years in transition to the new system. The results will inform the strategy for change management and sector support.

Further involvement and information

If you would like to express interest in taking part in an interview or panel discussions to contribute to the survey, email provider.research@bcg.com All data collected will only be used for this project.

More information about the aged care reforms is available on the [department's website](#).

CRANA - Bush Support

Toll-free 24hr Telephone Counselling every day of the year - call 1800 805 391 - for ALL remote health workers/service providers and their families <https://crana.org.au/support>

Bush Support provide a range of programs and resources to assist remote workers and their families in managing the stress of living and working in a remote location. The program includes an anonymous, nationwide 24-hour telephone debriefing and support service staffed by psychologists with remote experience.

Department of Health Updates

Keep up to date – find all the updates here:

<https://www.health.gov.au/news/newsletters>