



Australian Government

Department of Health

# Commonwealth Home Support Programme

Program Manual 2020–2022



ISBN 978-1-925007-87-9

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The Department reserves the right to review and amend this Manual as deemed necessary and will provide reasonable notice of any amendments.

The Commonwealth Home Support Programme – Program Manual 2020-2022 is the sixth version of the Manual since its inception in July 2015 and supersedes all previous versions.

Last updated: June 2021



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## Part A – The program

### Chapter 1 – Overview of the program

#### 1.1 What is the purpose of the program manual?

The Department has designed this manual for use by CHSP service providers. The manual forms part of the CHSP Grant Agreement and outlines the operation of the program.

**Part A – The program** provides an overview of the CHSP, including funded service types and their requirements.

**Part B – Administration of the CHSP** outlines the responsibilities of the service provider and the Department, including funding and reporting requirements.

The CHSP program manual 2020-2022 replaces the previous versions of this manual. The Department will review the ongoing operations of the CHSP. The Department may update this manual in the future.

The manual includes a range of scenarios showing how the CHSP may be delivered and how it interacts with other programs.

You will find a glossary of terms at the back of this document.

#### **More information**

This manual is available on the [Department of Health](#) website.

CHSP Service Providers should refer all program inquiries to their Funding Arrangement Manager.

Clients can access information about the program through the My Aged Care contact centre (1800 200 422) or [website](#).

#### 1.2 The Commonwealth Home Support Programme

##### 1.2.1 The Commonwealth Home Support Programme

The CHSP provides small amounts of entry-level support to assist older people aged 65 years and over (50 years and over for Aboriginal and Torres Strait Islander people) to remain living at home and in their community. The CHSP funds domestic assistance, transport, meals, personal care, home maintenance, social support, nursing and allied health. The CHSP also supports care relationships through planned respite services for older people. These respite services allow carers to take a break from their usual caring responsibilities.

CHSP services may be short-term, intermittent or ongoing. The program places a strong focus on activities that support independence and social connectedness and take into account each person's individual goals and choices.

For a full list of CHSP services [see section 1.2.12](#).

##### 1.2.2 Entry-level support

The CHSP provides a small amount of services to help frail older people maintain their independence and continue living safely at home and in their communities.

The CHSP is not designed for older people with more intensive or complex care needs. Clients who need ongoing high intensity care are outside the scope of this programme. People with higher needs can receive appropriate support through other aged care programs, such as the

Home Care Package (HCP) program or residential aged care. The CHSP does not replace or fund support systems provided under the health care system.

CHSP services delivered to a client should be lower than the subsidised cost of a Level 1 HCP (less than \$9,000 per annum). CHSP providers may deliver higher intensity services on a short-term basis where clear improvements in function or capacity can be made, or further decline avoided. These services should aim to get the client "back on their feet" and able to resume previous activities without the need for ongoing support.

### **Client scenario – Entry-level support (social engagement)**

#### **Joyce**

Joyce's son comes to visit her and notices that she is not eating well and seems low in spirits. When they talk about it, Joyce reveals that her closest friend has moved interstate to live with family. Joyce misses her friend's company and is feeling lonely. Since she no longer drives, she has not been able to see her other friends at the local seniors' centre.

Joyce and her son call My Aged Care and she consents to register as a client and for a client record to be created. My Aged Care explains the process and arranges a face-to-face Regional Assessment Services (RAS) assessment for Joyce.

The RAS assessor talks to Joyce about her needs and goals and establishes a support plan that includes:

- Referral to see a CHSP funded accredited practicing dietitian on a short-term basis (to address nutrition issues)
- community transport to the local seniors' centre where Joyce will see her friends again.

This minimal but practical support enables Joyce to re-connect with her community, improve her physical and emotional health and continue living in her own home.

### **1.2.3 History of the Commonwealth Home Support Programme**

The Australian Government developed the CHSP as part of a broader suite of changes to the aged care system aimed at streamlining access to support services.

Since 1 July 2015, the CHSP has delivered a single home support program which consolidated the following Commonwealth-funded aged care programs:

- The Commonwealth Home and Community Care (HACC) Program
- Planned respite services under the National Respite for Carers Program (NRCP)
- The Day Therapy Centres (DTC) Program
- The Assistance with Care and Housing for the Aged (ACHA) Program.

On 1 July 2016, HACC services for older people aged 65 years and over (or 50 years and over for Aboriginal and Torres Strait Islander people) in Victoria transitioned to the CHSP.

On 1 July 2018, HACC services for older people aged 65 years and over (or 50 years and over for Aboriginal and Torres Strait Islander people) in Western Australia transitioned to the CHSP creating a nationally accessible program.

The design of the CHSP has been informed by a comprehensive consultation process. This has included advice from the National Aged Care Alliance (NACA), its CHSP Advisory Group and feedback received from peak groups, organisations and individuals in early 2015.

The Australian Government has continued to refine the CHSP through ongoing consultations with peak representative bodies, service providers and individuals through targeted consultation and review processes.

More information on the development of the CHSP is available on the [Department of Health website](#).

## 1.2.4 Position in the Australian Government's end-to-end aged care system

My Aged Care is the entry point to the aged care system for older people, their families and carers and is responsible for conducting assessments for the CHSP. This streamlined entry to aged care makes it easier for older people to access information, have their needs assessed and be supported to locate and access aged care services available to them, including entry level support as delivered under the CHSP. My Aged Care was launched in 2013 and consists of the [My Aged Care website](#) and the contact centre (1800 200 422) and referral to assessment services. See Chapter 4 for more detail.

The CHSP represents the entry-level tier of the Commonwealth aged care system. In conjunction with the Home Care Package (HCP) program, residential aged care and other specialised aged care programs, it forms part of an end-to-end aged care system offering frail older people a continuum of care options as their care needs change over time.

As people age, they can develop conditions or experience increased frailties which impede their ability to continue living in their own home. The CHSP plays an important role in supporting frail older people helping them maintain their independence at own home.

Investment in entry-level support that focuses on keeping people independent and safe in their own homes can delay the need to move to more intensive forms of care. This benefits frail older people through increasing their independence and quality of life as well as reducing government outlays for other forms of care, such as residential aged care. The CHSP ensures that whole-of-system aged care costs can be kept at a sustainable level as the population ages and the number of people requiring aged care increases.

The CHSP is complemented by the HCP program which provides the second tier of support in the aged care system. The HCP program is designed to support older people living in the community whose care needs exceed the level of support provided through the CHSP. It provides consumers with higher intensity, ongoing services and case management as well as an individualised budget developed by the consumer and their provider and sets out how available package funds will be used to deliver the care and services the consumer needs. Frail older people who need higher levels of ongoing support are also able to access Australian Government subsidised residential aged care places.

The Australian Government subsidises information services, assessment services, aged care services and related support services.

Aged care is provided in home and community settings and in residential aged care settings. Three levels of subsidised aged care services have been available since 1 July 2015:

- entry level support at home
- more complex support for older people who are able to continue living in their own homes with assistance
- a range of care options and accommodation for older people who are unable to continue living in their own home.

Seven aged care programs operate across the three levels of service:

- The CHSP provides entry level support for frail older people who are able to continue living independently in their own homes with some small amounts of assistance.
- The HCP program provides four levels of consumer directed coordinated packages of services for more complex support for older people who are able to continue living independently in their own homes with assistance.
- Residential aged care provides a range of care options and accommodation for older people who are unable to continue living independently in their own home. Residential Respite Care also provides short-term planned or emergency residential aged care.
- The Short-Term Restorative Care (STRC) Programme is an early intervention program that aims to reverse and/or slow 'functional decline' in older people and improve wellbeing through the delivery of a time-limited (up to 56 paid days), goal-oriented, multi-

disciplinary and coordinated range of services designed for, and approved by, the client. STRC services may be delivered in a home care setting, a residential care setting, or a combination of both.

- Transition Care provides short-term, goal oriented and therapy-focused care for older people after hospital stays either in a home or community setting or in a residential aged care setting.
- The Multi-Purpose Services (MPS) program is a joint initiative of the Australian Government and state governments and provides integrated health and aged care services for small rural and remote communities either in a residential, home or community setting.
- National Aboriginal and Torres Strait Islander Flexible Aged Care (NATSIFAC) provides culturally appropriate aged care to older Aboriginal and Torres Strait Islander people close to home and community and are mainly located in rural and remote areas. Service providers deliver a range of services to meet the needs of the client, which can include residential, home care or community services.

Aged care services are underpinned by the Aged Care Quality Standards (Quality Standards), which sets and monitors care standards and provider responsibilities to ensure older people receive safe, quality aged care services.

Delivery of aged care services is supported by My Aged Care including independent assessment services that assess care needs and client care:

- Home Support Assessments for the CHSP are conducted by the My Aged Care Regional Assessment Services (RAS).
- Comprehensive assessments for home care packages, Transition Care, STRC and residential aged care are conducted by Aged Care Assessment Teams (ACAT). ACAT assessors may refer clients to CHSP services where the client is not eligible for more intensive support or for interim support at entry-level until more intensive services commence.

Service providers may directly assess potential clients for the NATSIFAC and MPS programs.

The CHSP Client Contribution Framework outlines the principles for service providers to adopt in setting and implementing their own client contribution policy, with a view to ensuring that those clients who can afford to contribute to the cost of their care do so, whilst protecting those most vulnerable. Service providers must be transparent about their fees and advise CHSP clients of any client contributions payable. More detail on the CHSP Client Contribution Framework is provided under Chapter 5.

HCP clients require an income assessment by Services Australia and/or the Department of Veterans' Affairs.

Residential aged care clients require a combined assets and income assessment by the Services Australia and/or the Department of Veterans' Affairs.

Additional support for clients and their carers while care is being received is provided through:

- Carer support, which operates across all three levels of aged care services, and through carer specific programs funded through the Department of Social Services (refer section 1.2.10 Carers).
- Dementia support, which operates across all three levels of aged care services, through various dementia support services.
- Consumer support and advocacy, which operates across all three levels of aged care services, through the Community Visitors Scheme, the National Aged Care Advocacy Program (NACAP), the Older Persons Advocacy Network (OPAN), and the Aged Care Quality and Safety Commission.

### 1.2.5 Objectives

The objectives of the CHSP are to:

1. Provide high-quality support, at a low intensity on a short-term or ongoing basis, or higher intensity services delivered on a short-term basis, to frail older people to maximise their independence at home and in the community, enhancing their wellbeing and quality of life.
2. Provide entry-level support services for frail older people aged 65 years and older (or 50 years and older for Aboriginal and Torres Strait Islander people) who are assessed by the RAS as needing assistance, to continue to live independently at home and in their community.
3. Support frail older clients aged 65 years and over (or 50 years and over for Aboriginal and Torres Strait Islander people) through the direct service delivery of planned respite services to CHSP clients, which will allow carers to take a break from their usual caring duties.
4. Support frail older people or prematurely aged people 50 years and over (or 45 years and over for Aboriginal and Torres Strait Islander people) on a low income who are homeless or at risk of homelessness as a result of experiencing housing stress or not having secure accommodation through access to Assistance with Care and Housing and other CHSP services targeted at avoiding homelessness or reducing the impact of homelessness.
5. Support clients to delay, or avoid altogether, the need to move into more complex aged care by being kept socially active and connected with their community, so that whole-of-system aged care costs can be kept at a sustainable level as the population ages and the number of people requiring care increases.
6. Ensure that all clients have equal access to services that are socially and culturally appropriate and free from discrimination.
7. Ensure compliance with all relevant codes of ethics, industry quality standards and guidelines, to ensure that clients receive high quality services.
8. Facilitate client choice to enhance the independence and wellbeing of older people and ensure that services are responsive to the needs of clients.
9. Provide a standardised assessment process which encompasses a holistic view of client needs.
10. Provide flexible, timely services that are responsive to local needs.

### 1.2.6 Outcomes

The intended outcomes of the CHSP are to ensure:

- frail older people with functional limitations are supported to live in their own homes.
- frail older people have increased social participation and access to the community, including through the use of technology.
- frail older people's psychological, emotional and physical wellbeing and functional status is maintained and/or improved.
- frail older people are supported to be more independent at home and in the community, thereby enhancing their quality of life and/or preventing or delaying their admission to long-term residential care.
- frail older people are supported in a safe, stable and enabling environment.
- carers and care relationships are supported.
- sustainability and service innovation are improved.
- equitable and affordable access to services is provided.

### 1.2.7 Key features

The CHSP will:

- provide streamlined entry-level support services.

- be supported by My Aged Care in providing access to information and services through:
  - a central client record to allow client information to be appropriately shared with assessors and service providers
  - a consistent, needs-based assessment process
  - better access to relevant and accurate information (for clients, carers and family members, service providers and assessors), and
  - appropriate referrals for assessments and services.
- deliver services and support with a strong focus on wellness and reablement and restorative care on a short-term basis, or of an ongoing nature, or across a small number of time limited interventions, to maximise a client's independence.
- provide sector support and development activities.
- promote equity and sustainability through a nationally consistent client contribution framework.
- streamlined contractual obligations such as consistent record keeping processes and reporting requirements.

### 1.2.8 Service delivery principles

CHSP service providers must implement the service delivery principles below when developing, delivering or evaluating services directed to clients:

- Establish client consent to receive services as a prerequisite for all service delivery.
- Promote each client's opportunity to maximise their independence, autonomy and capacity and quality of life through:
  - being client-centred and providing opportunities for each client to be actively involved in addressing their goals
  - focusing on retaining or regaining each client's functional and psychosocial independence, and
  - building on the strengths, capacity and goals of individuals.
- Provide services tailored to the unique circumstances and cultural preference of each client, their family and carers.
- Ensure choice and flexibility is optimised for each client, their carers and families.
- Invite clients to identify their preferences in service delivery and where possible honour that request.
- Ensure services are delivered in line with a client's agreed support plan to ensure their needs are being met as identified by the RAS.
- Emphasise responsive service provision for an agreed time period and with agreed review points.
- Support community and social participation opportunities that provide valued roles, a sense of purpose and personal confidence.
- Develop and promote strong partnerships and collaborative working relationships between the person, their carers and family, support workers and RAS.
- Develop and promote local collaborative partnerships and alliances to facilitate clients' access to responsive service provision.
- Have a client contribution policy in place which must be publicly available.

Establish the client contribution for services delivered with the client prior delivering any services.

## Consumer choice

The CHSP aims to provide choice for consumers through the implementation of a service delivery model that focuses on a client's goals and abilities in determining their support service needs. It aims to empower individuals to take charge of, and participate in, informed decision-making about the care and services they receive. Through the CHSP, clients will:

- have access to detailed information on aged care options provided through My Aged Care.
- actively participate in assessment of their needs through a two-way conversation with My Aged Care assessors.
- identify any special needs, life goals, strengths and service delivery preferences.
- have their carers' needs recognised and supported by My Aged Care assessors.
- have access to free, independent and confidential advocacy services through the NACAP.
- have options on how to select their preferred service provider (if they choose to) from information available through My Aged Care.
- Have access to complaint mechanisms, including the Aged Care Quality and Safety Commission.

In addition, CHSP service providers must:

- comply with the Charter of Aged Care Rights (the Charter), including providing clients with a copy of the Charter and assisting clients to understand their rights (refer to section 6.1.2 for further details).
- manage and update their service information via the My Aged Care provider portal to ensure accurate information is presented publicly through the My Aged Care service finders and to support appropriate referrals to services by the contact centre and RAS or ACAT assessors.
- deliver services consistent with the goals and recommendations contained in the client's support plan as agreed with the My Aged Care assessor.
- manage client referrals via the My Aged Care provider portal by accepting or rejecting a client for service within three calendar days and commencing service delivery in line with the priority timeframes stipulated in the [My Aged Care Guidance for Providers](#) document available on the Department's website.
- update the client record (when a client is accepted for service) through the My Aged Care provider portal with service delivery information, including commencement date, frequency and volume of services.

The CHSP does not provide individual budgets like the HCP program and the support services provided must be targeted towards a client's needs, not their 'wants'. However, the high-level principles of consumer choice underpinning the CHSP include providing choice and flexibility in service delivery preferences (where possible), consumer rights and participation.

### 1.2.9 Target groups

Target groups for the CHSP are:

- Frail older people aged 65 years and over (or 50 years and over for Aboriginal and Torres Strait Islander people) who need assistance with daily living to remain living independently at home and in the community.
- Frail older clients aged 65 years and over (or 50 years and over for Aboriginal and Torres Strait Islander people) who need planned respite services, to provide their carers with a break from their usual caring duties.
- Frail older people or prematurely aged people 50 years and over (or 45 years and over for Aboriginal and Torres Strait Islander people) on a low income who are homeless or at

risk of homelessness as a result of experiencing housing stress or not having secure accommodation.

- CHSP service providers will benefit from a range of activities that are designed to support, develop and strengthen the service system and the sector.

Clients do not need to be an Australian citizen or permanent resident to access CHSP services.

In exceptional circumstances, CHSP services may be provided to people who do not meet the target group criteria and who need assistance with daily living to remain living independently at home and in the community.

These circumstances include where:

- The client is receiving a certain level of care under a program that was consolidated under the CHSP prior to 1 July 2015 and should therefore expect to retain this service level until other suitable care options become available.
- Specific arrangements have been agreed to by the respective state or territory governments and the Commonwealth.

Specific eligibility requirements apply for each sub-program. Chapter 3 of this program manual provides more detail on sub-programs and eligibility.

The Department recognises that a number of service providers deliver a range of culturally appropriate support services. While these specialist services are strongly encouraged as important components of the program, CHSP service providers cannot discriminate against clients from other cultural or ethnic backgrounds.

### 1.2.10 Carers

Carers are integral to ensuring the quality of life and independence of many frail older people. They make a significant contribution to the lives of the older people they care for and an important economic contribution to the community.

In recognition of the vital role that carers play in supporting frail older people to remain living at home and in the community, the CHSP supports the care relationship through planned respite services delivered to frail older people. These services are provided under the Care Relationships and Carer Support Sub-Program.

Early support for carers is important to prevent strain on the caring relationship. From January 2022, carers will have better access to early intervention support (via Carer Gateway) and access to additional CHSP respite services (Flexible respite and Centre-based respite). These additional services will help to reduce carer stress and support the care relationship.

Services offered through [Carer Gateway](#), which is funded through the Department of Social Services, focus on early-intervention and, preventative and skills building supports. Carer Gateway aims to improve well-being and long-term outcomes of the care relationship, as well as crisis support when needed. Specific services include:

- a national phone counselling service to help carers manage daily challenges, reduce stress and strain, and plan for the future;
- an online peer support forum, connecting carers with other carers for knowledge and experience sharing, emotional support and mentoring;
- online self-guided coaching resources with simple techniques and strategies for goal-setting and future planning;
- educational resources to increase skills and knowledge of carers relating to specific caring situations, to build confidence and improve wellbeing;
- in-person and phone-based counselling and peer support;
- targeted financial support packages with a focus on employment, education, respite and transport; and
- access to emergency respite.

### 1.2.11 Older people with diverse needs

The CHSP recognises that older people display the same diversity of characteristics and life experiences as the broader population and need to receive services which reflect their diverse needs. Each person may have specific social, cultural, linguistic, religious, spiritual, psychological, and medical care needs and may also identify with more than one characteristic.

The CHSP recognises the following special needs groups, which align with those identified under the [Aged Care Act 1997](#):

- people who identify as Aboriginal and Torres Strait Islander
- people from culturally and linguistically diverse backgrounds
- people who live in rural and remote areas
- people who are financially or socially disadvantaged
- people who are veterans of the Australian Defence Force or an allied defence force including the spouse, widow or widower of a veteran
- people who are homeless, or at risk of becoming homeless
- people who are lesbian, gay, bisexual, transgender, intersex and queer
- people who are Care Leavers (which includes Forgotten Australians, Former Child Migrants and Stolen Generations)
- parents separated from children by forced adoption or removal.

The above is not an exhaustive list, and the CHSP acknowledges there are other special needs groups, such as people with a disability, people with mental health problems and mental illness and people living with cognitive impairment including dementia. CHSP services may also be provided to clients in correctional centres and detention facilities where these services are not already provided by these institutions.

The CHSP will:

- ensure that all clients have equity of access to information and services that are effective and appropriate to their needs and take into account individual circumstances and are free from discrimination.
- ensure that services are delivered in a way that is culturally safe, appropriate and inclusive of all older people with diverse characteristics and life experiences.
- ensure through compliance with the quality framework, that service providers consider the requirements of people from diverse backgrounds and special needs groups. Note: New aged care quality standards and changes to the current quality assessment process are being developed and service providers will be required to meet the new Aged Care Quality Standards and participate in the new quality assessment process, once introduced.
- support access by service providers to translation and interpreting services.
- consider equity of access for all older people in the allocation of new funding.

These principles support the Imperatives and Priorities identified in the Aged Care Diversity Framework.

#### **Interpreting services**

Information on how service providers and clients can access interpreting services is available at [Translating and Interpreting Service \(TIS National\)](#).

#### **Sign language interpreting services**

Older Australians who are who are deaf, deafblind, or hard of hearing who are seeking to access or are in receipt of Commonwealth funded aged care services can access free sign

language interpreting services. Face-to-face sign-language interpreting and Video Remote Interpreting services are available to support clients to engage with:

- Activities of daily living
- My Aged Care
- Regional Assessment Services
- Aged Care Assessment Teams
- In-home aged care service providers
- Residential aged care service providers, and
- Other organisations involved in the provision of Commonwealth funded aged care services.

Sign language services are available in Auslan, American Sign Language, International Sign Language, and Signed English for deaf or consumers who are hard of hearing, and tactile signing and hand over hand for deafblind consumers.

The sign-language interpreting services will support older Australians to better engage and fully participate in their aged care journey. Information on how service providers can access interpreting services is available at My Aged Care on 1800 200 422 or [Auslan Connections](http://auslanconnections.com.au) at [auslanconnections.com.au](http://auslanconnections.com.au) or by calling 1300 010 877.

### **People with dementia**

The Australian Government considers the provision of appropriate care and support of people with dementia, their families and carers to be core business for all providers of aged care, given its prevalence amongst frail older people.

The Australian Government funds a range of advisory services, education and training, support programs and other services for people with dementia, their families and carers.

CHSP clients may access these supports if appropriate to their needs.

### **Client scenario — accommodating client choice and cultural preference**

#### **INKA**

Inka is a 76 years old woman who is originally from Finland and lives alone. Though generally capable, Inka has osteoarthritis and has found that some domestic tasks are becoming more difficult to undertake due to pain and joint stiffness.

After contacting and registering with My Aged Care, Inka was referred to the RAS for an assessment, which identified that Inka needed regular help to keep her house clean. A local CHSP service provider accepted the referral and arranged for a cleaner to go to Inka's home once a week. The cleaner usually spent about an hour vacuuming, mopping and cleaning the bathroom whilst Inka continued to undertake lighter tasks such as dusting and wiping over the basins.

In summer, Inka asked the cleaner if her hand-woven rag mats could be taken outdoors for cleaning. This was a Finnish tradition that Inka had done all her life and involved hanging the mats over the clothesline and whacking them repeatedly with a rug-beater to remove dust and dirt. The job required shifting furniture, rolling up the long mats and carrying them to the clothesline in the back garden, which was beyond the cleaner's ability.

After speaking with her service provider, an arrangement was made for another worker to visit Inka's home to clean the mats twice a year, replacing the regular cleaner for just those two visits.

### **1.2.12 What services are funded under the Commonwealth Home Support Programme?**

The following service types, including the activities or sub-types under each, are available under the CHSP:

<b>Sub-program</b>	<b>Service type</b>	<b>Service sub-type</b>
Community and Home Support	Allied Health and Therapy Services	Aboriginal and Torres Strait Islander Health Worker
		Accredited Practising Dietitian or Nutritionist
		Diversional Therapy
		Exercise Physiology
		Hydrotherapy
		Occupational Therapy
		Ongoing Allied Health and Therapy Services
		Other Allied Health and Therapy Services
		Physiotherapy
		Podiatry
		Psychology
		Restorative Care Services
		Social Work
		Speech Pathology
		Domestic Assistance
	Linen services	
	Unaccompanied Shopping (delivered to home)	
	Goods, Equipment and Assistive Technology	Car Modifications
		Communication Aids
		Medical Care Aids
		Other Goods and Equipment
		Personal Monitoring Technology
		Reading Aids
		Self-care Aids
		Support and Mobility aids
	Home Maintenance	Garden Maintenance
		Major Home Maintenance and Repairs
		Minor Home Maintenance and Repairs
	Home Modifications	N/A

Sub-program	Service type	Service sub-type
	Meals	At Centre
		At Home
	Nursing	N/A
	Other Food Services	Food Advice, Lessons, Training, Food Safety
		Food Preparation in the Home
	Personal Care	Assistance with Client Self-administration of Medicine
		Assistance with Self Care
	Social Support Individual	Accompanied Activities, e.g. Shopping
		Telephone/Web Contact
		Visiting
	Social Support Group	N/A
	Specialised Support Services	Continence Advisory Services
		Client Advocacy
		Dementia Advisory Services
		Hearing Services
		Other Support Services
		Vision Services
Transport	Direct (driver is volunteer or worker)	
	Indirect (through vouchers or subsidies)	
Assistance with Care and Housing	Assistance with Care and Housing	Advocacy – Financial, Legal
		Assessment - Referrals
		Hoarding and Squalor
Care Relationships and Carer Support	Flexible Respite	Community Access – Individual respite
		Host Family Day Respite
		Host Family Overnight Respite
		In-home Day Respite
		In-home Overnight Respite
		Mobile Respite
		Other Planned Respite

Sub-program	Service type	Service sub-type
	Cottage Respite	Overnight Community Respite
	Centre-based Respite	Centre-based Day Respite
		Community Access – Group
		Residential Day Respite
Service System Development	Sector Support and Development	Sector Support and Development

These services are funded under specific sub-programs based on the CHSP target groups (Section 1.2.9). Details of each sub-program, including eligibility and available service types, are provided in Chapter 3 of this program manual.

### 1.2.13 What Commonwealth Home Support Programme funding must not be used for

CHSP grant recipients must not use any of the funds for:

- purchase of land
- purchase of vehicles
- coverage of retrospective costs
- costs incurred in the preparation of a grant application or related documentation
- international travel or expenses related to international travel
- activities that are already funded under other Commonwealth, state, territory or local government programs
- activities that could bring the Australian Government into disrepute
- client accommodation expenses, as these are provided for within the social security system (note: Assistance with Care and Housing Sub-Program services deliver assistance with accessing appropriate support)
- direct treatment for acute illness, including convalescent or post-acute care
- medical aids, appliances and devices which are to be provided as a result of a medical diagnosis or surgical intervention and which would be covered under a Health Care system, such as oxygen tanks or continence pads
- household items which are not related to improvement of functional impairment (i.e. general household or furniture or appliances)
- items which are likely to cause harm to the participant or pose a risk to others
- major construction/capital works (see paragraph below).

For the purpose of the CHSP, capital infrastructure is considered to be real property of a non-expendable nature, specifically major renovations, buildings and land. CHSP funding must not be used for the acquisition of capital infrastructure.

The following services are delivered under My Aged Care:

- Assessment – undertaken via initial phone-based screening by the contact centre and face-to-face assessments conducted by the RAS (or ACAT).
- Case Management and Coordination – short-term case management services are available for vulnerable CHSP clients and short term coordination services for CHSP clients undertaking a reablement program through My Aged Care linking and reablement services delivered by the RAS.

Client Care Coordination is not funded as a separate service type under the CHSP as this function is considered to be part of ongoing service delivery.

### 1.2.14 Where will Commonwealth Home Support Programme services not be provided?

CHSP services will not be provided:

- to permanent residents of residential care facilities (including an MPS), except under grandfathering arrangements or on a full-cost recovery basis.
- where a resident's accommodation contract provides for similar services to those under the CHSP.
- where needs can be met by other more appropriate Commonwealth funded programs such as an HCP as outlined in 4.1.1.
- to Commonwealth Continuity of Support (CoS) Programme clients, unless they were already accessing CHSP services prior to transition to the CoS Programme, or choose to move to the CHSP instead of CoS (including providing their consent). If an existing CoS client accepts new aged care services (such as CHSP) it is seen as an exit from the CoS Programme.

Services can be offered to people in retirement villages and independent living units, where a resident's accommodation contract does not include CHSP-like services.

The My Aged Care screening process will help identify what existing services a client is receiving including accommodation services subsidised by the Australian Government.

# Chapter 2 – Supporting independence

## 2.1 Introduction

CHSP service providers are required to work with frail older people to maximise their independence and enable them to remain living safely in their own homes and communities. Providers must structure services with a focus on client strengths and goals to support independence. This means that service providers should generally not undertake tasks that the client is capable of doing safely for themselves. The longer a client avoids reliance on ongoing services, the longer they are likely to maintain their functional independence, giving them more good days doing the things that matter to them most.

This approach known as wellness and reablement builds on people's strengths and goals to promote greater independence and autonomy. Offering care that focuses on individual client goals and recognises the importance of client participation is fundamental to the CHSP.

The CHSP Reablement Community of Practice is available as a tool for providers to learn, share and engage with other providers across the CHSP sector. It is an online forum to support the sharing of ideas, best practice and practical examples to embed wellness and reablement into everyday service delivery practices. Join the CHSP Reablement Community of Practice at: [more-good-days](#).

## 2.2 Why Wellness and Reablement?

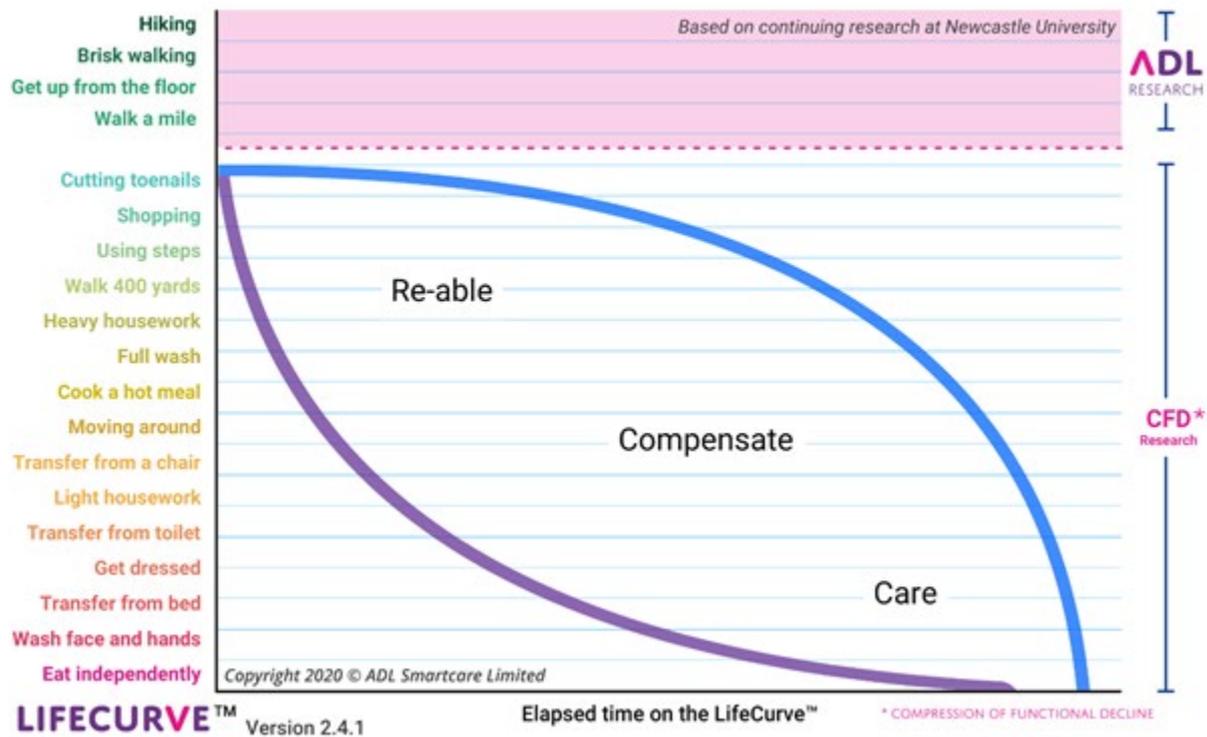
Over the past decade, emerging research has demonstrated the benefits of focussing on client independence. Traditional models of service delivery that focus on what a client can't do rather than what they can, tend to lead to an over-reliance on services by clients, which has been linked with accelerated functional decline.

### 2.2.1 Understanding the ageing journey

Research suggests that the largest influencer in age-related decline is not genetics, but rather lifestyle choices. People who continue to do things for themselves tend to remain independent and live better, longer.

Professor Peter Gore of the Institute of Aging at Newcastle University in the UK has developed a framework to understand the age-related decline. The framework, called the Life Curve, looks at the impact of maintaining independence on quality of life and the rate of age-related functional decline. It illustrates that the sooner someone stops performing certain tasks for themselves, the faster they tend to lose their functional ability. The aim is to assist people to perform these daily tasks independently for as long as possible, so they maintain the ability to maximise independence and autonomy. Retaining physical ability helps people to continue doing the things they enjoy for longer.

The Life Curve is shown at Figure 1. The vertical axis lists activities of daily living that older people generally lose over time, in the order in which they tend to be lost, from top to bottom. The timeframe for this decline is variable and can be influenced by behaviour and interventions. Difficulty cutting toenails is typically seen as an early indicator that intervention may be needed. The graph shows two trajectories – a sub-optimal life curve with a fast early decline, and an optimal life curve in which the early decline is slowed down to give people more good days before losing the ability to undertake activities like walking, shopping and personal care.



## 2.3 Benefits of a wellness and reablement approach

Older Australians are not the only ones who benefit from wellness and reablement. Evidence suggests there are also significant benefits to service provider organisations, families and carers and the broader community.

### 2.3.1 Benefits for consumers

Implementing a wellness and reablement approach at the earliest opportunity, focussing on client goals to maintain or regain functional capacity and social connectedness can have significant long-term benefits for clients including:

- improved sense of purpose, autonomy and self-worth
- improved physical and emotional health and wellbeing
- reduction in service delivery needs
- increased ability to remain living independently and safely in their own homes for longer
- greater quality of life and retention of pride and dignity
- Improved connection with community
- reduced strain on family and carer relationships

### 2.3.2 Benefits for service provider organisations

Those organisations who have implemented wellness and reablement have identified significant benefits for their staff, business model, organisational processes and their clients including:

- greater job satisfaction from actively helping clients achieve their goals and become more independent
- better utilisation of resources as support workers are able to focus on more complicated tasks clients can't perform for them themselves, which means more meaningful and fulfilling work for staff
- opportunity to broaden the client base by offering more shorter-term support
- improved reputation and repeat business based on providing person-centred care, focussed on client goals
- better alignment to aged care reform initiatives, improving preparedness to respond to changes in aged care policy.

### 2.3.3. Benefits for families and carers

Wellness and reablement approaches can have significant benefits for family members and carers, including:

- an opportunity to be involved in supporting their loved one to reach their outcomes
- the benefit of knowing their loved one is retaining or regaining their independence
- reduced strain and pressure due to a decrease in caring requirements

#### Client scenarios — applying a wellness and reablement approach

##### HARRY

Harry is a 70 year old man who lives alone. After contacting My Aged Care, a face-to-face RAS assessment was undertaken which identified that Harry needed some assistance with clothes-washing and meals. At first the CHSP service provider visited Harry's home three times a week to wash and hang out the clothes for him and cook basic meals for him.

The provider also worked with Harry to identify what he could do for himself and what he needed assistance with. The support worker encouraged Harry to continue to wash and hang out smaller items by using a trolley and an easy-to-reach drying rack inside, whilst they continued to come once a week to help hang out his bigger, heavier items.

Harry also indicated that he was open to doing the cooking, but lacked confidence since his wife, who had recently passed away, had always done most of the cooking. For a number of weeks the provider stayed and cooked with Harry to help him to prepare several meals to last over the week. With his confidence back, Harry has continued to do things for himself and has remained independent in his own home.

##### ELSA

Elsa is a 72 year old woman with osteoarthritis who has been receiving domestic assistance under the CHSP for a number of years. The support worker visited Elsa once a week for two hours to provide assistance with general housework and laundry. Elsa required no other assistance.

After applying a wellness and reablement approach to Elsa's support needs, the service provider identified that Elsa could still do some basic household chores such as light dusting, wiping over surfaces, doing her own dishes and using a light weight carpet sweeper.

Over a two month period instead of 'doing for' Elsa, the support worker encouraged and supported Elsa to undertake some of these tasks by herself, whilst the support worker continued to do more difficult tasks such as vacuuming or cleaning the floors.

Elsa still requires ongoing support however she is now more involved and has increased activity levels.

## 2.4 Principles of wellness and reablement

Wellness and reablement describe an overall approach to service delivery. The following principles underpin a wellness and reablement approach.

- **Promote Independence** – people value their independence, loss of independence can have a devastating effect, particularly for older people who may find it more difficult to regain
- **Identify clients' goals** – a person's independence requires more than just services to help them remain in their home and maintain their current capacity. Service delivery should focus on supporting the client to actively work towards their goals and improved independence wherever possible
- **Consider physical and psychological needs** – independence is not limited to physical function, it includes both social and psychological function

- **Encourage client participation** – being an active participant, rather than a passive recipient of services, is an important part of being physically and emotionally healthy. Service delivery should focus on assisting a person to complete tasks, not taking over tasks that a person can do for themselves
- **Regular assessment** – client assessment should be ongoing, not one-off. It should focus on progress towards client goals and consider the support and duration of services required to meet these goals
- **Focus on strengths** - the focus should be on what a person can do, rather than what they can't. Wherever possible, services should aim to retain, regain, or learn skills rather than creating dependencies
- **Support clients to reach their potential** – help clients to maintain and extend their activities in line with their capabilities
- **Individualised support** – service delivery should be individualised and suited to the goals, aspirations and needs of the individual.

### Helen

Helen is a 78-year old woman with osteoarthritis. Lately, Helen has been experiencing difficulty performing household cleaning duties and doing her laundry. At assessment, the RAS assessor referred Helen for domestic assistance to help her manage around the house.

The CHSP service provider receiving Helen's referral for domestic assistance, contacts Helen to understand more about her circumstances and what she needs support with. Applying a wellness and reablement approach, the service provider speaks with Helen about what's happening and what she's having difficulty with. Throughout this conversation, the service provider identifies there are still tasks Helen can do but there are certain tasks that impact on her arthritis. The service provider also identifies that Helen used to enjoy doing the housework to keep her home nice and clean. Helen also alluded to feeling lonely because she hasn't had many visitors lately because she's worried about her house.

The service provider works with Helen to develop a care plan focused on Helen's strengths and the things she wants to regain/maintain. The service provider visits Helen once a week for a few hours to help her with cleaning and washing. Over a two-month period, the service provider supports Helen continue to do the things she wanted to, while the provider focuses on the tasks which provoke Helen's arthritis such as vacuuming and mopping.

While Helen still requires ongoing support with harder domestic duties, she has improved on her functional capacity and feels more like herself. By taking a strength-based approach to service delivery, focusing on 'doing with' not 'doing for', Helen has been able to maintain some physical activity and by regaining some independence she is feeling more fulfilled and capable. Helen has begun engaging with her friends again which has improved her social connectedness.

## 2.4.1 Time limited support

Wellness and reablement approaches often involve time-limited services. Time-limited care aims to address a client's specific barriers to independence and support them getting back to doing things for themselves. This involves a targeted timeframe, developed with the client, for achieving their goals.

Understanding what a good day looks like for a client and how it relates to their individual goals and outcomes is important for determining short-term support needs. This could be maintaining a level of activity or independence or working towards regaining it. Time-limited reablement services tend to be delivered within a 12-week period with the aim to wrap up services when the client has met their goal or specific outcome.

Restorative care services may also be involved where the client has the potential to make a functional gain. Restorative care involves the delivery of evidence-based interventions led by an allied health worker or health professional that allows a person to make a functional gain or improvement after a setback, or in order to avoid a preventable injury. These interventions may be delivered as one-to-one or group services, and may involve a multi-disciplinary approach that goes beyond CHSP services, for example, involving primary health care providers. These

services are coordinated by providers of allied health and therapy services based on clinical assessments of the clients.

Other time-limited support could include:

- training in a new skill or actively working to regain or maintain an existing skill
- modification to a person's home environment
- having access to equipment or assistive technology.

## 2.5 Wellness and reablement obligations and supports

As part of applying a wellness and reablement approach to service delivery, service providers are required to:

- ensure services are targeted towards assisting clients to achieve their agreed goals as outlined in the assessment support plan
- apply a 'doing with' approach across service delivery
- offer time limited interventions where appropriate
- monitor changes in client needs and regularly review support services
- comply with wellness and reablement reporting requirements.
- have an implementation plan outlining their service's approach to embedding wellness and reablement in service delivery.

The *Living well at home: CHSP Good Practice Guide*, provides guidance in how to adopt a wellness and reablement approach into service delivery. In addition, as part of the Promoting Independent Living trial, the Department of Health is developing additional tools and information to help service providers to continue to embed wellness and reablement in practice. Over the course of CHSP agreements covered by this Program Manual, a range of tools, including an online community of practice and a change management framework will be made available to assist service providers.

### Client scenarios– supporting greater independence<sup>1</sup>

#### ADELINA

Adelina is a 77 year old woman who had a stroke which affected her left side. Her speech was unaffected but her movement was restricted. She has little function in her left arm, and her left leg is slightly affected although she is able to walk with a stick.

Adelina felt that she was unable to do very much for herself. She really wanted to be able to make her own cup of tea, however because of the lack of function in her left arm she felt she was dependent on carers and unable to make a cup of tea between carer visits unless a friend or neighbour came by. Adelina had become reconciled that this was how her life would be. She was dispirited and resistant to her son's suggestion that she might do a bit more for herself.

However at the request of her son, Adelina's support plan was reviewed by the RAS who recommended a referral to an occupational therapist. An occupational therapist was engaged under the CHSP who suggested that she could be assisted to learn to use the microwave oven and a kettle fitted onto a tipper so that she could make her own cup of tea.

For a number of weeks Adelina was supported to build up her confidence in her ability to use the microwave and the kettle. After a few months Adelina was able to make meals for herself, her own cup of tea and is living a more independent life. As a result Adelina has said that she is feeling more hopeful and has started to invite friends over for a meal. Adelina's son has been delighted to see his mother's renewed sense of self and independence.

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<sup>1</sup> Wellness Approach to Community Home Care Information Booklet July 2008 produced by the Western Australian Department of Health

## ROSE

Rose is an 87 year old woman who, as a day centre client, had become very dependent on support staff. Her confidence had declined to the point where she was not confident in tending to her own toileting without assistance to and from the toilet at the centre. After discussion between centre staff and Rose, it was agreed that she was well enough to do more for herself in the centre and over time was encouraged to do so. Staff were advised to enable her to toilet independently rather than attempt to assist as previously.

Over time Rose has become more confident and is more independent at the centre. This confidence has extended to transport arrangements to and from the day centre. Rose does not like to travel on the centre bus, so has arranged her own transport on the days she attends. She has commented on how proud she feels of herself and her achievements and is now more actively involved with the centre, rather than being a passive recipient.

### 2.5.1 Strategies to assist embedding Wellness and Reablement

Experience of organisations that have successfully embedded a wellness and reablement approach into service delivery practice suggests that there are a number of key drivers for success. These include:

- a whole-of-organisation approach, including commitment from both management and staff
- reflecting wellness and reablement in organisational policy and procedures, especially in recruitment, employment, orientation and induction practices
- providing and encouraging staff training and education program
- changing the mindset for management, staff, volunteers, clients and their families and carers
- establishing a staged approach to implementation and taking time to work with staff at the beginning of the process to ensure they understand the benefits and reasons for change.
- understanding your organisations maturity and readiness in terms of W&R is the first step to embedding the change
- ensuring communication materials need to reflect the wellness and reablement approach to assist with setting client and staff expectations.

#### Client scenarios — short-term wellness and reablement, and restorative interventions

## DAVID

David is a 81 year old man who was referred to My Aged Care following a fall he had had two weeks previously. Although he had sustained no specific injuries, David was pretty shaken up from the fall and was now lacking in confidence to shower himself independently.

Following his initial screening process through the My Aged Care contact centre, David was referred to the RAS for an assessment. The assessment identified that David was previously independent and was motivated to regain his independence. The assessor also identified that David was still independent in many daily activities but was struggling with his personal care.

Based on the RAS assessment, a support plan was developed with David, which identified his goal of being able to maintain his personal care independently. The support plan provided information on David's strengths and abilities as well as his areas of difficulty and recommendations to achieve his goals, including a referral to a CHSP service provider for an occupational therapy assessment and the delivery of time limited personal care services.

The occupational therapist then worked with David and his personal carer to devise a plan to achieve his goals. Initially personal care services were provided to David three times a week to assist him with showering. Over a four week period, the CHSP service provider worked with David to develop specific strategies such as how to step in and out of the shower safely, to help him to build his capacity and regain confidence in showering. After four weeks of service David was confident to shower independently again and the services were withdrawn.

## **BILL**

Bill is a 75 year old man who lives at home with his wife Irene. Bill had not previously received any aged care services since he and Irene had always enjoyed good health. Recently Bill had an accident which had resulted in him spending time in hospital. Although Bill recovered well from his accident, it had left him feeling anxious about leaving the house. Also, his hospital stay and inactivity had reduced his physical fitness, preventing Bill from doing as much around the house and garden as he had done before.

Bill's wife Irene contacted My Aged Care and Bill was referred for a RAS assessment. Bill's assessor worked with him to identify the things that he liked to do and what he no longer felt comfortable doing. A support plan was developed with Bill, which included some time limited interventions with a restorative care focus, including:

- referral to physiotherapy or exercise physiologist (to develop a suitable strength, balance and endurance program)
- referral to an occupational therapist (to identify energy conservation strategies and/or suitable equipment to promote functional independence)
- referral for some time-limited home maintenance and domestic assistance.

Following this time-limited support, Bill now feels more confident living at home and has regained much of his former capacity to undertake the home maintenance and domestic chores that he used to do. Applying this short-term restorative care intervention approach enabled Bill to regain his strength and confidence and prevented a possible longer term dependence on ongoing support services.

### **2.5.2 Assessment and support planning**

Assessment and support planning conducted by the My Aged Care RAS (or ACATs in some circumstances) must also adopt a wellness and reablement approach to assessment.

The role of the RAS is to work with the client to identify their needs and concerns, as well as their goals and aspirations. A Home Support Assessment, a component of the National Screening and Assessment Form (NSAF), included in the assessment is a client's:

- current level of support (formal and informal) and engagement
- carer availability and sustainability
- health concerns and priorities
- functional status
- psychosocial and psychological concerns, and
- home and personal safety considerations.

The assessor then works with the client to develop a support plan which focuses the support needed to assist them to achieve their goals. In developing a support plan with a client the RAS will:

- focus on what a client can do and discuss what they need to complete more difficult tasks.
- discuss strategies to manage day-to-day tasks (e.g. transport planning to meet goals around the use of public transport to maintain usual activities).
- explore the client's opportunity for supporting independence through wellness and reablement approaches (e.g. can the client benefit from time-limited support and/or the use of specific aids and equipment or home modifications such as installing shower rails to build confidence and independence).

Developing a support plan with the client helps to ensure that it accurately reflects the client's needs and goals. This will increase the likelihood that the client will be motivated to work towards the goals they have identified, including supporting their independence through wellness and reablement approaches.

In some circumstances, where the assessment has identified that a short-term intervention is appropriate, the RAS assessor might take on a coordination role to ensure that all referrals in the support plan are linked to one or more service providers and that they will all be delivered within an agreed time frame.

For clients receiving wellness and reablement support, assessors should include review dates on the client's support plan to monitor the client's progress towards their goals and desired outcomes. The need for ongoing, or an adjustment in services will also be assessed. In these circumstances, CHSP service providers are required to provide time limited services in line with the support plan.

### **Client scenario – wellness and reablement-focused assessment with support planning**

#### **CECELIA**

Cecelia is an 81 years old woman who lives alone. Before experiencing a stroke earlier in the year, Cecelia had been actively involved in her church and local community. However, following the stroke, Cecelia stopped going out on her own, fearing that her poor balance could result in a fall. Within her house she had also cut down on the heavier housekeeping tasks like vacuuming, large cleaning jobs, laundry and gardening.

Cecelia was referred to My Aged Care by her doctor and following the initial registration process, a face-to-face RAS assessment was organised. Cecelia's assessment helped to identify her strengths and capabilities as well as her needs. The resulting support plan was centred around Cecelia's own goals which included getting stronger, resuming her church activities, doing more about the house and getting back out in the garden. Cecelia's support plan included:

- referral to an allied health professional to assist with her goal of getting stronger,
- referral to a CHSP domestic assistance service provider to provide assistance with the more difficult household chores and to help Cecelia to identify which chores she could still manage to do on her own,
- assistance to identify and make contact with a pastoral care team member to discuss her continued interest in participating in church activities, and
- referral to a home maintenance service for discussion and planning to convert her garden to be safer and more accessible, and lower maintenance.

After mastering basic strength and balance exercises through a home exercise program designed by the allied health professional, Cecelia was eventually able to walk unaided inside her home. A more confident Cecelia then arranged a 'buddy' to drive her to and from church activities. At the same time, the CHSP domestic assistance service provider worked with Cecelia to assist her to take on some of the easier housekeeping chores enabling her to remain more active and independent. Cecelia was also delighted to find that the new raised garden beds enabled her to access and maintain her garden more safely without affecting her enjoyment of the garden.

### **2.5.3 Reporting requirements**

CHSP providers are required to submit a wellness and reablement report to the Department annually outlining their progress in implementing a wellness and reablement approach within their organisation. CHSP providers that are only funded to deliver Sector Support and Development (SSD) are exempt from reporting as they do not deliver services to clients.

The most recent wellness and reablement report, was undertaken in 2020 with the aim of building understanding and identifying areas that the Department and CHSP providers can focus on to further imbed wellness and reablement practices.

The Department will also conduct an annual desktop review of wellness and reablement practices across a sample of CHSP service providers. This will examine service provider service information in My Aged Care, related client support plans and service provider data in the DSS Data Exchange. The annual review will examine a random sample of up to ten per cent of CHSP providers nationally per annum. Depending on outcomes of this process, the Department may contact individual service providers to discuss their service delivery patterns. Service

providers will be required to comply with any reasonable requests for additional data arising from the review process.

More information on service provider reporting requirements is provided under Section 6.3.4 of this manual.

## Chapter 3 – Sub-Programs: Eligibility and Services

### 3.1 Program framework – Commonwealth Home Support Programme

The CHSP program framework includes four distinct sub-programs based on the CHSP's target groups as outlined in Section 1.2.9 of this manual:

- Community and Home Support
- Care Relationships and Carer Support
- Assistance with Care and Housing, and
- Service System Development.

Each sub-program has its own objective, eligibility criteria and service types.

Under the CHSP Grant Agreement, service providers may receive funding to deliver specific activities under one or a combination of service types under each sub-program. Details on these funding arrangements are set out in Chapter 6 of this manual.

The Program Framework of the CHSP, including its sub-programs is provided in the table below. Details of each sub-program are provided under Section 3.2.

#### **Client scenario — supporting frail older people across sub-programs**

##### **MABEL**

Mabel is 82 years old and lives alone. Her daughter Claire is her primary carer, and visits most days to help her mother with a range of activities, including shopping, cooking and cleaning. Mabel has been diagnosed with macular degeneration and is losing her vision. She no longer drives and is finding it increasingly difficult to access activities and services in her community without Claire's help. However, Claire has a young family of her own and has limited availability. Mabel wants to remain as independent as possible. She and Claire call My Aged Care together to see what support is available.

Screening undertaken by the contact centre identifies that Mabel would benefit from a RAS face-to-face assessment. Mabel is also provided with information on how to arrange a specialist assessment and a mobility and orientation instructor to help her manage the functional impacts of her vision loss.

The RAS assessor discusses Mabel's care needs with Mabel and Claire and develops a support plan to assist in meeting her goals, which includes:

- referral to CHSP-funded specialised support services for advice on living independently with vision loss
- weekly community transport to services and activities in her community, and
- flexible respite services to support Mabel when Claire is unavailable, including a two week period when Claire will be on holiday later in the year.

The community transport provider sends drivers who have experience with vision-loss clients.

Ultimately, the support provided to Mabel addresses the challenges facing her, helping her to retain as much independence as possible, while supporting the sustainability of her carer relationship with her daughter.

Program Framework – Commonwealth Home Support Programme

Sub-Program	Community and Home Support	Care Relationships and Carer Support	Assistance with Care and Housing	Service System Development
Objective	To provide entry-level support services to assist frail older people to live independently at home and in the community	To support and maintain care relationships between carers and clients, through providing good quality respite care for frail older people so that carers can take a break	To support those who are homeless or at risk of homelessness, to access appropriate and sustainable housing as well as community care and other support services, specifically targeted at avoiding homelessness or reducing the impact of homelessness.	To support the development of the home support service system and enable CHSP service providers to operate effectively in line with the objectives of the CHSP and within the context of the broader aged care system
Target Group	Frail older people aged 65 years and over (or 50 years and over for Aboriginal and Torres Strait Islander people) who need assistance with daily living to remain living independently at home and in the community	Frail older clients aged 65 years and over (or 50 years and over for Aboriginal and Torres Strait Islander people) will be the recipients of planned respite services	Frail older people or prematurely aged people aged 50 years and over (or 45 years and over for Aboriginal and Torres Strait Islander people) who are on a low income and are homeless or at risk of homelessness as a result of experiencing housing stress or not having secure accommodation	Service providers funded under the CHSP and their clients
Service types / activities funded	<ul style="list-style-type: none"> <li>○ Allied Health and Therapy Services</li> <li>○ Domestic Assistance</li> <li>○ Goods, Equipment and Assistive Technology</li> <li>○ Home Maintenance</li> <li>○ Home Modifications</li> <li>○ Meals</li> <li>○ Nursing</li> <li>○ Other Food Services</li> <li>○ Personal Care</li> <li>○ Social Support-Individual</li> <li>○ Social Support-Group</li> <li>○ Specialised Support Services</li> <li>○ Transport</li> </ul>	<p><b>Centre-based respite:</b></p> <ul style="list-style-type: none"> <li>○ Centre based day respite</li> <li>○ Residential day respite</li> <li>○ Community access-group respite</li> </ul> <p><b>Cottage respite:</b></p> <ul style="list-style-type: none"> <li>○ Overnight community</li> </ul> <p><b>Flexible Respite:</b></p> <ul style="list-style-type: none"> <li>○ In-home day respite</li> <li>○ In-home overnight respite</li> <li>○ Community access – individual respite</li> <li>○ Host family day respite</li> <li>○ Host family overnight respite</li> </ul>	Assistance with Care and Housing	Sector Support and Development activities

Sub-Program	Community and Home Support	Care Relationships and Carer Support	Assistance with Care and Housing	Service System Development
		<ul style="list-style-type: none"> <li>○ Mobile respite</li> <li>○ Other planned respite.</li> </ul>		

## 3.2 Sub-Program – objective, target population, eligibility and services

### 3.2.1 Community and Home Support Sub-Program

#### Objective

To provide entry-level support services to frail older people to assist them to live independently at home and in the community.

#### Target population

Frail older people aged 65 years and over (or 50 years and over for Aboriginal and Torres Strait Islander people) who need assistance with daily living to remain living independently at home and in the community.

#### Eligibility

Frail older person who:

- is aged 65 years and over (or 50 years and over for Aboriginal and Torres Strait Islander people), and
- has difficulty performing activities of daily living without help due to functional limitations (including cognitive), for example communication, social interaction, mobility or self-care), and
- lives in the community.

Details about the service types provided under this sub-program are provided in the following tables, including service type definitions, service sub-types, service settings and out-of-scope activities.

#### Service type: Allied Health and Therapy Services

Objective	<b>To provide services that restore, improve or maintain frail older people's health, wellbeing and independence including time limited services to support wellness and reablement goals.</b>
Service type description	<p>Allied health and therapy services focus on restoring, improving, or maintaining older people's independent functioning and wellbeing. This is done through a range of clinical interventions, expertise, care and treatment, education including techniques for self-management, technologies including telehealth technology, advice and supervision to improve people's capacity.</p> <p>These services assist older people to regain or maintain physical, functional and cognitive abilities which support them to maintain or recover a level of independence, allowing them to remain living in the community. Non-clinical services, including some diversional and preventative therapies, may be provided to clients under this</p>

Objective	To provide services that restore, improve or maintain frail older people's health, wellbeing and independence including time limited services to support wellness and reablement goals.
	<p>service type, however, these must be complementary supports for the client and not delivered in isolation from the focus of this service delivery.</p> <p>Allied Health and Therapy Services funded under the CHSP include (but are not limited to):</p> <ul style="list-style-type: none"> <li>• Aboriginal and Torres Strait Islander Health worker</li> <li>• diversional therapy</li> <li>• exercise physiology</li> <li>• formal counselling from a qualified social worker or psychologist</li> <li>• hydrotherapy</li> <li>• nutritional advice from an Accredited Practising Dietitian or a qualified nutritionist</li> <li>• occupational therapy</li> <li>• other allied health and therapy services</li> <li>• physiotherapy</li> <li>• podiatry</li> <li>• social work</li> <li>• speech pathology</li> </ul> <p>This list of services is not exclusive and service providers are not expected to provide all the activities listed.</p> <p>There are two models of service provision for this service type available depending on intensity. These are additional service sub-types to those listed above.</p> <p>Service providers must indicate which (or both) of the models they are able to deliver, and which specific allied health or therapy they will provide under that model.</p> <p>It is anticipated that service providers will be able to deliver both models.</p> <p>1) Ongoing Allied Health and Therapy services</p> <p>Service providers can deliver one or more of the services in the list above (exactly which services are delivered by the provider will need to be identified). These services are of an ongoing or intermittent nature, are delivered on an individual or group basis and provided at a low intensity or frequency, with a maintenance or preventative focus, for example regular podiatry for a client with diabetes and group exercise classes.</p> <p>2) Restorative Care services</p> <p>Service providers can deliver a time-limited, allied-health led approach to service delivery that focuses on older clients who can make a functional gain after a setback. These may be one to one or group services that are delivered on a short-term basis which are delivered by, or under the guidance of an allied health professional.</p> <p>Their goal will be to increase the independence of clients. They will target people who can make a functional gain after a setback, who are at risk of a preventable injury, or who need other allied health led services to maintain independence.</p> <p>In implementing restorative care services, service providers must:</p> <ul style="list-style-type: none"> <li>• Conduct an initial assessment of the client to establish a baseline from which progress or maintenance of function can</li> </ul>

<b>Objective</b>	<b>To provide services that restore, improve or maintain frail older people's health, wellbeing and independence including time limited services to support wellness and reablement goals.</b>
	<p>be evaluated. This assessment must identify goals and must include the development of an individual plan for each client.</p> <ul style="list-style-type: none"> <li>• Use measurable, objective, quantitative and qualitative indicators and record results associated with therapeutic goals or desired outcomes which include the client's functional ability: on entry, at review and at discharge.</li> <li>• Complete an outcome assessment documenting achievement or progress made against identified client goals prior to discharge for each client.</li> </ul>
Out-of-scope activities under this service type	Specialist post-acute care and rehabilitation services are out-of-scope and must not be purchased using CHSP funding.
Service delivery setting e.g. home/centre/clinic/community	Services may be delivered in a client's home, a clinic, at a day centre, a group environment or other community setting.
Legislation	Service providers must adhere to any relevant Commonwealth and/or state/territory legislation or regulations.
Output measure	<p>Time (recorded in hours and minutes as appropriate).</p> <p>Type of care (identify which model/s will be delivered i.e. Ongoing Allied Health and Therapy Services and/or Restorative Care Services).</p>
Staff qualifications	<p>Allied health providers must meet their respective accreditation and registration requirements and operate within the scope of practice of their particular regulated or self-regulated body. For example, speech pathologists funded under the CHSP must hold the Speech Pathology Australia Certified Practising Speech Pathologist credential.</p> <p>Depending on the respective accreditation and registration requirements, this may permit activities being undertaken by assistant allied health professionals or less qualified staff.</p>
Fees	Client contribution amount recorded in the Data Exchange (in Fees field).

## Service type: Domestic Assistance

<b>Objective</b>	<b>To provide frail older people with assistance with domestic chores to maintain their capacity to manage everyday activities in a safe, secure and healthy home environment including time limited services to support wellness and reablement goals.</b>
Service type description	<p>Domestic Assistance is normally provided in the home and refers to:</p> <ul style="list-style-type: none"> <li>• general house cleaning</li> <li>• linen services</li> <li>• unaccompanied shopping (delivered to home)</li> </ul> <p>It can include:</p> <ul style="list-style-type: none"> <li>• bill paying (unaccompanied)</li> <li>• clothes washing and ironing</li> <li>• collection of firewood (in remote areas)</li> <li>• dishwashing</li> <li>• help with meal preparation (where this is not the primary focus of service delivery)</li> <li>• house cleaning</li> <li>• shopping (unaccompanied)</li> <li>• washing of household linen or provision and laundering of linen, usually by a separate laundry facility.</li> </ul> <p>Domestic Assistance services may also include demonstrating and encouraging the use of techniques or specific aids and equipment to improve the person's capacity for self-management, build confidence and support client participation where appropriate.</p>
Out-of-scope activities under this service type	<p>The level and frequency of Domestic Assistance services delivered to a client must directly relate to ensuring client safety in the home.</p> <p>CHSP service providers do not give financial advice or offer to assist with managing a person's finances.</p> <p>Accompanied shopping, bill paying and attendance at appointments are not included under Domestic Assistance but are included under Social Support Individual.</p> <p>Domestic assistance providers are not expected to move or re-arrange heavy furniture or items that may put them at risk of injury or harm.</p>
Service delivery setting e.g. home/centre/clinic/community	<p>Normally provided in the home, however in special situations domestic assistance may be delivered at a centre because it is not feasible to deliver the service in the client's home.</p> <p>For example, a day centre may provide washing facilities so that domestic assistance can be delivered to an individual client.</p>
Legislation	<p>Service providers must comply with relevant Commonwealth and/or state/territory legislation and regulations, for example relating to safe food handling and laundering practices.</p>
Output measure	<p>Time (recorded in hours and minutes as appropriate).</p>
Staff qualifications	<p>Where additional services are performed, such as personal care, in conjunction with domestic assistance, requirements relating to that additional service apply.</p>
Fees	<p>Client contribution amount recorded in the Data Exchange (in Fees field).</p>

## Service type: Goods, Equipment and Assistive Technology

<p><b>Objective</b></p>	<p><b>To provide access to goods, equipment or assistive technology which enables the client to perform tasks they would otherwise be unable to do or promote the older person's safety and independence including time limited services to support wellness and reablement goals.</b></p>
<p>Service type description</p>	<p>Goods, equipment and assistive technology are provided to assist a client to cope with a functional limitation and maintain their independence. Items include those that provide short-term and ongoing support and assist with mobility, communication, reading and personal care. These can be provided through loan or purchase.</p> <p>Older people may need a range of items, from smaller inexpensive 'off the shelf' items to customised equipment and technology which requires assessment and prescription by professionals with specialised skills and knowledge.</p> <p>Goods, equipment and assistive technologies that can be purchased under the CHSP fall under the following service sub-types:</p> <ul style="list-style-type: none"> <li>• car modifications</li> <li>• communication aids</li> <li>• medical care aids</li> <li>• other goods and equipment</li> <li>• personal monitoring</li> <li>• reading aids</li> <li>• self-care aids</li> <li>• support and mobility aids (including contributing towards the cost of mobility scooters and vehicle modifications)</li> </ul> <p>and include a wide range of items such as:</p> <ul style="list-style-type: none"> <li>• adapted utensils</li> <li>• assistive technologies such as robotic vacuum cleaners</li> <li>• dressing aids</li> <li>• low vision aids such as binoculars, electronic magnifiers and magnifying/reading software.</li> <li>• over-toilet frames</li> <li>• sensor mats</li> <li>• shower chairs</li> <li>• walking frames</li> </ul> <p>In general it is expected that clients who are unable to purchase the item/s independently will be able to access up to \$1,000 in total support per financial year under this service type.</p> <p>This cap applies in total per client, regardless of how many items are loaned or purchased. It is not a cap applied per item. For example, a client may purchase or lease a walking frame and shower chair in the same financial year as long as the cost is below the maximum annual cap.</p> <p>Where a provider determines it is necessary, a client may be referred to an occupational therapist for an assessment for customised GEAT or for support using a GEAT. CHSP GEAT providers may also use grant funds to purchase an occupational therapy assessment for their clients.</p>

<b>Objective</b>	<b>To provide access to goods, equipment or assistive technology which enables the client to perform tasks they would otherwise be unable to do or promote the older person's safety and independence including time limited services to support wellness and reablement goals.</b>
	<p><b>Note:</b> that these funding caps also apply where funds are used to contribute to the purchase of higher cost items such as mobility scooters and vehicle modifications</p> <p><b>Note:</b> Service providers must record the amount spent in the 'Notes' section of the My Aged Care central client record.</p> <p><b>Note:</b> while some CHSP service providers deliver occupational therapy assessments, GEAT providers may also purchase assessment services privately from other organisations that do not receive funding through the CHSP. Any occupational therapy assessments delivered or purchased must be reported in the Data Exchange.</p>
Out-of-scope activities under this service type	<ul style="list-style-type: none"> <li>• Items that are not related to the functional impairment (e.g. general household or furniture or appliances)</li> <li>• Items that are likely to cause harm to the participant or pose a risk to others.</li> </ul>
Service delivery setting e.g. home/centre/clinic/community	Varied settings.
Use of funds including any target areas	<p>Service providers can use goods, equipment and assistive technology funds to provide services that may be necessary to providing equipment for a client, such as specialised assessment for goods and equipment, providing training or support using the item, and maintaining or repairing the item.</p> <p>These hours must be reported as Allied Health and Therapy Services hours if they were delivered by an Allied Health professional.</p> <p>A client should only be referred for complex goods, equipment and assistive technology following an assessment by a qualified Occupational Therapist. Service providers may purchase Occupational Therapy assessments for clients requiring complex goods and equipment that may be prescribed through the Occupational Therapy assessment, for example where home installation is required.</p>
Specific funding advice	<p>The CHSP is not designed to replace existing state managed schemes which provide medical aids and equipment (e.g. Medical Aids Subsidy Scheme).</p> <p>CHSP service providers are encouraged to access these state and territory aids and equipment programs where appropriate.</p> <p>The national GEAT provider will supply, install and maintain a full range of goods, equipment and assistive technologies to clients wherever they reside in Australia.</p> <p>The national GEAT provider will operate alongside current GEAT providers and under the same requirements from CHSP service providers and service referral processes.</p> <p>Access to informed, independent information on the types of equipment available, and which equipment best meets the client's needs, is an important part of the service delivery system. Service providers are encouraged to seek advice from the national GEAT</p>

<b>Objective</b>	<b>To provide access to goods, equipment or assistive technology which enables the client to perform tasks they would otherwise be unable to do or promote the older person's safety and independence including time limited services to support wellness and reablement goals.</b>
	provider <sup>2</sup> , or their state or territory Independent Living Centre which can assist.
Legislation	Service providers must comply with relevant Commonwealth and/or state/territory legislation and regulations.
Output measure	Cost in dollars – of the amount service provider spent. Hours of Allied Health and Therapy Services delivered must be recorded separately in the Data Exchange if applicable.
Staff qualifications	Training for clients in the use of goods, equipment and assistive technology should be provided by people with appropriate knowledge and skills. For example, speech pathology assessment is required to assess clients for communication aids and equipment.
Fees	Client contribution amount recorded in the Data Exchange (in Fees field).

### Service type: Home Maintenance

<b>Objective</b>	<b>To provide home maintenance services that assist clients to maintain their home in a safe and habitable condition. Maintenance services provided must be linked to assisting clients to maintain their independence, safety, accessibility and health and wellbeing within the home environment. Maintenance services can also assist in creating a home environment that facilitates a client's wellness and reablement goals.</b>
Service type descriptio	<p>Home maintenance services provided to clients must focus on repairs or maintenance of the home and garden to improve safety, accessibility and independence within the home environment for the client, by minimising environmental health and safety hazards.</p> <p>This includes home and yard maintenance and repairs that mitigate or remove identified risks to a client's health and safety and/or services targeted at maintaining a home environment which supports a client's wellness and reablement goals.</p> <p>Services refer to:</p> <ul style="list-style-type: none"> <li>• garden maintenance</li> <li>• major home maintenance and repairs</li> <li>• minor home maintenance and repairs</li> </ul> <p>A home based assessment by a RAS is important for developing initial home and yard maintenance plans.</p> <p>Activities funded can include a range of maintenance or repair tasks such as:</p> <ul style="list-style-type: none"> <li>• Accessible, low maintenance garden redesign to support wellness and reablement goals</li> </ul>

<sup>2</sup> Phone number to be advised

<b>Objective</b>	<p><b>To provide home maintenance services that assist clients to maintain their home in a safe and habitable condition.</b></p> <p><b>Maintenance services provided must be linked to assisting clients to maintain their independence, safety, accessibility and health and wellbeing within the home environment.</b></p> <p><b>Maintenance services can also assist in creating a home environment that facilitates a client's wellness and reablement goals.</b></p>
	<ul style="list-style-type: none"> <li>• Minor plumbing, electrical &amp; carpentry repairs where client safety is an issue</li> <li>• Repair of internal flooring and external access pathways to address slip and trip hazards</li> <li>• Secure access issues for clients' personal safety</li> <li>• Working-at-height related repairs or cleaning for client health and safety i.e. gutters, roofs, windows, ceilings, smoke alarms</li> <li>• Yard maintenance – essential pruning, yard clearance or lawn mowing where there are issues for client safety and access.*</li> </ul> <p>* The provision and frequency of on-going home maintenance services (lawn mowing and garden pruning) must directly relate to assessed client need in terms of maintaining accessibility, safety, independence or health and wellbeing and be subject to regular review. These are basic services primarily for function and safety rather than for aesthetic effect.</p>
<p>Out-of-scope activities under this service type</p>	<p>Yard maintenance and gardening services must directly relate to ensuring client safety, rather than maintaining a garden's visual appeal or aesthetic value. Extensive gardening services – planting and maintaining crops, natives and ornamental plants; the installation, maintenance and removal of garden beds, compost heaps, watering systems, water features and rock gardens; and landscaping are outside the scope of this service type.</p> <p>General renovations of the home must not be purchased using CHSP funding.</p> <p>The program does not provide services that are the responsibility of other parties e.g. private rental landlords, government housing, Local Government Authorities or where damage to a property is covered by insurance.</p>
<p>Service delivery setting e.g. home/centre/clinic/community</p>	<p>The client's home and/or yard where the client holds responsibility for the maintenance or repair of same.</p> <p><b>Note:</b> Services will not be delivered where another entity holds responsibility for maintenance or repair to the home; similar Government support is already provided or where it is a state or territory government responsibility to provide this type of support e.g. clients living in social housing would receive home maintenance and repair support through their state or territory government but may still hold responsibility for the maintenance of their yard.</p>
<p>Legislation</p>	<p>Service providers must comply with relevant Commonwealth and/or state/territory legislation and local Council Authority regulations e.g. where the work is undertaken by licensed or registered tradespeople.</p>
<p>Output measure</p>	<p>Time (recorded in hours and minutes as appropriate).</p>

<b>Objective</b>	<b>To provide home maintenance services that assist clients to maintain their home in a safe and habitable condition. Maintenance services provided must be linked to assisting clients to maintain their independence, safety, accessibility and health and wellbeing within the home environment. Maintenance services can also assist in creating a home environment that facilitates a client's wellness and reablement goals.</b>
Staff qualifications	Service providers must adhere to any legislative or regulatory requirements where the work is undertaken by licensed or registered tradespeople.
Fees	Client contribution amount recorded in the Data Exchange (in Fees field).

### Service type: Home Modifications

<b>Objective</b>	<b>To provide home modifications that increase or maintain levels of independence, safety, accessibility and wellbeing. Modification services can also assist in creating a home environment that supports wellness and reablement and restorative practices.</b>
Service type description	<p>Services are provided to assist eligible clients with the organisation and cost of simple home modifications and where clinically justified, more complex modifications.</p> <p>Home modifications provide changes to a client's home that may include structural changes to increase or maintain the person's functional independence so that they can continue to live and move safely about the house.</p> <p>Examples of home modification activities could include:</p> <ul style="list-style-type: none"> <li>• access and egress pathways through a property</li> <li>• appropriate lever tap sets or lever door handles</li> <li>• grab rails in the shower</li> <li>• client engagement and support</li> <li>• installation and fitting of emergency alarms and other safety aids and assistive technology</li> <li>• internal and external hand rails next</li> <li>• ramps (permanent and temporary)</li> <li>• lifts (noting CHSP providers can only contribute up to \$10,000 per client per financial year, with the client covering the remaining costs)</li> <li>• step modifications</li> </ul> <p>In some clinically justified circumstances home modifications could also include:</p> <ul style="list-style-type: none"> <li>• bathroom redesign (e.g. lowering or removal of shower hobs, changes to design lay out to improve accessibility)</li> <li>• kitchen redesign (e.g. lowering kitchen bench tops, changes to design layout to improve accessibility)</li> <li>• widening doorways and passages (e.g. to allow wheelchair access).</li> </ul> <p>Home modifications are provided to improve safety and accessibility and independence within the home environment for the client. Simple modifications can be installed by the service</p>

Objective	To provide home modifications that increase or maintain levels of independence, safety, accessibility and wellbeing. Modification services can also assist in creating a home environment that supports wellness and reablement and restorative practices.
	<p>provider, in line with the Building Code of Australia and in compliance with state and territory building regulations and include:</p> <ul style="list-style-type: none"> <li>• hand-held showers, sliding shower rails</li> <li>• removal of shower screens/doors – installation of weighted shower curtains</li> <li>• doorway wedges &lt;35 mm rise</li> <li>• slip resistant flooring/step treatments including highlighter strips</li> <li>• lowering or removal of shower hobs</li> <li>• lever taps and door handles</li> <li>• repositioning of clotheslines, letterboxes</li> <li>• widening of pathways.</li> </ul> <p>More complex home modifications require a specialised functional assessment of the client to be undertaken by an Occupational Therapist who will assess the need for home modification, as well as consider alternative solutions that may be more suitable (for example assistive technology and equipment). Home Modification providers may use grant funds to purchase occupational therapy assessments for their clients to help determine their specific care needs and requirements. Any occupational therapy assessments purchased or delivered must be reported on the Data Exchange.</p> <p>The intent of the CHSP is to primarily fund simple home modifications for wellness and safety purposes (i.e. modifications that would incur a cost of less than \$1,000 to the Commonwealth).</p> <p>The Commonwealth contribution to the cost of a complex modification is capped at \$10,000 and applies per client per financial year. Any cost over the cap must be borne by the client.</p>
Out-of-scope activities under this service type	General renovations of the home and Capital Works are not in the scope of the CHSP.
Service delivery setting e.g. home/centre/clinic/community	<p>Client's home.</p> <p><b>Note:</b> Services will not be delivered where another entity holds responsibility for structural changes to the home; similar Government support is already provided through other programs or where it is a state or territory government responsibility to provide this type of support (e.g. clients living in social housing would receive home modification support through their state or territory government).</p> <p>It is the responsibility of the client to investigate and gain any permission necessary before modifications are undertaken, for example permission to modify a private property the client is renting, strata scheme permission or local council authority where applicable.</p> <p>Support to the client to undertake this process may form part of the project management activities undertaken by a service provider.</p>
Use of funds including any target areas	Funds must be targeted towards lower cost modifications that meet client needs. Any complex modification that would incur a cost over the Commonwealth's capped contribution of \$10,000 must be borne by the client.

<b>Objective</b>	<b>To provide home modifications that increase or maintain levels of independence, safety, accessibility and wellbeing. Modification services can also assist in creating a home environment that supports wellness and reablement and restorative practices.</b>
	<p>Service providers can use their home modification funds flexibly to obtain appropriate services for clients where clinically justifiable to increase independence within the home.</p> <p>Service providers may purchase Occupational Therapy assessments for clients requiring complex home modifications that may be prescribed through the Occupational Therapy assessment.</p>
Specific funding advice	Funding can be used to cover both the labour costs and the materials cost or only some part of this, for example the initial work including measurement of the home, planning processes and for project management of the modification.
Legislation	<p>Service providers must comply with relevant Commonwealth and/or state/territory legislation and Local Government Authority regulations and Building Code of Australia. This includes holding appropriate licences and insurances, where required.</p> <p>For example, service providers are required to be aware of their obligations to comply with state and territory based laws and regulations relevant to the safe handling and removal of asbestos when undertaking home modifications in the homes of clients.</p>
Output measure	<p>Cost in dollars.</p> <p>Types of modification activity provided, including any Occupational Therapy assessments funded through this service type.</p> <p><b>Notes:</b></p> <p>Both of these fields are mandatory and must be reported.</p> <p>Service providers must also record the amount spent in the 'Notes' section of the My Aged Care central client record.</p> <p>Hours of Allied Health and Therapy Services delivered as part of the overall service to the client by an allied health professional must now be reported in the Data Exchange under Home Modifications, and the activity included in the description of activities provided.</p>
Staff qualifications	Providers must comply with Commonwealth and state and territory legislation regarding who can undertake home modifications.
Fees	Client contribution amount recorded in the Data Exchange (in Fees field).

## Service type: Meals

Objective	To provide frail older people with access to meals.
Service type description	<p>This service type refers to:</p> <ul style="list-style-type: none"> <li>meals prepared and delivered to the client's home</li> <li>meals provided at a centre or other setting.</li> </ul> <p>Providing meals to frail older people at home, a centre or in another setting may deliver a range of benefits. These include informal health monitoring of clients and supporting social participation e.g. time spent with the older person when delivering the meal and social interactions enjoyed by the older person at a centre or other setting.</p> <p>The term 'Meals' recognises and includes all varieties of service models in operation, including the provision of main meals such as two and three course lunches and dinners and complementary meal options such as breakfast and snack packs.</p> <p>The carers of frail older people accessing CHSP meal services may receive a meal provided at a centre or other setting where they are accompanying those clients where required.</p>
Out-of-scope activities under this service type (i.e. must not be purchased using CHSP funding)	<p>This service type does not include meals prepared in the client's home.</p> <p>This service does not include meals to carers when meals are delivered to the client's home.</p>
Service delivery setting e.g. home/centre/clinic/community	Delivered to the client's home or provided at a centre or other setting. Centres may include, but are not limited to Senior Citizen Centres and other community-based venues.
Use of funds including any target areas	<p>For meals delivered to the client at home, funds must assist in paying for the production and distribution of the meal. Funding for meals at a centre or other setting must assist in paying for the production of the meal.</p> <p>Funding may be used to access dietetic advice from an Accredited Practising Dietitian where required.</p> <p>Because social security payments provide for the cost of living of recipients it is expected that the cost of the ingredients of the meal will be covered by the client (through their personal income, pension etc.).</p>
Legislation	Service providers must comply with relevant Commonwealth and/or state/territory legislation and regulations, for example relevant state and territory safe food handling practices.
Output measure	<p>Number of meals provided. Meals provided to a carer accompanying the client at a centre should be counted separately.</p> <p>If meals are provided as part of the main service being delivered (e.g. meals provided as part of a Centre Based Respite or Social Support – Group social excursion) this should not be counted or reported separately within the Data Exchange. If the service provider receives separate funding to deliver both Meals and Social Support – Group and/or Centre Based Respite, any meals delivered as part of the group or respite activity must be reported under that service type within the Data Exchange and not separately as an output under the Meals service type.</p> <p>Where a provider delivers for example, a two-course meal (e.g. a main and dessert) this would be considered as one meal. Similarly, if a provider delivered a larger portion to a client, but it was still</p>

<b>Objective</b>	<b>To provide frail older people with access to meals.</b>
	intended to be a part of the same meal, for reporting purposes, this would also be counted as one meal.  By contrast, if a provider delivered dinners intended for two meals across the week, this would be considered two meals.
Staff qualifications	All paid staff and volunteers involved in preparation and handling of food must adhere to safe food handling practices including personal hygiene and cleanliness and must be provided with information regarding safe food handling as it relates to their activities.
Fees	Client contribution amount recorded in the Data Exchange (in Fees field).

### Service type: Nursing

<b>Objective</b>	<b>To provide short-term or intermittent treatment and monitoring of medically diagnosed clinical conditions to support frail older people to remain living at home.</b>
Service type description	<p>Nursing care is the clinical care provided by a registered or enrolled nurse. This care is directed to treatment and monitoring of medically diagnosed clinical conditions and can include use of telehealth technologies to support nursing care and recording client observations.</p> <p>Nursing services also play a role in education of clients in maintenance of good health practices and the delivery of treatments and care that improve a client's capacity to self-manage.</p> <p>Nursing care includes and allows the delegation of nursing-related tasks to other workers, including personal care workers. Where nursing tasks are delegated to a personal care worker and the service provider does not have personal care workers on staff, the provider should contact My Aged Care to facilitate the client's access to that support.</p> <p>CHSP nursing services are not intended to replace or fund support services more appropriately provided under another system, such as the health system or palliative care services.</p>
Out-of-scope activities under this service type	<p>Palliative care and nursing services that would otherwise be undertaken by the health system are not funded under the CHSP.</p> <p>These (complementary) services are considered out-of-scope because government funding is already provided for them through other government programs. For example, where only post-acute care is required, this is considered out-of-scope for the CHSP.</p> <p>However, a client can receive non-health related CHSP services in conjunction with post-acute services, for example following a hospital stay. After this, support services must be reviewed to determine whether the client's current needs are being met.</p>
Service delivery setting e.g. home/centre/clinic/community	Nursing care can be delivered in the client's home, a centre, clinic or other location. It is expected they will be primarily delivered in the client's home.
Legislation	Service providers must comply with relevant Commonwealth and/or state/territory legislation and regulations.
Output measure	Time (recorded in hours and minutes as appropriate). Where nursing is provided, including training of a personal care worker to

<b>Objective</b>	<b>To provide short-term or intermittent treatment and monitoring of medically diagnosed clinical conditions to support frail older people to remain living at home.</b>
	undertake delegated tasks, this should be recorded as nursing hours. Where personal care tasks are provided this should be recorded as personal care hours.
Staff qualifications	Nursing care must be provided by a Registered Nurse or an Enrolled Nurse. Nursing-related tasks may be overseen by a Registered Nurse or Enrolled Nurse. Nursing care allows the delegation of nursing-related tasks to other workers, including personal care workers.
Fees	Client contribution amount recorded in the Data Exchange (in Fees field).

### Service type: Other Food Services

<b>Objective</b>	<b>To educate, train and re-skill frail older people in preparing and cooking a meal in their own home to promote their independence supporting their wellness and reablement goals.</b>
Service type description	Other Food Services refers to: <ul style="list-style-type: none"> <li>• assistance with preparing and cooking a meal in a client's home to promote knowledge, skills, independence, confidence and safety</li> <li>• advice on food including food preparation and nutrition, lessons, training and food storage and safety.</li> </ul>
Out-of-scope activities under this service type	This does not cover the delivery of a meal prepared elsewhere or providing shopping services for clients.
Service delivery setting e.g. home/centre/clinic/community	The client's home is the primary setting. Some group-based education activities, however, may occur at centres such as education classes about nutrition.
Use of funds including any target areas	Funding must be used for activities that directly involve the client and promote their independence through education and re-skilling activities.
Legislation	Service providers must comply with relevant Commonwealth and/or state/territory legislation and regulations, for example safe food handling practices.
Output measure	Time (recorded in hours and minutes as appropriate).
Staff qualifications	All paid staff and volunteers involved in the preparation and handling of food must be provided with information regarding safe food handling as it relates to their activities. Service providers are required to comply with state and territory based references and guidelines relevant to safe food handling practices.  Advice on nutrition must be provided by an Accredited Practising Dietitian, a Certificate IV Nutrition and Dietetics Assistant under the guidance of an Accredited Practising Dietitian, or a qualified nutritionist.
Fees	Client contribution amount recorded in the Data Exchange (in Fees field).

## Service type: Personal Care

<b>Objective</b>	<b>To provide frail older people with support in activities of daily living that help them maintain appropriate standards of hygiene and grooming including time limited services to support wellness and reablement goals.</b>
Service type description	<p>Personal care provides assistance with activities of daily living self-care tasks in order to help a client maintain appropriate standards of hygiene and grooming, including:</p> <ul style="list-style-type: none"> <li>• assistance with self-care</li> <li>• assistance with client self-administration of medicine.</li> </ul> <p>Activities can include support with:</p> <ul style="list-style-type: none"> <li>• eating</li> <li>• bathing</li> <li>• toileting</li> <li>• dressing</li> <li>• grooming</li> <li>• getting in and out of bed</li> <li>• moving about the house</li> <li>• assistance with client self-administration of medicine (including from dose-administration aids and reporting of failure to take medicines).</li> </ul> <p>Services may also include demonstrating and encouraging the use of techniques to improve the person's capacity for self-management and building confidence in the use of equipment or aids, such as a bath seat or handheld shower hose to support wellness and reablement goals.</p>
Service delivery setting e.g. home/centre/clinic/community	<p>Personal care is normally provided in the home. In special situations personal care assistance may be delivered at a centre or other community setting because it is not feasible to deliver the service in the client's home.</p> <p>This may be because the client is homeless, itinerant or living in a temporary shelter and the centre is able to provide the shower and washing facilities required for client care.</p>
Legislation	<p>Service providers must comply with relevant Commonwealth and/or state/territory legislation and regulations.</p> <p>State and territory legislation governs medication management. Service providers must take into account all relevant legislation and guidelines in developing policies and procedures around assistance with client self-administration of medicine (including from dose-administration aids and reporting of failure to take medicines) provided under the CHSP.</p>
Output measure	Time (recorded in hours and minutes as appropriate).
Staff qualifications	<p>For personal care, including assistance with client self-administration of medicine, a Certificate III in aged/community care or equivalent is desirable.</p> <p>This includes any circumstances where nursing-related tasks are delegated to personal care workers which is permitted under the CHSP (see the Nursing service type in this program manual for more information).</p>
Fees	Client contribution amount recorded in the Data Exchange (in Fees field).

## Service type: Social Support – Group

<b>Objective</b>	<b>To assist frail older people to participate in community life and feel socially included through structured, group-based activities that develop, maintain or support independent living and social interaction whilst facilitating their wellness and reablement goals.</b>
Service type description	<p>Social support – Group (formerly known as Centre-Based Day Care) provides an opportunity for clients to attend and participate in social interactions which are conducted away from the client’s home and in, or from, a fixed base facility or community based settings.</p> <p>These structured activities are provided in a group-based environment and designed to develop, maintain and support social interaction and independent living.</p> <p>Activities may take the form of:</p> <ul style="list-style-type: none"> <li>• group-based activities held in or from a facility/centre (e.g. pre-set or individually tailored activities promoting physical activity, cognitive stimulation and emotional wellbeing)</li> <li>• group excursions conducted by centre staff but held away from the centre</li> <li>• Online group activities facilitated by the CHSP provider. This may include computers, laptops or devices owned by or leased to clients</li> </ul> <p>Services may include light refreshments and associated transport and personal assistance (e.g. help with toileting) involved in attendance at the centre.</p> <p>Social Support Group providers may use grant funding to purchase IT equipment, including tablets, laptops, and internet subscriptions to help connect older Australians to their family, carers and social groups. This support is capped at \$500 per client per year (or up to \$1,000 in exceptional circumstances) in accordance with CHSP arrangements for other aids, equipment and assistive technologies.</p>
Out-of-scope activities under this service type	<p>Social gatherings that do not specifically aim to support older people’s social inclusion and independence.</p> <p>Personal Alarms and Home Monitoring Equipment.</p>
Service delivery setting e.g. home/centre/clinic/community	<p>Usually centres or fixed-base facilities but can include community settings away from the centre (e.g. group excursions).</p>
Legislation	<p>Service providers must comply with relevant Commonwealth and/or state/territory legislation and regulations.</p>
Output measure	<p>Time (recorded in hours and minutes as appropriate).</p> <p>If a service provider provides transport to/from a centre and receives funding to deliver both CHSP Transport and Social Support – Group, they should record the transport to/from the centre separately to the Social Support – Group activity.</p> <p>Where transport is provided (separate to any excursion) to a carer accompanying the frail older client this should also be counted.</p> <p>CHSP providers that are not funded for Transport may incorporate the cost of transporting clients to their Social Support – Group unit price, but should not report them as separate Transport outputs in the Data Exchange. Any transport provided as part of an excursion or activity within the centre’s program will not be counted as a separate transport service.</p>

<b>Objective</b>	<b>To assist frail older people to participate in community life and feel socially included through structured, group-based activities that develop, maintain or support independent living and social interaction whilst facilitating their wellness and reablement goals.</b>
	Any meals provided as part of an excursion or activity within the centre's program will not be counted as a separate meal service.
Staff qualifications	<p>Appropriately qualified staff must be used to conduct activities of a specific nature, such as allied health activities or exercise programs.</p> <p>Where staff or volunteers are involved in other activities as part of Social Support – Group, they must have relevant qualifications, for example any food handling and meal preparation must adhere to safe food handling practices including personal hygiene and cleanliness.</p>
Fees	Client contribution amount recorded in the Data Exchange (in Fees field).

### Service type: Social Support – Individual

<b>Objective</b>	<b>To assist frail older people to participate in community life and feel socially included through meeting their need for social contact and company whilst facilitating their wellness and reablement goals.</b>
Service type description	<p>Social support – individual is assistance provided by a companion (paid worker or volunteer) to an individual, either within the home environment or while accessing community services, which is primarily directed towards meeting the person's need for social contact and/or company in order to participate in community life.</p> <p>Services funded include:</p> <ul style="list-style-type: none"> <li>visiting services</li> <li>telephone and web-based monitoring services (including other technologies that help connect older people to their community e.g. to assist people with sensory impairments or those living in geographically isolated areas)</li> <li>accompanied activities (such as assisting the person through accompanied shopping, bill-paying, attendance at appointments and other related activities).</li> </ul> <p>Social support is usually provided one-on-one but may also be provided to more than one person, for example, where social support is provided to an aged couple.</p> <p>Social Support Individual providers may use grant funding to purchase IT equipment, including tablets, smart devices and internet subscriptions to help connect older Australians to their family, carers and social groups. This support is capped at \$500 per client per year (or up to \$1,000 in exceptional circumstances) in accordance with CHSP arrangements for other aids, equipment and assistive technologies.</p>
Out-of-scope activities under this service type	<p>Unaccompanied activities such as bill-paying and shopping, which are considered Domestic Assistance.</p> <p>Social Support provided to the client in a group-based environment at, or from a fixed base facility away from their residence, which is considered Social Support – Group.</p>

<b>Objective</b>	<b>To assist frail older people to participate in community life and feel socially included through meeting their need for social contact and company whilst facilitating their wellness and reablement goals.</b>
	Care workers may assist clients to schedule medical appointments and can wait for the client in the waiting room, but are not required to attend the medical consultation.  Personal Alarms and Home Monitoring Equipment.
Service delivery setting e.g. home/centre/clinic/community	Client's home or community setting.
Use of funds including any target areas	Funding must be targeted at supporting older people to participate in community life.
Legislation	Service providers must comply with relevant Commonwealth and/or state/territory legislation and regulations.
Output measure	Time (recorded in hours and minutes as appropriate).
Staff qualifications	Where staff or volunteers are involved in other activities as part of Social Support – Individual, they must have relevant qualifications, for example any food handling and meal preparation must adhere to safe food handling practices including personal hygiene and cleanliness.
Fees	Client contribution amount recorded in the Data Exchange (in Fees field).

## Service type: Specialised Support Services

Objective	To provide services that meet the specialised needs of older people living at home.
Service type description	<p>This service type refers to specialised or tailored services for older people who are living at home with a particular condition such as dementia or vision impairment.</p> <p>These services help clients, and their carers and families, to manage these conditions and maximise client independence to enable them to remain living in their own homes.</p> <p>They comprise a mix of direct service delivery, tailored support and expert advice.</p> <p>They also provide support to other service providers to meet the specialised needs of those clients through awareness raising, information sharing and education.</p> <p>Specific service sub-types delivered include:</p> <ul style="list-style-type: none"> <li>• continence advisory services</li> <li>• dementia advisory services</li> <li>• vision support services</li> <li>• hearing support services</li> <li>• other support services (e.g. occupational therapy driver assessments)</li> </ul>
Out-of-scope activities under this service type	<p>Specialised support services that would otherwise be undertaken by the health system are not within scope.</p> <p>Services that are already funded under other Commonwealth, state, territory or local government programs are not within scope.</p>
Service delivery setting e.g. home/centre/clinic/community	Varied settings.
Use of funds including any target areas	Service providers can use funds to support clients with specific needs such as those with dementia, incontinence, vision impairment, hearing loss or other conditions.
Legislation	Service providers must comply with relevant Commonwealth and/or state/territory legislation and regulations.
Output measure	<p>Time (recorded in hours and minutes as appropriate).</p> <p>Outputs recorded should include delivery of all advice and support, including transport where delivered.</p> <p>Note: both of these fields are mandatory and must be reported.</p>
Staff qualifications	<p>Appropriately qualified staff must be used to conduct activities.</p> <p>Allied health providers must meet their respective accreditation and registration requirements and operate within the scope of practice of their particular regulated or self-regulated body. Depending on the respective accreditation and registration requirements, this may permit activities being undertaken by assistant allied health professionals or less qualified staff.</p>
Fees	Client contribution amount recorded in the Data Exchange (in Fees field).

## Service type: Transport

Objective	To provide frail older people with access to transport services that supports their access to the community.
Service type description	<p>Transport refers to the provision of a structure or network that delivers accessible transport to eligible clients and includes:</p> <ul style="list-style-type: none"> <li>• direct transport services which are those where the trip is provided by a worker or a volunteer</li> <li>• indirect transport services including trips provided through vouchers.</li> </ul> <p>The provision of community transport services under the CHSP assists frail older people to remain actively connected with their local community. Transport services aim to assist client to continue with their usual activities, such as attending community groups or medical appointments, enabling them to keep active and socially engaged.</p> <p>Community transport services delivered under the CHSP are not intended to replace or fund transport services more appropriately provided under another system, such as State/Territory administered patient transport services.</p>
Service delivery setting e.g. home/centre/clinic/community	Includes, but is not limited to, transport services provided to or from facilities or the client's home.
Use of funds including any target areas	<p>Funding must be used for non-assisted/assisted transport and planned (group) and on-demand (individual) services.</p> <p>The carers of frail older people accessing CHSP transport services may accompany those clients when using those services where required.</p> <p>Transport providers may only use CHSP funding to lease, rather than purchase vehicles.</p>
Legislation	<p>Service providers must comply with relevant Commonwealth and/or state/territory legislation and regulations, for example holding appropriate licenses, meeting state accreditation standards and meeting any legislated access requirements.</p> <p>As per Section 4.2 of this program manual, all CHSP services must be able to offer accessible service options to people with physical or sensory disabilities.</p>
Output measure	<p>Number of one-way trips.</p> <p>Service providers are to count clients and carers separately when reporting outputs within the Data Exchange.</p> <p>If transport is funded under CHSP and provided as a related, but still separate service (e.g. transport of clients attending a Day Therapy Centre) this should be counted as a separate service for each trip, in addition to the attendance at the Day Therapy Centre, when recording in the Data Exchange.</p> <p>Where transport forms part of the main service being delivered (e.g. a bus trip as part of a Social Support – Group social excursion) this should not be counted or reported separately within the Data Exchange.</p>
Staff qualifications	<p>Drivers of transport services must hold an appropriate licence.</p> <p>Service providers must also take reasonable care to ensure the safety of all concerned where paid staff or volunteers are providing transport services.</p>

<b>Objective</b>	<b>To provide frail older people with access to transport services that supports their access to the community.</b>
	It is the responsibility of the service provider to ensure they are meeting their Work Health and Safety responsibilities for safe driving and client transport practices.
Fees	Client contribution amount recorded in the Data Exchange (in Fees field).

### 3.2.2 Care Relationships and Carer Support Sub-Program

#### **Objective**

To support and maintain care relationships between carers and clients, through providing good quality respite care for frail older people so that carers can take a break.

#### **Target population**

Frail older CHSP clients will be the recipients of planned respite services, providing their carers with a break from their usual caring duties.

#### **Eligibility**

CHSP clients who require planned respite services to support and assist with maintaining the caring relationship.

#### **Funded services**

Service providers should give consideration to models of respite care that support CHSP clients with carers in employment, training or study. This may include for example, the availability of respite services outside of current standard operating hours, to assist carers to balance work and caring responsibilities.

Details on the planned respite service types funded under this sub-program are provided in the tables on the following pages, including a service type definition and service settings.

## Client scenario — helping carers continue caring: nurturing the care relationship

### KERRY

Kerry is 75 years old. She is the carer for her 83 year old husband, Ronald, who has incontinence and mobility problems due to muscle weakness. Kerry assists him with his personal care, drives him to appointments, and takes him on short outings.

In the last six months Kerry has noticed her health beginning to suffer from concern about her husband and poor sleep. She is also finding it increasingly difficult to balance providing for his needs and continuing the activities she used to enjoy, such as croquet at the local club with her friends.

Her sister suggests that Kerry calls My Aged Care to see what support she and Ronald may be eligible for. Kerry and Ronald both consent for My Aged Care to register them as clients and create client records. After screening by the contact centre they are both referred for a RAS assessment.

During the assessment process, both of their care needs and goals are identified: including what help is needed to support Kerry (as carer) and the care relationship she has with her husband.

As a result of the assessment, CHSP services are organised to meet their needs. For Ronald, this includes continence aids and fortnightly physiotherapy to address his muscle weakness. Two hours per fortnight of ongoing, flexible (in-home) respite care is also arranged.

Over the coming weeks Ronald becomes comfortable with the respite worker and requests that the same staff member provides the respite services each time. The respite is scheduled at a time that allows Kerry to return to croquet.

These CHSP services benefit Ronald and give Kerry more balance in her life.

### Service type: Centre-based respite

Objective	To support and maintain care relationships between carers and clients, through providing good quality respite care for frail older people so that carers can take a break.
Service type description	<p>Respite care is available to CHSP clients. This service benefits the client's carer through providing supervision and assistance to the frail older client. The carer may or may not be present during the delivery of the service. Centre-based respite care includes:</p> <ul style="list-style-type: none"> <li>• <b>centre based day respite</b> – provides structured group activities to clients to develop, maintain or support independent living and social interaction conducted in a community setting.</li> <li>• <b>residential day respite</b> – provides day respite in a residential facility to the client.</li> <li>• <b>community access group</b> – provides small group day outings to give clients a social experience and offer respite to their carer.</li> </ul> <p>Service providers are required to structure services in such a way that allows them to be as responsive as possible to requests from carers for short-term or non-ongoing respite.</p> <p>Residential day respite is defined as day respite in a residential facility (where the booking cannot be used for overnight stays)</p>
Out-of-scope activities under this service type	Residential respite that is delivered under the <i>Aged Care Act 1997</i> (see Glossary).
Service delivery setting e.g. home/centre/clinic/community	Varied group-based settings including a centre and respite delivered as an outing etc.
Legislation	Service providers must comply with relevant Commonwealth and/or state/territory legislation and regulations.

<b>Objective</b>	<b>To support and maintain care relationships between carers and clients, through providing good quality respite care for frail older people so that carers can take a break.</b>
Output measure	<p>Time (recorded in hours and minutes as appropriate).</p> <p>If a service provider provides transport to/from a centre and receives funding to deliver both CHSP Transport and Centre-Based Respite, they should record the transport to/from the centre separately to the respite activity.</p> <p>CHSP providers that are not funded for Transport may incorporate the cost of transporting clients into their Centre Based Respite unit price, but should not report them as separate Transport outputs in the Data Exchange.</p> <p>Any transport provided as part of an excursion or activity within the centre's program will not be counted as a separate transport service.</p> <p>Any meals provided as part of centre-based respite within the centre's program should not be counted as a separate meal service.</p>
Staff qualifications	Where additional services are performed e.g. personal care, in conjunction with respite – requirements relating to that additional service apply.
Fees	Client contribution amount recorded in the Data Exchange (in Fees field).

### Service type: Cottage Respite

<b>Objective</b>	<b>To support and maintain care relationships between carers and clients, through providing good quality respite care for frail older people so that carers can take a break.</b>
Service type description	<p>Respite care benefits the carer through providing supervision and assistance to the frail older client. The carer may or may not be present during the delivery of the service.</p> <p><b>Cottage respite</b> (overnight community respite) provides overnight care delivered in a cottage-style respite facility or community setting other than in the home of the carer, care recipient or host family.</p> <p>Service providers are required to structure services in such a way that allows them to be as responsive as possible to requests from carers for short-term or non-ongoing respite.</p>
Out-of-scope activities under this service type	Residential respite that is delivered under the <i>Aged Care Act 1997</i> . (see Glossary).
Service delivery setting e.g. home/centre/clinic/community	Cottage settings.
Legislation	Service providers must comply with relevant Commonwealth and/or state/territory legislation and regulations.
Output measure	Time (recorded in hours and minutes delivered in a night)
Staff qualifications	Overnight respite can have unique risks for service providers and clients. Service providers need to identify and manage risk through consistent use of the Home Care Standards or any Standards that replace them, the CHSP Grant Agreement and relevant state and territory legislation.

<b>Objective</b>	<b>To support and maintain care relationships between carers and clients, through providing good quality respite care for frail older people so that carers can take a break.</b>
	Where additional services are performed e.g. personal care, in conjunction with respite – requirements relating to that additional service apply.
Fees	Client contribution amount recorded in the Data Exchange (in Fees field).

### Service type: Flexible Respite

<b>Objective</b>	<b>To support and maintain care relationships between carers and clients, through providing good quality respite care for frail older people so that carers can take a break.</b>
Service type description	<p>Respite care benefits the carer through providing supervision and assistance to the frail older client. The carer may or may not be present during the delivery of the service.</p> <p>Flexible respite care includes:</p> <ul style="list-style-type: none"> <li>• <b>In-home day respite</b> – provides a daytime support service for carers of clients needing assisted support in the carer's or the client's home.</li> <li>• <b>In-home overnight respite</b> – provides overnight support service for carers of clients needing assisted support in the carer's or client's home.</li> <li>• <b>Community access–individual</b> – provides one-on-one structured activities to give clients a social experience to develop, maintain or support independent living and social interaction and offer respite to their carer.</li> <li>• <b>Host family day respite</b> – day care received by a client in another person's home.</li> <li>• <b>Host family overnight respite</b> – overnight care received by a client while in the care of a host family.</li> <li>• <b>Mobile respite</b> – provides respite care from a mobile setting</li> <li>• <b>Other</b> – innovative types of service delivery to clients.</li> </ul> <p>Service providers are required to structure services in such a way that allows them to be as responsive as possible to requests from carers for short-term or non-ongoing respite.</p>
Out-of-scope activities under this service type	<p>Residential respite that is delivered under the <i>Aged Care Act 1997</i>. (see Glossary).</p> <p>Group based respite.</p>
Service delivery setting e.g. home/centre/clinic/community	Varied settings including the client's home, a host family's home, other suitable accommodation in the community and respite delivered as an outing etc.
Legislation	Service providers must comply with relevant Commonwealth and/or state/territory legislation and regulations.
Output measure	Time (recorded in hours and minutes as appropriate).
Staff qualifications	Where additional services are performed e.g. personal care, in conjunction with respite – requirements relating to that additional service apply.
Fees	Client contribution amount recorded in the Data Exchange (in Fees field).

### 3.2.3 Assistance with Care and Housing Sub-Program

#### **Objective**

To support those who are homeless or at risk of homelessness, to access appropriate and sustainable housing as well as community care, residential aged care and other support services, specifically targeted at avoiding homelessness or reducing the impact of homelessness.

#### **Target population and eligibility**

The target group is frail older people or prematurely aged people aged 50 years and over (or 45 years and over for Aboriginal and Torres Strait Islander people) who are on a low income and who are homeless or at risk of homelessness as a result of experiencing housing stress or not having secure accommodation.

Prematurely aged people are those aged 50 years and over (or 45 years and over for Aboriginal and Torres Strait Islander people) whose life course such as active military service, homelessness or substance abuse, has seen them age prematurely.

The person being assessed for assistance under the sub-program, and who must meet the above eligibility requirement is regarded as the Principal Client (see Glossary). The Principal Client may have dependants and these are regarded as co-habiting clients.

Co-habiting clients do not need to meet the eligibility requirements and are entitled to receive the same range of Assistance with Care and Housing support as Principal Clients. This is because the stability of the client household is important to the long-term viability of future accommodation arrangements.

Once an individual has been assessed as eligible to access Assistance with Care and Housing services, they remain eligible for this service type indefinitely and do not require a re-assessment for Assistance with Care and Housing services, even if they suspend them for several years. This applies to all Assistance with Care and Housing clients, regardless of age of entry into the program.

Clients who are eligible to access Assistance with Care and Housing services are also eligible to access other CHSP services targeted at avoiding homelessness or reducing the impact of homelessness. Any additional entry level CHSP services made available to an Assistance with Care and Housing client between the age of 50 and 65 (or between 45 and 50 for Aboriginal and Torres Strait Islander people) client must be targeted at avoiding homelessness or reducing the impact of homelessness. All Assistance with Care and Housing clients must be assessed by My Aged Care via the assessment services to determine eligibility and need to receive additional CHSP services. Once a client is assessed as eligible for Assistance with Care and Housing, their eligibility does not expire and they do not require a reassessment to use Assistance with Care and Housing services again in the future.

#### **Service considerations**

To ensure older people are supported in being housed appropriately and to receive the care they need to continue living in the community, service providers funded to deliver Assistance with Care and Housing must follow the principles below.

Assistance with Care and Housing services:

- Will undertake outreach services where appropriate to identify potential clients in need of assistance and keep in contact with those clients.
- Will coordinate and link support for clients in a goal focussed client management relationship.
- Provide opportunities for all associated services and programs to work cooperatively to meet the essential housing, social support and community care needs of extremely vulnerable and disadvantaged members of the community.

- Coordinate a service response that is directed to ensuring appropriate housing is secured for the older person and that their care needs are met so they can continue to live in the community.
- Interact and work with multiple services across a range of sectors.
- Ensure a rapid response to older people who are homeless or at risk of homelessness through one-on-one contact.
- Ensure a flexible and individualised service delivery response within the requirements of the broader CHSP.
- Must have strong links with the community, housing services and all aspects of the aged care sector.
- Will have access to translation and interpreting services under the CHSP to support clients.

### **Assistance with Care and Housing Sub-Program service providers**

It is recognised that a specialised approach is required for Assistance with Care and Housing clients due to their particular circumstances. For these clients, Assistance with Care and Housing service providers may be a point of entry and assessment in addition to My Aged Care.

Assistance with Care and Housing providers can help clients contact My Aged Care and work with the My Aged Care RAS, particularly during the assessment process. It is also appropriate for the RAS to refer suitable clients identified during the assessment process to the Assistance with Care and Housing Sub-Program for further support.

Service providers should also update the client's My Aged Care client record with service information (including commencement date and frequency/volume of services). Where there are significant changes in need or additional services needed service providers can request a support plan review, which may lead to a new assessment for the client.

## Client scenario — accommodation and linking to community support

### Pete

Pete is 55 years old and has been sleeping rough for several years. His latest accommodation is a boarding house, where his bedroom is unable to be locked and he is exposed to harassment from other boarders. Pete feels increasingly isolated and fearful for his safety and his health is starting to be impacted.

He has been receiving some help from a local charity, which suggests that Pete contact a CHSP service that provides Assistance with Care and Housing support. He visits the CHSP Assistance with Care and Housing provider and they call My Aged Care together and establish he is eligible to receive support.

With Pete's consent, he is registered as a client. The contact centre refers him to the RAS and notes on the client record that the Assistance with Care and Housing provider can be contacted to assist in arranging an assessment with Pete. Upon contact, the RAS and Assistance with Care and Housing provider organise a time to meet with him at his boarding house. They work together during the assessment and develop a support plan with Pete. The RAS records this information on the client record.

Pete's support plan includes finding better accommodation and other community care and support services to prevent a relapse into homelessness. He also has transport organised through the CHSP to assist him to attend support services not accessible by public transport.

He gives his consent to receive these linking services through the Assistance with Care and Housing provider and a formal referral for service is sent by the assessment service to the provider. The Assistance with Care and Housing provider helps Pete find more secure accommodation in his local area. The small bedsit is self-contained and private, and he feels safer and begins to invite his friends to visit him again which helps him feel connected. The accommodation is also located close to public transport and shops so he can maintain his links with the community, such as continuing to visit the charity which first assisted him.

Regular follow-up visits by the Assistance with Care and Housing provider to check on Pete's progress shows that his physical and emotional wellbeing has improved with secure accommodation, support for his health and continuing links to the community through social support.

This gives him a renewed sense of optimism and control.

## Service type: Assistance with Care and Housing

<b>Objective</b>	<b>To support those who are homeless or at risk of homelessness, to access appropriate and sustainable housing as well as community care, residential aged care and other support services, specifically targeted at avoiding homelessness or reducing the impact of homelessness.</b>
<b>Service type description</b>	<p>Assistance with Care and Housing services link clients to the most appropriate range of housing and care services in order to meet their immediate and ongoing needs. Service sub-types include:</p> <ul style="list-style-type: none"> <li>• Assessment – Referrals</li> <li>• Advocacy – Financial, Legal</li> <li>• Hoarding and Squalor.</li> </ul> <p>In practice, Assistance with Care and Housing provider engagement with the client and the gradual development of trust, leading to a supportive professional relationship, may take numerous interactions. This requires persistence and a specialised capacity of the worker to manage challenging behaviour. When linking clients into services, clients may require a period of continued support and advocacy to assist them to remain linked with those services.</p> <p>Assistance with Care and Housing support may also be required at times after linkages have been established to conduct early intervention and prevent relapse into homelessness or estrangement from support services and a resultant decline in the person's welfare.</p> <p>Service providers are required to develop links with other local care services and provide a referral service for clients to those agencies that offer care and support services. Examples of linkages to be made include but are not limited to:</p> <ul style="list-style-type: none"> <li>• CHSP service providers</li> <li>• the RAS as part of My Aged Care</li> <li>• Aged Care Assessment Program/Team</li> <li>• residential aged care where appropriate</li> <li>• Home Care Packages</li> <li>• state and territory programs and resources</li> <li>• veterans' home care services</li> <li>• health services</li> <li>• local government services</li> <li>• other services appropriate to the needs of the client, such as community care and other support services.</li> </ul> <p><b>Hoarding and Squalor</b></p> <p>Hoarding Disorder can be associated with health risks and can impact on an individual's friends and family. People experiencing Hoarding Disorder can be assisted by specialist intervention.</p> <p>CHSP Hoarding and Squalor services can be offered to clients experiencing symptoms of Hoarding Disorder or who are living in severe domestic squalor. The range of Hoarding and Squalor services may include: developing a client plan; one-off clean-ups; review care plans and linking clients to specialist support services.</p>
<b>Out-of-scope activities under this service type</b>	<p>Permanent support and/or direct care provision are out-of-scope.</p> <p>Funding to purchase accommodation for clients.</p>

<b>Objective</b>	<b>To support those who are homeless or at risk of homelessness, to access appropriate and sustainable housing as well as community care, residential aged care and other support services, specifically targeted at avoiding homelessness or reducing the impact of homelessness.</b>
Service delivery setting	Varied – including a client’s home, at a centre or clinic, in the community.
Use of funds including any target areas	<p>Service providers are funded to conduct outreach to potential clients, link clients to appropriate specific services in their area, advocate for their clients and deliver hoarding and squalor services. They may provide clients with direct contact details for linked services, or where judged necessary, provide active liaison and representation on behalf of clients.</p> <p>Service providers are also funded to assist the Principal Client to locate, apply for, and relocate to housing in an area suitable to the needs of the Principal and co-habiting Client.</p>
Legislation	Service providers must comply with relevant Commonwealth and/or state/territory legislation and regulations.
Output measure	Time (recorded in hours and minutes as appropriate).
Staff qualifications	Staff must possess an appropriate level of knowledge and skills in relation to socially isolated and/or disadvantaged people.

### 3.2.4 Service System Development Sub-Program

#### Objective

To support the development of the home support service system and enable CHSP service providers to operate effectively in line with the objectives of the CHSP and within the context of the broader aged care system.

#### Target population

CHSP service providers, excluding the provider delivering the SSD service and aged care consumers seeking assistance navigating aged care.

#### Service type: Sector Support and Development

Objective	To support the development of the home support service system and enable CHSP service providers to operate effectively in line with the objectives of the CHSP and within the context of the broader aged care system.
Service type description	<p>SSD will support a range of activities to develop and strengthen the home support service system. The types of activities may include:</p> <ul style="list-style-type: none"> <li>• Strengthening the capacity of CHSP service providers to deliver quality services that are responsive to client needs, including clients with diverse needs.</li> <li>• Providing support and advice to the sector on aged care reforms, including the transition to payment in arrears and the Single In-Home Aged Care.</li> <li>• Developing and disseminating information on the CHSP and its interaction with the broader aged care system.</li> <li>• Embedding wellness and reablement and restorative care approaches into CHSP provider service delivery.</li> <li>• Brokering, coordinating and delivering training and education to service providers, workforce and consumers.</li> <li>• Developing and promoting collaborative partnerships within the CHSP and across the broader aged care service system.</li> <li>• Supporting and maintaining the volunteer workforce across the sector.</li> <li>• Supporting aged care clients to navigate the aged care system, particularly clients with diverse needs.</li> </ul> <p>SSD services should be available to all CHSP service providers in the SSD service provider's region and not restricted to CHSP service providers within an overarching organisation.</p> <p>Note the department will advise of further changes to the Sector Support and Development Sub-Program through subsequent editions of this manual.</p>
Out-of-scope activities under this service type	<p>Activities delivered under this service must not include:</p> <ul style="list-style-type: none"> <li>• Activities and services that do not relate to CHSP or the navigation of aged care.</li> <li>• activities and services that only build the capacity of the funded organisation, rather than the capacity of the sector including: <ul style="list-style-type: none"> <li>○ the review and development of internal policies and procedures;</li> <li>○ assessment and compliance with internal or external policies, procedures, guidelines and laws;</li> <li>○ website maintenance, marketing and promoting other non-CHSP services delivered by your organisation;</li> <li>○ support for in-house training and induction;</li> <li>○ supporting the providers own volunteer workforce;</li> </ul> </li> </ul>

Objective	To support the development of the home support service system and enable CHSP service providers to operate effectively in line with the objectives of the CHSP and within the context of the broader aged care system.
	<ul style="list-style-type: none"> <li>○ embedding wellness and reablement in the SSD service provider's own organisation</li> <li>● direct CHSP service delivery and activities more closely aligned with the objectives of other CHSP service types like Social Support, Specialised Support Services, Meals or Transport (Note: Funding Arrangement Managers will work closely with SSD service providers to transfer activities to the CHSP service type they most closely align with);</li> <li>● the provision of advocacy services;</li> <li>● capital works and building maintenance, repairs and refurbishments (e.g. renovations, refitting buildings, installing of gardens, solar panels and blinds etc.);</li> <li>● developing training or information that duplicates existing material;</li> <li>● supporting researchers to recruit older residents to participate in studies and research projects;</li> <li>● the facilitation of home share arrangements;</li> <li>● operating Senior Citizen Centres;</li> <li>● supporting aged care clients to sign up to the SSD provider's other aged care services; and</li> <li>● services already offered by other Commonwealth and State/Territory Government agencies.</li> </ul>
Service delivery setting e.g. home/centre/clinic/community	Activities can be across a range of settings as appropriate.
Use of funds including any target areas	Funding must be used to meet objectives and key deliverables as outlined in the organisation's approved Sector Support and Development Activity Work Plan.
Measure	Funds expended and reports provided in accordance with departmental reporting requirements and the activity described in the organisation's approved Sector Support and Development Activity Work Plan.

## Chapter 4 – Access and interactions

### 4.1 Interaction between the Commonwealth Home Support Programme and other programs

In general CHSP services should not be provided to people who are already receiving other government-subsidised services that are similar to service types funded through the CHSP.

In certain circumstances it is permissible for clients of other programs to access services and support under the CHSP. However, where this occurs this must not unfairly disadvantage other members of the CHSP target population.

#### 4.1.1 Interaction with specific programs and services

##### Health system

CHSP services must not replace or fund supports provided for under other systems including the health care system. For example, the CHSP aims to maximise independence and autonomy for frail older people but is not a substitute for early intervention or rehabilitation, subacute or transition programs provided under the health system.

Post-acute care is also not funded under the CHSP. Where a client is already eligible for CHSP funded assistance or was receiving it prior to hospitalisation, additional support services can be provided following a hospital stay, for a short period of time. After this, support services must be reviewed.

##### Home Care Packages (HCP)

The care needs of a person receiving a home care package should be addressed through their home care package, and any CHSP service types (e.g. meals, transport, nursing) delivered to them would generally be paid for on a full cost-recovery basis from the HCP client's individualised budget. Full cost recovery means that the CHSP provider would charge the HCP client the full cost of the service provision (e.g. in the case of meals, this would include the ingredients, preparation and distribution costs)

This is intended to ensure that the CHSP is able to provide entry-level support services to as broad a population as possible (given that in most cases this will be the only form of support that people receiving CHSP services access), and recognises that HCP clients already receive Government subsidised home care package services. Clients can purchase additional services above the value of their package for an agreed fee with their provider.

There are five circumstances in which a HCP client may be able to access some CHSP subsidised services in addition to the services they are receiving from their HCP budget. The additional CHSP services will not be charged to the client's individualised HCP budget, however, the client will still be expected to contribute to the cost of these services in line with the CHSP provider's client contribution policy.

The five defined circumstances include:

1. Clients on a Level 1 or 2 package: where a client's individualised budget has been fully allocated, HCP clients may access short-term Allied Health and Therapy Services or Nursing services through the CHSP, where these specific services may assist the client to get back on their feet after a setback (such as a fall).
2. Clients on Level 1 to 4 package: where a client's individualised budget has been fully allocated and a carer requires it, a HCP client may access additional planned short-term respite services through the CHSP.
3. Clients on Level 1 to 4 package: in an emergency situation and where a client's individualised budget has been fully allocated, additional CHSP services can be accessed on a short term basis. These instances must be time limited, monitored and reviewed.
4. Clients on an interim Level 1 or 2 package who are waiting for a Level 3 or 4 package: where the client's individualised budget has been fully allocated, a client can access additional home modifications through the CHSP.

5. Clients on a Level 1 to 4 package who have transitioned from the CHSP may continue to access their existing CHSP social support group on an ongoing basis to allow the continuity of social relationships. This only applies to clients attending a pre-existing CHSP social support group service.

Where CHSP services are provided to a HCP client, the CHSP service provider must accurately report the services delivered in DEX as they would with any other client.

All HCP clients must be assessed through My Aged Care to receive these additional CHSP services (with the exception of pre-existing CHSP social support group activities). The assessment should be undertaken by the assessment organisation that undertook the most recent assessment of the client, which in most instances will be an ACAT. The additional services must be provided in line with the first four circumstances described above and at an entry-level of support consistent with services provided under the CHSP.

In addition, CHSP service providers should only supply additional CHSP services to home care package clients in the first four categories above where they have capacity to do so without disadvantaging other current or potential CHSP clients - that is, CHSP services should prioritise people who need CHSP support but do not have access to other support services over people who are already in receipt of a home care package. Social support group services whose CHSP clients transition onto a HCP should continue to deliver services under normal CHSP arrangements to these clients.

### **Interim CHSP services for clients on the HCP waitlist**

Where a new client has been assessed and approved as eligible for a HCP but is waiting to receive that package, the Aged Care Assessment Team (ACAT) may approve the client for services under the CHSP as an interim arrangement. This must only be to an entry-level of support consistent with the CHSP, not the level of support of the home care package they are eligible for.

Clients with an approval for a HCP, or whom are on the National Priority System, should not be prioritised above clients without this on the basis of this alone. Priority timeframes are referenced in the My Aged Care Guidance for Providers document available on the Department's website. Service providers are to take this rating into account along with their own capacity to respond with existing resources within the timeframes before accepting a client.

### **Residential Care**

Residential care recipients (including recipients of residential aged care through a MPS) will not be able to access CHSP services unless on a full cost recovery basis.

### **National Disability Insurance Scheme (NDIS) and other disability supports**

The NDIS is not intended to replace the health or aged care systems. The [National Disability Insurance Scheme Act 2013](#) specifies that a person is eligible for the NDIS if they meet its age, residential and disability requirements. The age eligibility requirements mean that a person needs to have acquired their disability and made their access request before the age of 65 to be an NDIS participant.

People who are not able to access the NDIS but have a disability and are aged 65 or over will be able to access the CHSP if they are eligible, but within its scope as the entry tier of aged care.

CHSP service providers will be required to make reasonable provisions to accommodate the specific needs of clients with disabilities to enable them to access services that are within scope, such as providing services that are responsive to the client's specific needs.

### **Disability Support for Older Australians**

The Disability Support for Older Australians Program (DSOA) came into effect on 1 July 2021, replacing the Continuity of Support (CoS) Programme. The DSOA Program provides support to older people aged 65 and over (and Aboriginal and Torres Strait Islander people aged 50 years and over) who were previously supported under CoS.

The DSOA Program will provide improved parity with the NDIS and a more client-centred program through:

- Funding for disability services being better aligned with market pricing and consistency across states and territories
- Moving all client to an Individual Support Package overseen by a single DSOA service coordinator for each client, will refocus service delivery on individual client needs; and
- Meeting the Commonwealth commitment to continue supporting DSOA clients with complex needs to live at home or in supported accommodation, and to access increased support as their needs change.

The NDIS Quality and Safeguards Commission will regulate DSOA service coordinators (including subcontracted providers) under the DSOA Program.

Like the CoS Programme, DSOA remains a closed program with no new client entrants.

Further information on the DSOA Program is available in the [Disability Support for Older Australians Program Manual](#).

### **Transition Care as a form of Flexible Care**

In conjunction with State and Territory Governments, the Australian Government funds the Transition Care Programme which assists older people to return home after a hospital stay. A person can only enter transition care directly after being discharged from hospital.

Transition care provides time-limited (up to 126 paid days), goal-oriented and therapy-focused packages of services to older people after a hospital stay, allowing them time to complete their restorative journey and providing them with time to consider their longer-term care options.

### **Short-Term Restorative Care (STRC) as a form of Flexible Care**

STRC is an early intervention program that aims to reverse and/or slow 'functional decline' in older people with the goal of improving individuals' wellbeing and delaying their need to enter residential care or receive a home care package. Unlike transition care, short-term restorative care is available to people without the need for a hospital stay.

STRC provides a time-limited (up to 56 paid days), goal orientated, and coordinated package of services with a focus on multidisciplinary care. It is designed to be a high intensity period of care which may be delivered in a home setting, a residential aged care setting, or a combination of both.

### **Receiving Flexible Care and CHSP at the same time**

People may receive CHSP and flexible care (transition care or STRC) services at the same time, providing they are assessed as being eligible for each program. There are, however, some instances where these programs can provide the same or similar services, such as home modifications or assistance with meals. The department does not support someone receiving duplicate services through two programs.

When planning care, transition care and STRC providers are expected to liaise with their care recipient's existing supports including, where applicable, their CHSP provider.

### **Palliative care**

State and Territory Governments are responsible for the provision and delivery of palliative care and hospice services as part of state health and community service provision responsibilities. As such, decisions on the funding and delivery of palliative care and hospice services in each jurisdiction, are the responsibility of individual State and Territory Governments.

CHSP clients are able to receive palliative care services from their local health system in addition to their home support services, but this needs to be arranged by the person's General Practitioner, or treating hospital. As with any palliative care arrangement, the palliative care team would coordinate the skills and disciplines of many service providers to ensure appropriate care services. This would include working with the client's CHSP service provider(s).

## **Veterans**

Veterans are able to access CHSP services in order to support them to remain independent in their own home in the same way as the general population. This access is determined by their eligibility, assessed need, and any service being provided by other government programs.

A person's eligibility for Department of Veterans' Affairs-funded services such as the Veterans' Home Care Program, community nursing, transport or respite does not preclude that person from accessing services under the CHSP, so long as the client is eligible for services, the support required from the CHSP is entry-level, and there is no duplication in the specific services/assistance being provided.

For example, a person may access Veterans' Home Care for low-level domestic assistance and personal care, but also be receiving transport and delivered meals through the CHSP.

### **4.1.2 Transition Arrangements for Existing Clients**

When the CHSP was implemented in July 2015, existing clients of the former programs that were consolidated into the CHSP (including the Commonwealth HACC program; planned respite services under the NRCP; DTC and ACHA) were transitioned directly into the CHSP to ensure that continuity of care was provided for these clients.

Existing clients of the Victorian HACC program were transitioned directly into the CHSP on 1 July 2016 and those in the Western Australian HACC program were transitioned directly into the CHSP on 1 July 2018.

Existing clients are defined as individuals who were accessing services or approved for services at 1 July 2015 in Queensland, New South Wales, the Australian Capital Territory, Tasmania, South Australia and the Northern Territory, at 1 July 2016 in Victoria and 1 July 2018 in Western Australia; have accessed services at least three times over the previous financial year; or who received care for a continuous period of six months or more in the previous financial year.

Existing clients that have not accessed a CHSP service in the past twelve months must be referred to My Aged Care for assessment before any services can be provided.

Existing clients that were transitioned into the CHSP also included some clients who would not otherwise be eligible for the program (due to their age and/or level of support required). These clients have been grandfathered into the CHSP and will be supported to transfer to more appropriate services (such as the NDIS or HCP Program) when these services became available. Service providers are expected to transition any remaining grandfathered clients whose needs are outside the scope of the CHSP to more appropriate services as they become available.

## **Residential Care**

Prior to 1 July 2015, services funded under the DTC Program were available to residents with an Aged Care Funding Instrument (ACFI) 'low' score in Australian Government funded residential care facilities. These DTC clients were grandfathered under the CHSP.

### **Clients needing services that exceed the level of 'entry-level support'**

Existing clients receiving services prior to 1 July 2015 will continue to receive CHSP support from the current service providers at the current service level until they are transitioned to other forms of more appropriate care. Where the client's service needs have increased or changed, they must be referred to My Aged Care for an assessment.

### **Existing clients receiving services over 'entry-level support' as they wait for a home care package**

Existing clients receiving services over 'entry-level' support prior to 1 July 2015 and waiting for a home care package can continue to receive CHSP services at the current level until the home care package becomes available.

### **Former NRCP or DTC Program clients aged under 65 years**

Clients aged under 65 years who were accessing services under the NRCP or DTC Program prior to 1 July 2015, can continue to receive services under the CHSP until:

- a more appropriate service becomes available, such as the NDIS.
- they no longer require the service.

### **Carers of clients under the age of 65**

Prior to 1 July 2015, there was a small group of carers of clients under the age of 65 receiving services under the former NRCP. Grandfathering arrangements will apply for existing respite arrangements to ensure continuity of care for these clients. These clients may retain access to equivalent services under the CHSP until other suitable services become available.

### **Registering CHSP clients with My Aged Care**

All new clients must enter into the CHSP through My Aged Care. In addition, where an existing client's needs change, including where there is a need for a new service type of a significant increase to their existing service level, the client must be referred to My Aged Care for an assessment before any additional services are provided.

Where an existing client does not have a My Aged Care record, but the client is receiving CHSP services and their needs have changed, they will need to contact My Aged Care for a re-assessment of their needs at which point a My Aged Care record will be created for the client. Please note there is no need to contact My Aged Care if the client's needs have not changed.

## **4.2 Equity of access**

Service providers must ensure that all their clients have equitable access to services. To achieve equitable access, service providers must consider the following key principles:

- Physical access all CHSP services must be able to offer accessible service options to people with physical or sensory disabilities.
- All eligible people assessed as needing a service must have equal access to available CHSP services whether they are an Aboriginal and/or Torres Strait Islander person; from a diverse cultural and linguistic background; or on the grounds of location, marital status, religion and spirituality, gender identity, sexual orientation and intersex status, disability or whether they have the ability to pay for services.
- The CHSP does not have any exclusion from services based on citizenship, residency status or eligibility for Medicare support.
- Eligibility does not translate to having an entitlement to services. Services may not be able to be provided due to other people being assessed as a higher priority or resources not being immediately available.

## **4.3 Prioritisation of referral**

Priority of the referral will be determined by My Aged Care based on the information the contact centre has available at the time of screening, including carer availability, cognition and function. This will be provided with the referral through the My Aged Care provider portal. The priority timeframes are referenced in the [My Aged Care Guidance for Providers](#) document available on the Department's website.

Service providers are to take this rating into account along with their own capacity to respond with existing resources within the timeframes before accepting a client.

## 4.4 Assessment for entry to the Commonwealth Home Support Programme

### 4.4.1 Assessment functions undertaken by My Aged Care

Entry and assessment for the CHSP is through My Aged Care. Detailed information for service providers on interacting with My Aged Care and using the My Aged Care provider portal is available on the [Department of Health](#) website.

My Aged Care incorporates a website and contact centre. The contact centre registers clients via a phone-based screening process and determines the appropriate assessment pathway for referral.

Screening and assessment are supported by a standardised national assessment process (using the NSAF) and a central client record.

#### **The My Aged Care assessment process**

The contact centre registers the client (as appropriate), conducts a screening process over the phone and will then do one of the following:

- refer the client for a face-to-face home support assessment to be conducted by a RAS, if the client can be supported by the CHSP.
- refer the client for a face-to-face comprehensive assessment to be conducted by an Aged Care Assessment Team (ACAT), if the client's needs indicate a higher level of care could be required under the *Aged Care Act 1997*.
- refer the client directly to CHSP service(s), in exceptional circumstances only, as well as for a face-to-face home support assessment to be conducted by a RAS or ACAT as circumstances require.
- provide information about non-Commonwealth funded services.

Where screening over the phone is not appropriate, the contact centre will refer the client for assessment using the information they were able to collect (and after obtaining the client's consent).

#### **Core functions delivered by the Regional Assessment Service**

Once clients have undertaken a preliminary assessment of their circumstances and eligibility for aged care services via a phone-based screening with the contact centre, they will then be further assessed by a RAS to determine their care needs and to provide access to CHSP services. The RAS is responsible for:

- independent assessment of new clients, with a holistic, goal oriented, wellness and reablement focus.
- face-to-face assessments as best practice and whenever possible.
- involvement by family and their carers, representatives or other advocates as appropriate.
- valuing and supporting a client's identify, culture and diversity.
- assessing immediate needs of the client, and not recommending services that are not supported by the assessment.
- supporting client choice and incorporating goal-based support planning.
- matching and referral of assessed clients to appropriate CHSP services and other appropriate formal and informal support services to assist the client to live independently in their own home.
- review or reassessment of existing clients where there is a change in the client's circumstances or care needs.

- identifying and supporting clients with special needs and vulnerable clients who require short-term case management (i.e. linking support) to access a range of aged care and other services e.g. health, housing, disability, financial and aged care services.
- short-term coordination services to assist a to restore their independence using wellness and reablement approaches and reduce their need for ongoing CHSP services.
- during an assessment explain to a client that they are expected to contribute toward the cost of the CHSP services they receive, if they can afford to do so.
- building and maintaining effective and respectful working relationships with all My Aged Care assessors and service providers.

The RAS are required to have local knowledge of CHSP services.

Comprehensive assessments for aged care services (such as home care packages) under the *Aged Care Act 1997* continue to be undertaken by ACATs. The RAS can refer clients to ACATs (when required).

### **Access to Emergency CHSP services**

People seeking access to aged care services for the first time must contact My Aged Care to have a client record created and arrange for an assessment of their care needs.

Clients seeking new or increased services should not approach CHSP service providers before registering with My Aged Care directly unless the client requires an urgent and immediate health or safety intervention.

A client can be referred by My Aged Care directly to a CHSP service provider only if the client has a need for an immediate health or safety intervention that is not available through other means. The services where this is likely to happen include nursing, personal care, meals, grocery shopping and transport.

If the client has a need for an immediate health or safety intervention that is not available through other means, the services should be:

- For a one-off or short-term intervention (e.g. such as nursing for wound care, transport to a specialist medical appointment or the delivery of meals, personal care and other support services due to the absence of a carer) lasting no more than six weeks.
- For a direct health or safety intervention that needs to occur before a face-to-face or telehealth assessment can take place.
- Monitored by the provider and if the client requires long term or ongoing access to services, then the CHSP service provider must support the client to register with My Aged Care (if they have not already done so) and arrange for a RAS or ACAT assessment.

An ACAT or an authorised RAS can refer a client for CHSP services pending an assessment. This may occur, for example, where the client is in a remote or very remote area and where an assessment cannot be undertaken within the normal timeframes.

These circumstances recognise that there are limited situations where delivery of services is required while maintaining the commitment to a more thorough analysis of the client's needs by the RAS or ACAT when possible.

If clients require access to ongoing or long term (greater than 6 weeks) services, then the CHSP service provider must support the client to register with My Aged Care (if they have not already done so) and arrange for a RAS or ACAT assessment.

GPs and hospitals should use their existing processes and networks to refer patients who need urgent CHSP services. My Aged Care should not be used for referrals for services that should be provided to older people through the health system.

If a service provider is approached before the client has contacted My Aged Care, they can assist clients with the My Aged Care registration process by:

- Calling My Aged Care with the person to help them register and be screened. This is the quickest method to registering a client.

- Recording client details in an inbound referral form, accessed from My Aged Care that is sent to the contact centre for actioning.
- Sending a fax with information about the person to My Aged Care for actioning.

### **Face-to-face assessment**

Where face-to-face assessment is required, this will be conducted in the client's home or other appropriate location by the RAS (using the NSAF), building on the information collected by the contact centre during the screening process. Face-to-face assessments are best practice and conducted whenever possible. Where face-to-face contact between the assessor and a client is not possible, for example, when assessing a client in a remote area or the client is inaccessible due to a seasonal weather event or pandemic - a phone, video conference, telehealth or teleconference assessment may be undertaken.

The assessment may result in referring clients to more specialised assessments undertaken under the CHSP where required, such as allied health professionals. The central client record will ensure clients do not need to unnecessarily repeat their story as Commonwealth-funded service providers will have access to this information.

The assessment will focus on the strengths and immediate needs of the individual client, rather than be specific to a particular program or care type. RAS assessors are appropriately skilled, and trained to undertake assessments and identify services appropriate for a diverse range of clients. The My Aged Care training requirements are set out in the My Aged Care Screening and Assessment Workforce Training Strategy which defines and sets the minimum training requirement for the My Aged Care Assessment Workforce.

The national training resources for staff conducting screening and assessment includes consideration of the needs of people from Culturally and Linguistically Diverse (CALD) backgrounds, Aboriginal and Torres Strait Islander people and the Lesbian, Gay, Bisexual, Transgender and Intersex (LGBTIQ) community and working with Carers and Care Relationships. The screening and assessment process, facilitated through the NSAF, ensures diverse needs groups are appropriately considered and provided with culturally appropriate support.

My Aged Care RAS assessors will approach assessment in a way that maximises client independence and autonomy, supporting their desire and capacity to make gains in their physical, social and emotional wellbeing by optimising physical function and active participation in the community.

Where a client may benefit from a short period of more intensive supports, as part of a wellness and reablement approach recommended by a My Aged Care RAS assessor, a goal orientated support service can be delivered under the CHSP for a time-limited period. The nature of these services should be identified in the support plan agreed with the RAS, including the duration of the intensive supports.

### **Review of client needs**

Changes in a client's circumstances or an increase in the client's service delivery needs will require a support plan review to be undertaken by the RAS which may result in a new assessment.

A support plan review refers to a check of the effectiveness and on-going appropriateness of the services the client is receiving. A review of a client may take place where:

- a client has received restorative care interventions under CHSP and has made a functional gain or improvement to remain independent.
- short-term or time-limited support/coordination utilising a wellness and reablement approach has been undertaken by the RAS.
- the My Aged Care assessor sets a review date in the support plan for a short-term service. For example, where the client is referred for time limited support under the CHSP whilst a client is waiting for access to a home care package.

- a service provider identifies a change in the client's needs or circumstances that affects the existing support plan. Such as informal care arrangements have changed/ceased.
- a client identifies a change in their needs or circumstances, or seeks assistance to access new services or change their service provider.

CHSP service providers have an on-going responsibility to monitor and review the services they provide to their clients under the client's care plan to ensure that the client's needs are being met. Where the My Aged Care assessor recommends short term or time limited services, service providers should incorporate suitable review points in the client's care plan or equivalent. Where there is no recommended review date included in the client's My Aged Care support plan, service providers must undertake a review of services they are delivering at least every 12 months. The outcome of this review is to be recorded on the My Aged Care client record.

Where the client requires a different service or a significant increase in services, or where the service provider's review highlights needs or goals not identified on the client's support plan, the service provider must request a support plan review refer the client to the RAS (or the latest assessment organisation) through the provider portal. A client completing a restorative care program may also be referred to the RAS, for identification of any on-going services needed following the end of the program.

Service providers should include clear and detailed information on the request for a support plan review, justify the reason for the review request and, if necessary, outline the urgency for the review. These actions will assist assessors with managing high volumes of review requests, reduce the risk of the assessor cancelling the request or the need for the assessor to follow up individual requests with the provider. Service providers follow the Provider Portal User Guide for further guidance on how to request a support plan review at:

<https://www.health.gov.au/resources/publications/my-aged-care-provider-portal-user-guide-part-2-team-leader-and-staff-member-functions> and refer to the when to request a support plan review from an assessor fact sheet at <https://www.health.gov.au/resources/publications/when-to-request-a-support-plan-review-from-an-assessor-fact-sheet> for more information.

The outcomes of the review may include:

- no change
- an increase or decrease in services or a new service recommendation
- a new assessment to be conducted by the RAS
- a referral to an ACAT for a comprehensive review for services accessed under the *Aged Care Act 1997*.

If there is a significant change in the client's needs and/or circumstances that affect the scope of the support plan, a new assessment must be undertaken by an assessor. This may be initiated by an assessor's support plan review following a request for review by a service provider or by a client. Clients will be referred to the assessment organisation that last undertook the face-to-face assessment.

### **Implementing a wellness and reablement approach**

The My Aged Care RAS assessors meet face-to-face with consumers to determine eligibility for Commonwealth subsidised aged care services, and work with the client to identify areas of concern and set goals as part of developing the client's support plan. Where appropriate, they can refer clients to the national GEAT provider (for goods, equipment and assistive technologies) or available service providers.

Service providers then interpret the Home Support Assessment and support plan with a wellness and reablement approach in mind and in consultation with the client by translating each identified goal into smaller steps to enable clients to progress their goals.

The My Aged Care RAS assessors will be responsible for developing support plans with the client that may result in referral to services that will support their independence utilising a wellness and reablement approach. Such a plan might include some of the following:

- need for assistive devices or equipment
- in-home or community linked exercise and daily activity program
- strategies to reduce falls
- improved awareness and understanding of the use of medication
- ways of managing chronic disease, including improved ways of self-management.

Because of the nature of these services, it is possible there will be several items in the support plan that need to be delivered in a coordinated way over a limited time period. In these circumstances, the assessor could refer a client to a lead provider, the organisation or individual provider who will deliver the key services in the support plan.

More detail on implementing a wellness and reablement approach, to support independence under the CHSP is provided under Chapter 2 of this manual and in the publication [Living well at home: CHSP Good Practice Guide](#).

### **Avenues for client complaints about assessment**

If a client has a complaint about the assessment process or outcome, the client should contact the RAS in the first instance. The RAS will document the complaint and attempt to resolve the complaint within their internal complaints system. (RAS providers are required by the Department to develop and document their own internal complaints system). If a client is not satisfied that their complaint has been resolved by the RAS, they can escalate the complaint by contacting My Aged Care. Complaints relating to assessment organisations are escalated to the Department for investigation. Complaints about service providers are covered under 6.1.7.

## **4.4.2 Service provider requirements for interacting with My Aged Care**

CHSP service providers must:

- provide and update their service data via the My Aged Care online provider portal.
- accept/reject client referrals via the My Aged Care online provider portal in a timely way specified by the referral priority. Please refer to the [department's website](#) for timelines for managing referrals.
- accept referrals where they have capacity to provide the services in a timely manner.
- refer or help clients to access My Aged Care where clients have approached them directly.
- enter and regularly update service information (including commencement date and frequency/volume of services, waitlist availability) and update client details on the client record.
- undertake a review of services being delivered, at least every 12 months with the outcome of the review recorded on the client record.
- maintain up to date service information for the organisation within the provider portal to support accurate and timely referrals and access for clients.
- deliver services within the scope of the service recommendations specified on the support plan.
- refer clients back to My Aged Care when their needs have changed through support plan review request functionality.
- discharge clients whose needs and goals specified on the support plan have been met and who no longer require care and services.
- Encourage clients whose needs are no longer met by entry level CHSP to have a reassessment (through a support plan review request) for other aged care programs that could be more suitable to their changing needs.
- participate in assessment, referral and client record processes as appropriate to support data integrity within My Aged Care.

The *My Aged Care Guidance for Providers* and *My Aged Care Provider Portal User Guide* are available on the [Department of Health](#) website. These documents provide service providers with detailed information on the My Aged Care system.

### **The use of waitlists**

The decision to use and the responsibility for managing waitlists for CHSP services is an internal business decision for individual service providers. Do not accept clients to waitlists where services are not imminently available as this may prevent other local CHSP service providers with capacity from meeting client needs.

### **4.4.3 Assessment functions undertaken by Commonwealth Home Support Programme service providers**

Assessment for eligibility and CHSP services is undertaken by My Aged Care RAS or ACAT assessors who after completing the assessment, refer the client to services delivered by approved service providers.

This separation of assessment from service provision allows for the application of a nationally consistent and standardised approach to assessment delivery. Organisations with service provision and assessment arms must demonstrate operational separation between these different services.

However, CHSP service providers are also required to undertake a small number of assessment functions, where they are intrinsic to the service being delivered.

These include:

- Service level assessment activities relating to the service provider, such as undertaking Work Health and Safety assessments (for both the care worker and client).
- Specialised assessment based on professional expertise (e.g. Nursing, Allied Health and Therapy Services; and face-to-face malnutrition risk assessments by Meals providers where organisations have this knowledge and capacity).
- On-going monitoring of the client, the home environment; and appropriateness of service arrangements.
- A formal review of services must be undertaken at least once every 12 months (these may be done over the phone or face to face with the client).
- Support Plan Review request to an assessor through the My Aged Care service provider portal if the client's care needs change significantly (e.g. high levels of additional services are required or new service types are needed). This will likely lead to a new assessment.

In addition, service providers must follow requirements identified at Section 4.4.2 of this program manual.

#### **Reporting time spent on assessment and client care coordination:**

Where the service level assessment functions involves direct client interaction, the amount of assistance provided by a CHSP service provider can be recorded in DEX as a session of that service sub-service type i.e. nursing, occupational therapy, garden maintenance etc.

Time spent arranging services without direct client interaction (except under the Assistance with Care and Housing sub-programme) should not be reported in DEX.

### **4.4.4 My Aged Care interactions**

#### **Service level assessment**

All review and assessment functions undertaken for the CHSP must incorporate the eligibility and service information and Work Health and Safety requirements outlined in this program manual.

## Privacy and confidentiality

Assessment practices must be in accordance with processes to protect client privacy and confidentiality.

## Sensitive information

With the client's consent, notify My Aged Care if there is sensitive information concerning the client that could affect the health and safety of other My Aged Care workforces. This information is recorded as a sensitive note in the client record that is visible to assessors and contact centre staff.

Sensitive notes or attachments are not visible through the provider portal. Instead, a message will display on the client's record stating "The client has a sensitive note/attachment on the record". If you see this message on your client's record, you should contact the assessor directly, or call the My Aged Care service provider and assessor helpline on 1800 836 799. They will be able to provide you with any relevant information, if it impacts on services you provide.

## Recording deceased clients

When a provider becomes aware a client has passed away, a record must be made in the My Aged Care provider portal.

Ceasing a client's service with the reason of '**Client Deceased**' will change the client's status to '**Deceased**' and make the client record *READ ONLY*. Any unaccepted service referrals will be recalled and the client's access to the client portal will be revoked.

Changing the client's status in this way will also remove the client from the home care package national priority system (the queue) and withdraw any assigned home care packages. This is important to prevent distress for grieving family members caused by correspondence received regarding deceased loved ones.

Instructions on how to discontinue a deceased client's service in My Aged Care are available in the [Quick Reference Guide - Recording and updating client service delivery information using the My Aged Care provider portal](#).

# Chapter 5 – Client contribution framework

## 5.1 Operation of the framework

In October 2015, a principles-based Client Contribution Framework (the Framework) was introduced for the CHSP. CHSP service providers must adhere to this principles-based approach to the charging, collecting and reporting of client contributions.

The Framework outlines the principles service providers should adopt in setting and implementing their own client contribution policy with a view to ensuring that those who can afford to contribute to the cost of their care do so, whilst protecting those most vulnerable. It is designed to support the financial sustainability of the CHSP whilst creating fairness and consistency in the way both new and existing clients contribute to the cost of their care.

## 5.2 Exclusions from the framework

Some CHSP activities and services are specifically excluded from this Framework:

- Assistance with Care and Housing Sub-Program
- Sector support and development activities

## 5.3 Framework objectives

For all other services provided under the CHSP, it is expected that contributions towards the cost of care will move towards a nationally consistent approach over time.

Other than for those services outlined under section 5.2, all CHSP service providers are required to have a documented and publicly available client contribution policy in place that aligns to this Framework and balances the following objectives:

- **To move towards national fairness and consistency in client contributions**

Service providers should move towards collecting contributions if they are not already doing so. Service providers will need to disclose their contribution policy across their range of services and agree contribution amounts with clients in advance of care being provided. The creation and application of a client contribution framework for the provision of CHSP services provides an opportunity to address a number of inconsistencies and financial anomalies inherent in the existing fees and charges for services provided to assist frail older people to remain in their own homes.

- **Improve the sustainability of the CHSP**  
Those service providers who have not previously required clients to make a contribution for the services they receive must have in place a contribution policy with a view to supporting ongoing service delivery and utilising the additional revenue to expand their services.
- **Provide appropriate safeguards for financially disadvantaged clients**  
Client contributions policy should ensure that those least able to contribute towards the cost of their care are protected.

## 5.4 Client contribution principles

Contribution policies for the provision of CHSP services should incorporate the principles below. Further explanation and case studies are provided in the separate *National Guide to the Client Contribution Framework*.

1. **Consistency:** All clients who can afford to contribute to the cost of their care should do so. Client contributions should not exceed the actual cost of service provision.
2. **Transparency:** Client contribution policies should include information in an accessible format and be publicly available, given to, and explained to, all new and existing clients.

3. **Hardship:** Individual policies should include arrangements for those who are unable to pay the requested contribution.
4. **Reporting:** Grant agreement obligations include a requirement for service providers to report the dollar amount collected from client contributions.
5. **Fairness:** The Client Contribution Framework should take into account the client's capacity to pay and should not exceed the actual cost to deliver the services. In administering this, service providers need to take into account partnered clients, clients in receipt of compensation payments and bundling of services.
6. **Sustainability:** Revenue from client contributions should be used to support ongoing service delivery and expand the services providers are currently funded to deliver.

## 5.5 Guide to the framework

The [National Guide to the CHSP Client Contribution Framework](#) (the Guide) was also introduced in October 2015. The Guide complements the Framework and has been developed for service providers to assist with the establishment of flexible options for client contribution arrangements.

# Part B – Administration of the Commonwealth Home Support Programme

## Chapter 6 - Service provider and Departmental responsibilities

### 6.1 Service provider responsibilities

In entering into a Grant Agreement with the Department, the service provider must comply with all requirements outlined in the suite of documents that comprise the Agreement, including:

- the CHSP Extension 2020-2022 Grant Opportunity Guidelines
- the Commonwealth Standard Grant Agreement (including the Commonwealth Standard Grant Conditions and any Supplementary Terms from the Clause Bank)
- the Grant Details (including any other document referenced or incorporated in the Grant Details including the Activity Work Plan)
- this CHSP Program Manual
- the Aged Care Quality Standards
- other documents incorporated by reference into the above documents.

Service providers are responsible for ensuring:

- the requirements of the CHSP Grant Agreement are met
- service provision is effective, efficient and appropriately targeted
- services delivered to clients are in line with individual goals, recommendations and assessment outcomes as identified in their individual My Aged Care support plan.
- Wellness and reablement, and restorative approaches to service delivery support older people improve their function, independence and quality of life
- highest standards of duty of care are applied
- services are operated in line with, and comply with, the requirements as set out within all state and territory and Commonwealth legislation and regulations
- that staff and volunteers in direct care roles with responsibility for the safe delivery of services to clients or groups of clients, receive current and accredited first aid certification
- that up-to-date infectious disease controls and policies are in place and enforced.
- older people with diverse needs have equal and equitable access to available services and are delivered in line with the Aged Care Diversity Framework
- they work collaboratively with stakeholders to deliver services
- they contribute to the overall development and improvement of service delivery such as sharing best practice
- they manage and keep up-to-date their service information via the My Aged Care web-based provider portal.

This chapter outlines service provider and Departmental responsibilities relating to the administration of the CHSP, including:

- Quality arrangements (Section 6.1.1).
- Funding arrangements (Section 6.2).
- Reporting requirements (Section 6.3).

### 6.1.1 Quality arrangements for service delivery

All CHSP service providers must operate in line with the Aged Care Quality Standards (the Standards) and have appropriate procedures in place to meet these. The Quality Standards relate to quality of care and quality of life for the provision of aged care in the community. A link to the Standards is provided in Appendix A of this program manual. The Standards require service providers to demonstrate effective management processes based on a continuous improvement approach to service management, planning and delivery.

This includes policies for managing staff and volunteers, regulatory compliance with funded program guidelines, relevant legislation including work health and safety legislation and professional standards and having complaint mechanisms in place. Some of the Home Care Standards relate to service access and assessment and referral practices.

The Standards apply to all aged care services including residential care, home care, flexible care and services under the Commonwealth Home Support Programme.

There are eight Standards including:

- Standard 1 Consumer dignity and choice
- Standard 2 Ongoing assessment and planning with consumers
- Standard 3 Personal care and clinical care
- Standard 4 Services and supports for daily living
- Standard 5 Organisation's service environment
- Standard 6 Feedback and complaints
- Standard 7 Human resources
- Standard 8 Organisational governance

Each of the eight Standards includes:

- a statement of outcome for the consumer
- a statement of expectation for the organisation

organisational requirements to demonstrate that the standard has been met.

The Standards have been structured so that aged care providers will only have to meet those Standards that are relevant to the type of care and services they provide and the environment in which services are delivered. For more information, please go to <https://agedcare.health.gov.au/quality/aged-care-quality-standards>.

My Aged Care undertakes the registration, screening and assessment of clients requiring aged care services. Although the responsibility of assessments for services under the CHSP resides with My Aged Care and RAS, service providers are expected to continue to monitor and review the client's circumstances to ensure the service delivery is appropriate for the client in meeting their care needs. Service providers must comply with all requirements relating to access and assessment as outlined in Chapter 4 of this program manual.

Service providers must report through the Data Exchange that they have a client contribution policy in place that is consistent with the Client Contribution Framework as detailed in Chapter 5 of this program manual.

#### Quality reviews

The Aged Care Quality and Safety Commission undertakes all quality reviews of aged care services provided in the community, including the CHSP service providers. In accordance with the CHSP Grant Agreement, service providers are obliged to provide the Aged Care Quality and Safety Commission with access to a service delivery site or service outlet, for the purpose of undertaking a quality reporting site visit.

The [Aged Care Quality Standards](#) support service providers to maintain the high quality of service delivery expected by all providers of aged care. Only the CHSP sub-programs which deliver direct care to clients will be subject to Quality Reviews by the Aged Care Quality and Safety Commission.

Further information about the Quality Review process is available at the Aged Care Quality and Safety Commission website at <https://www.agedcarequality.gov.au/providers/assessment->

[processes/quality-review](#). Service providers must address any non-compliance and return to compliance as quickly as possible.

**Note:** the Sub-Programs Assistance with Care and Housing and the Service System Development are not subject to Quality Reviews.

### 6.1.2 Client rights and responsibilities

Service providers must comply with the *Charter of Aged Care Rights* within the User Rights Amendment (Charter of Aged Care Rights) Principles 2019 under the *Aged Care Act 1997*.

Respect for, and promotion of, the rights of clients is integral to the consumer choice philosophy that underpins the CHSP, which also includes a strong emphasis on wellness and reablement.

#### **New CHSP clients**

CHSP service providers must meet all of the requirements of the Charter for all new clients before they enter the CHSP service. For all new clients, CHSP service providers have a responsibility to:

- give the client a copy of the Charter signed by a staff member of the provider;
- assist the client to understand information about consumer rights and responsibilities in relation to the aged care service and consumer rights under the Charter;
- ensure the client, or their authorised person, are given a reasonable opportunity to sign a copy of the Charter;
- keep a record of the Charter given to the client, including:
  - the signature of provider's staff member; and
  - the date on which the provider gave the client a copy of the Charter; and
  - the date on which the provider gave the client (or their authorised person) the opportunity to sign the Charter; and
  - the full name and signature of the client (or authorised person) if they choose to sign).

The purpose of seeking the client's signature is to allow them to acknowledge they have received the Charter and have been assisted to understand it and their rights.

Clients are not required to sign the Charter and can commence, and/or continue to receive care and services, even if they choose not to sign the Charter.

Where a client, or authorised person, has not signed a copy of the Charter, providers will need to:

- set out the date on which the client, or authorised person, was given a copy of the Charter
- include the full name of the client or authorised person.

#### **Scheduling appointments**

In accordance with the Aged Care Quality Standards, clients have the right to be consulted and respected, receive services that are appropriate, planned, delivered and evaluated regularly and have access to complaints and advocacy information and services.

Where possible, service providers should seek to maintain regular and consistent appointment schedules. Service providers should give their clients as much notice as possible if they have to reschedule, cancel or are running late for an appointment. Where a client is unhappy with their care plan arrangements and, they need to contact their service provider in the first instance to make alternative arrangements.

Where a client cancels their appointment within 24 hours of the visit start time, providers do not need to record the service as it was not delivered. Providers should have a clear cancellation policy as part of their client contribution policy and clients should be made aware of this as part of their care plan discussions.

## Existing CHSP clients

CHSP providers were expected to have sent all existing clients a copy of the Charter by 30 September 2019. By 30 June 2020, all existing clients should have been assisted to understand the Charter and be given a reasonable opportunity to sign a copy of the Charter.

To assist providers with this requirement a [Charter of Aged Care Rights Template for Signing](#) is available for downloading from the Department of Health website in English and 18 other languages.

Other resources to support the sector are available on the [Department of Health](#) website.

### 6.1.3 Police checks

Service providers have a responsibility to ensure staff members working with vulnerable people, volunteers and executive decision makers undergo police (or relevant) checks.

Service providers have a responsibility to ensure that all staff, volunteers and executive decision makers working in CHSP services are suitable for the roles they are performing. Service providers must ensure that staff involved in service delivery, including sub-contractor staff meets the *Commonwealth Home Support Programme Police Certificate* requirements at Appendix D of this program manual.

The CHSP Police Certificate Guidelines have been developed to assist service providers with the management of police check requirements under the CHSP (Appendix D).

Where urgent and immediate staff or volunteer recruitment is necessary, CHSP providers may allow essential workers who have applied for, but not yet received, a police check to make a statutory declaration before commencing duties. In these instances, the employee or volunteer must sign a statutory declaration stating that they have never, in Australia or another country, been convicted of a serious or violent crime. A statutory declaration template and more information about statutory declarations are available at the [Attorney-General's Department's website](#).

The payment of the cost of obtaining a police certificate is a matter for negotiation between the service provider and the individual. Individuals may be able to claim the cost of the police certificate as a work-related expense for tax purposes. Further advice on this issue is available on the [Australian Taxation Office](#) website.

Volunteers may be eligible to obtain a police certificate at a reduced cost whether the certificate is requested by an individual or by a service provider on behalf of a volunteer. This must be confirmed with the agency issuing the police certificate.

Note: the NDIS worker screening arrangements are acceptable for employees who also deliver services under the CHSP if they also include a police check prepared by the Australian Federal Police, a State or Territory police service or an Australian Criminal Intelligence Commission accredited agency. In place of a national criminal history record check, service providers may accept staff members and volunteers who hold a card issued by a State or Territory authority following a vetting process that enables the card holder to work with vulnerable people.

### 6.1.4 Staffing and training

Service providers are required to meet staffing and training requirements under the Standards. Examples of desirable staff qualifications under the CHSP are outlined in the 'Staff Qualifications' sections in Chapter 3 of this program manual.

#### First Aid Training

To help support vulnerable, older Australians, all CHSP service providers are responsible for ensuring staff and volunteers in direct care roles receive accredited first aid training and certification as soon as practicable.

The department regards the cost of first aid training as a reasonable and necessary expense of safe and effective aged care service delivery. As such, CHSP providers should factor the cost of first aid training into their existing grant funding in the same way as rent, utilities, personal protective equipment and staff wages.

It is the responsibility of CHSP providers to factor the level and appropriateness of first aid training needs into their business risk management plan. In considering the level of training offered to staff and volunteers, CHSP service providers should consider the specific needs of their clients and any additional risk factors they may present (e.g. dementia; falls risk; other disabilities, health problems or co-morbidities).

It is the responsibility of individual service providers to factor into their business risk management strategies how many and which staff/volunteers need to hold and maintain First Aid Training qualifications to ensure the safe delivery of services to their clients.

### 6.1.5 Work Health and Safety

Legislation relating to Occupational Health and Safety (OH&S) is being replaced by legislation referring to Work Health and Safety (WHS) following the passage of the [Work Health and Safety Act 2011 Commonwealth](#).

The Australian Government, Northern Territory, Queensland, New South Wales, Tasmania, South Australia and the Australian Capital Territory have implemented the new legislation. Victoria and Western Australia have not yet introduced the WHS legislation. It is intended that the term OH&S will be incrementally replaced with WHS in all Australian Government, state and territory documents.

#### **Providing a safe and healthy workplace**

CHSP service providers must provide a safe and healthy workplace for their employees and volunteers in accordance with relevant Commonwealth, and state or territory governments WHS or OH&S legislation, as well as relevant codes and standards.

In many cases, the workplace will be the client's home. Service providers are responsible for addressing the safety of employees and volunteers delivering services to a client or carer in their home.

Service providers are required to be aware of their obligations to comply with state and territory based laws and regulations relevant to the safe handling and removal of asbestos when undertaking home modifications to the homes of clients. For detailed information on laws applying to the workplace, service providers must contact the relevant work health and safety regulator in their state or territory.

Service providers must also consider and assess WHS, or OH&S, Australian Building Standards and other local requirements, as these relate to their own offices and facilities, vehicles, and other physical resources used by their staff and volunteers.

### 6.1.6 Client not responding to a scheduled visit or service

Service providers should refer to the [Guide for Community Care service providers on how to respond when a client does not respond to a scheduled visit](#) (the Guide) published in September 2009 as a set of nationally consistent protocols to deal with non-response from a client who was scheduled to receive a service.

Service providers may use the Guide when developing their own policies and procedures on the issue of clients not responding to scheduled visits.

### 6.1.7 Complaints mechanism

#### **Dealing with complaints about services**

CHSP clients and their carers must be actively encouraged to provide feedback about the services they receive. A client has the right to call an advocate of their choice to present any complaints and to assist them through the complaints management process.

Clients (or their representative) can raise a complaint in the following ways:

- Directly with the service provider through their publicly available complaints system.

- With the Aged Care Quality and Safety Commission on an open, confidential or anonymous basis by phoning 1800 951 822 [free call] or by visiting the website [www.agedcarequality.gov.au](http://www.agedcarequality.gov.au).

The Aged Care Quality and Safety Commission provides a free service for anyone to raise concerns about the quality of care or services delivered by Australian Government funded aged care services. The Aged Care Quality and Safety Commission is independent of the Department of Health.

The Aged Care Quality and Safety Commission takes all complaints seriously and will work with the client (and/or their representative) and the service provider to resolve the concerns.

The Aged Care Quality and Safety Commission's process for handling complaints is outlined on their website at [www.agedcarequality.gov.au](http://www.agedcarequality.gov.au).

This includes the capacity for the Aged Care Quality and Safety Commission to issue a direction to a CHSP service provider where they fail to meet their responsibilities under the CHSP Grant Agreement. In these circumstances, the direction will be issued through a Notice under the CHSP Grant Agreement. The provider is obliged to comply with any direction issued.

Service providers are also responsible for the services provided by subcontractors, including resolving any complaints made about that organisation. Should a complaint regarding a subcontractor be made, the service provider retains responsibility for liaison with the Aged Care Quality and Safety Commission and ensuring the subcontractor complies with all reasonable requests, directions and monitoring requirements requested.

In recognition that many service providers also deliver multiple services through other Australian Government and/or state and territory government programs, the Aged Care Quality and Safety Commission will, from time to time, share information with other relevant parties to ensure clients continue to receive appropriate services.

CHSP clients can also contact the Older Persons Advocacy Network (OPAN) if they would like assistance in directly engaging with Commonwealth-funded aged care services. OPAN supports consumers to access and interact with Commonwealth funded aged care services and can be contacted on (free call) 1800 700 600 from 9.30am to 4.30pm Monday to Friday. If a CHSP client witnesses, suspects or experiences elder abuse, they can contact the National Elder Abuse phone line for free and confidential information, support, and referrals. Elder abuse may involve physical harm, misuse of money, sexual abuse, emotional abuse or neglect. CHSP clients can call 1800 ELDERHelp (1800 353 374) or visit the COMPASS website at [www.compass.info](http://www.compass.info) for information, a support directory and resources about elder abuse.

### 6.1.8 Service continuity

Service providers must develop Activity Continuity Plans that address any risks associated with being unable to continue to deliver services and have systems, internal policies and processes in place to appropriately manage, monitor and report incidents. The Activity Continuity Plan should include:

- Management of serious incidents such as natural disasters and emergency events (e.g. how to provide service delivery in the event of flood or fire).
- Transitioning-out of service provision (e.g. transferring services to another service provider or where the CHSP Grant Agreement has expired or is terminated).

#### **Compliance with the Standards**

In line with the Aged Care Quality Standards, service providers are required to have systems and processes in place to identify, manage and respond to risks in relation to service continuity, serious incidents and other events.

#### **Transition out**

The 'transition-out' component of Activity Continuity Plans ensures that the standard and delivery of services do not suffer. Plans should cover: specific requirements for different service

types; the service provider's individual arrangements; and the outcome of any negotiations with other service providers.

This component should also include the following:

- service details, including specific services being delivered to client groups i.e. cultural or centre based activities specifically designed to meet the needs of clients;
- client details, including information about high risk or high need, CALD, Indigenous or other clients to ensure a smooth and efficient transition of services;
- specific service delivery requirements due to cultural, area specific (rural/remote) or other reasons that impact on current service delivery and transitioning services;
- any subcontracting arrangements.

### **Organisational information**

- timeframe with activities to undertake for transition
- staffing arrangements
- assets
- information and records (including authority of release from the clients)
- communication strategy
- telephones.

Service providers must notify their Funding Arrangement Manager and the Department of Health in writing of their proposal to transfer all or part of their services no later than three months before the proposed transition date with a 'draft' Transition Out Plan being provided at this time. The service provider must negotiate with the Department on a suitable transition date with the replacement organisation.

The service provider must assist the Department and new service provider/s in the transition of goods and/or services to achieve an effective transition. This includes, client care continuum with the provision of the goods and/or services from your organisation to the new provider.

### **CHSP ad hoc grant opportunity**

The Department recognises that the operating environment and demand for services may change during the term of the 2020-2022 CHSP grant agreement. To support CHSP service providers to respond flexibly to local changes, the Department has opened an ad hoc grant opportunity on GrantConnect.

This funding round is an opportunity for CHSP service providers to submit ad hoc proposals to:

- respond to unforeseen and exceptional circumstances;
- address local gaps in service delivery; and/or
- trial new and innovative service delivery models.

To apply for this grant opportunity, a CHSP provider must already have an executed Whole of Government grant agreement with the Commonwealth to deliver CHSP services and submit an application through GrantConnect.

Note: this grant opportunity is not intended to replace CHSP growth funding and applicants must be able to outline how their request for additional one-off or recurrent funding addresses one or more of the above priorities.

A copy of the Grant Opportunity Guidelines and application form can be found on [GrantsConnect](#). This application round is open until 30 June 2022.

### **6.1.9 Acknowledging the funding**

Service providers must acknowledge Commonwealth financial and other support in all applicable Grant Agreement Material that they publish. The following wording must be used:

“Funded by the Australian Government Department of Health”. Or

“Supported by the Australian Government Department of Health”.

### **Disclaimer**

Publications and published advertising and promotional materials that acknowledge the CHSP funding must also include the following disclaimer:

“Although funding for this [insert service/activity] has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.”

### **Other options for acknowledging the funding**

If for any reason service providers wish to acknowledge the funding in a different manner to the options set out in this program manual, they must obtain the Department’s prior written consent.

### **Questions on acknowledging funding**

Service providers who are unsure whether they need to acknowledge the CHSP funding or have any queries relating to acknowledgement of funding should contact their Funding Arrangement Manager.

### **Monitoring of the use of acknowledgements**

Service providers are responsible for ensuring they and their subcontractors comply with the requirements for acknowledging the funding which are set out in this section.

The Department will notify service providers in writing if it considers that a service provider or their subcontractor has failed to comply with the CHSP Grant Agreement. In certain circumstances, the Department may, by notice in writing, revoke its permission for any person to use this wording (for example, if the service provider or subcontractor has not complied with all the requirements of this program manual).

Service providers should inform the Department if they become aware of any unauthorised use of the due recognition branding by any person.

#### **6.1.10 Subcontracting**

Service providers may select and use subcontractors in accordance with Condition 6 [Subcontracting] of Schedule 1 of the CHSP Grant Agreement.

#### **6.1.11 Responsibilities during a national or state emergency**

The Department of Health reserves the right to enact temporary changes to program guidelines in the event of a national or state emergency. This may include relaxing flexibility provisions, waiving or extending reporting deadlines and performance milestones or modifying service type descriptions in accordance with the nature, severity, duration and geographic scale of the emergency.

Any changes to the program will be communicated to the sector via the Department’s regular newsletters and announcements. All service providers should sign up to access these resources on the Department’s website: <https://www.health.gov.au/using-our-websites/subscriptions/subscribe-to-aged-care-sector-announcements-and-newsletters>.

For more information, please contact your Funding Arrangement Manager.

#### **6.1.12 COVID-19 Vaccination Reporting**

On 4 June 2021, the Australian Government launched a new reporting tool on [My Aged Care](#) for all Residential, Home Care Package and CHSP providers to report on the COVID-19 vaccination status of their aged care workforce.

Weekly reporting became mandatory from 15 June 2021 for residential aged care providers.

At this stage, it is not mandatory for CHSP and Home Care Package providers.

Advice and guidance will be provided to CHSP and Home Care Package providers on future requirements and the commencement date for mandatory reporting.

In the interim, CHSP service providers are encouraged to start voluntarily reporting on a weekly basis via the My Aged Care provider portal. This will assist providers in becoming familiar with the reporting process.

In scope for reporting will be staff, contractors and volunteers who have direct responsibility for and/or prolonged face-to-face contact with or physical exposure to a CHSP client as part of their duties.

The reporting tool records de-identified data on:

- the total number of staff, contractors and volunteers at each aged care service, and of those,
- the number of staff, contractors and volunteers who have received a single dose of a COVID-19 vaccine, and
- the number of staff, contractors and volunteers who have received all required doses of a COVID-19 vaccine.

Information on the number of aged care workers who have received COVID-19 vaccinations will assist the State/Territory and Commonwealth Governments and aged care providers in understanding the current status of workforce vaccination, support public health measures on COVID-19 and inform any adjustments needed to support workers' access to COVID-19 vaccinations. The information will also serve as an indicator of the potential level of risk each CHSP service provider faces in the context of an outbreak and how those service providers and their workforce can be best supported.

Note: it is voluntary for workers and volunteers to be vaccinated and to disclose if they have received a COVID-19 or influenza vaccination.

More information can be found on the Department of Health's COVID-19 Vaccination Reporting Portal [Fact Sheet](#).

## 6.2 Funding

### 6.2.1 Spending the grant

Service providers must spend the funds in accordance with their CHSP Grant Agreement.

Service providers are responsible for sustainably managing their service delivery and number of clients. Service providers are contracted to deliver a specific number of outputs and any decision to exceed these agreed outputs is taken at your own risk and cost.

For information on availability of CHSP funding, please refer to the CHSP Guidelines, and the [CHSP website](#).

### 6.2.2 Assets

Service providers must refer to Supplementary Term 5 [Equipment and assets] of the CHSP Grant Agreement and comply with the requirements for acquiring and managing Assets with the funds.

## 6.3 Service provider reporting

### 6.3.1 Overview

#### Reporting elements and timing of reports

Under the CHSP, service providers will be required to submit a range of reports relating to the Activity described under Item B [Grant Activity] of the CHSP Grant Agreement.

This includes:

- Financial reporting – to facilitate acquittal of funds expended, providing assurance and evidence that public funds have been spent, as specified in the CHSP Grant Agreement.
- Performance reporting – on service delivery activities and outcomes.
- Wellness and reablement reporting – to provide service level information on wellness and reablement approaches being implemented by the service provider.

Service providers are required to submit the reports as outlined under Item E [Reporting] in the timeframes provided at Item E [Reporting] of the CHSP Grant Agreement – see table below.

#### Key Reports – CHSP

<i>REPORT</i>	<i>REPORTING PERIOD</i>	<i>DUE DATE TO THE DEPARTMENT</i>	<i>DESCRIPTION</i>
<b>Performance Report (for service delivery) via the Department of Social Services (DSS) Data Exchange</b>  <b>Note: this report is not applicable for Sector Support and Development Activities</b>	1 July to 31 December  1 January to 30 June	30 January  30 July  Note: The DSS Data Exchange dates are defined in the Data Exchange Protocols. Service providers can enter data at any time during the reporting period. The Data Exchange system is closed after the prescribed dates above, after which data cannot be entered or edited for the reporting period.	Client and service delivery information reported via the DSS Data Exchange in accordance with the Data Exchange Protocols.  Refer to CHSP Grant Agreement Item E [Reporting]
<b>Performance Report for Sector Support and Development Activities only</b>	1 July to 31 December  1 January to 30 June	31 March  31 October	Refer to CHSP Grant Agreement Item E [Reporting]
<b>Embedding wellness and reablement Report</b>	As specified in the Agreement	31 October	Refer to CHSP Grant Agreement Item E [Reporting]
<b>Financial Declaration</b>	1 July to 30 June	30 July	A Financial Acquittal Report in accordance with the CHSP Grant Agreement.  Refer to CHSP Grant Agreement Item E [Reporting]

**Note:** Service providers not meeting the reporting requirements identified in the above table will be subject to non-compliance actions in accordance with their obligations under the Grant Agreement.

## Improving CHSP program assurance

In 2020-21 the Department will develop a program assurance framework for the CHSP. As part of this work the Department will review current performance requirements on providers with the key outcome being to improve data collection, reporting and performance monitoring. This may include:

- Updating reporting templates
- Revision of policies and procedures relating to data collection and standards
- Revision of policies and procedures relating to compliance and performance management
- Revised obligations to provide DEX data
- Revised obligations to update MAC
- Improved risk assessment throughout the life of the funding agreement

The Department will engage with the sector through FAMs and provide updates in advance of any changes being implemented. Any changes to the program will be communicated to the sector via the Department's regular newsletters and announcements and FAMs.

### 6.3.2 Accounting for the grant

As specified under Condition 10 [Spending the Grant] of Schedule 1 of the CHSP Grant Agreement service providers must spend the Grant:

- Only on carrying out the Activity.
- In accordance with the CHSP Grant Agreement.

All financial information provided by service providers should relate to the relevant financial year that is being acquitted.

#### The financial reporting process

The Department requires service providers to provide assurance and evidence that grant funds have been spent for their intended purpose. This is in the form of financial reporting which is used to determine:

- that funding provided by the Department has been spent by the service provider in accordance with the CHSP Grant Agreement.
- expenditure only related to CHSP service delivery in accordance with the Activity Work Plan and CHSP Grant Agreement (expenses related to other funded programs or expenses related to fees collected, donations or other contributions **must not** be included in the service provider's financial reports).

For multi-year grant agreements the Department acquits funding annually. Annual acquittals allow the Department to assess whether the service provider is on target with their expenditure and performance.

Service providers should refer to their CHSP Grant Agreement regarding their reporting periods.

#### Identified underspend through the acquittal process

Service providers must ensure that their reported outputs recorded in DEX aligns with the amount of unspent funding they are acquitting within a financial year. Unspent funds identified through the acquittal process for a financial year and within the term of the funding agreement must be returned to the Department. Only in exceptional circumstances, the Department may consider the carry-over of unspent funds where there is evidence of reasonable costs being incurred by the service provider. Proposals to carry over funds will need to be submitted in writing to the Department.

Service providers will not be allowed to retain unspent funds once the CHSP Grant Agreement has terminated. At the end of the CHSP Grant Agreement, service providers must repay any unspent funds identified through the acquittal process. The Department will issue the service provider with a debt collect form to return any unspent funds.

## Types of financial reports

Service providers must provide financial declarations in the form provided by the Department and at the times set out in Item E [Reporting] of the CHSP Grant Agreement, or otherwise notified in writing.

Service providers should only acquit the funds that the Department has provided the organisation through the CHSP Grant Agreement within a particular financial year. Service providers must not include their own funds in the Financial Declaration.

## Client contributions

Client contributions are defined in Chapter 5 of this program manual. The Data Exchange requires CHSP service providers to record all client contributions collected over the financial year. **Note:** the client contribution is a mandatory field in the Data Exchange. For details on the Data Exchange refer to 6.3.4 Activity Reporting.

### 6.3.3 Managing performance

The CHSP Grant Agreement requires service providers to deliver the service outputs specified in the Agreement. However, if a client's needs are changing significantly or an additional, new service type is needed, the service provider must refer the client to My Aged Care for review. This helps ensure client needs are assessed appropriately and any new services are recorded on the client record. This process is outlined in Section 4.4.1 of this program manual.

## Flexibility Provision

The flexibility provision under the CHSP is designed to provide a flexible approach to ensuring compliance with contractual performance reporting requirements under the CHSP Grant Agreement whilst enabling CHSP service providers to meet changes in the demand for services. Where there is demonstrated client need (based on My Aged Care referral requests), service providers have full flexibility to re-allocate up to 100 per cent of their grant funds between funded service types and ACPRs listed in their CHSP Activity Work Plan to better meet local demand pressures. The flexibility provision applies across all CHSP service types and Sub-Programs.

In choosing to use flexibility provisions, CHSP service providers must not:

- Re-allocate funding to a service type or ACPR they are not funded for;
- Leave a service gap in an area they are currently operating in – i.e. resources may only be re-allocated out of a region where there is a clear drop in demand or need for the service; and/or
- Suspend services or move all resources and funding for a service type out of an ACPR unless prior approval is granted by the Department of Health first, and then only for a specified time limited basis.

It is also expected that CHSP service providers will work with the Department of Health, the Community Grants Hub, My Aged Care and assessment services to routinely monitor demand levels for each service type in each ACPR they are funded to operate in and be prepared to re-allocate their funding and resources back to their normal service delivery and geographic footprint when demand changes.

Delivery of these outputs is recorded in the Data Exchange only and should not require any change to the service provider's CHSP Grant Agreement.

## Flexibility under Assistance with Care and Housing:

Due to the vulnerable and disadvantaged nature of most clients in need of support under the Assistance with Care and Housing Sub-Program, the Department of Health has implemented additional criteria around the flexibility provisions in relation to this service type.

CHSP service providers have full flexibility to re-allocate funds from other service types and from other Aged Care Planning Regions into Assistance with Care and Housing, but cannot re-allocate base funding **from** Assistance with Care and Housing to other service types or outside of an Aged Care Planning Region without prior written approval from the Department of Health.

### **How do flexibility provisions work:**

For example, where a service provider receives a large volume of referrals from My Aged Care for clients requiring Social Support, but less than the level of referrals expected for Personal Care in the same Aged Care Planning Region, then the provider may use the flexibility provision (providing it is funded to deliver both of these activities under its CHSP Grant Agreement). The provider can use up to 100 per cent of the funding it receives for Personal Care to deliver Social Support to meet the demand for Social Support services where these services are funded in the same Aged Care Planning Region.

The service provider must record their actual service delivery in the Data Exchange in order to provide the Department with visibility that they are utilising the flexibility provision (please refer to 6.3.4 Activity Reporting).

Where service providers have special conditions identified in their Grant Agreement, service providers are required to deliver the services as stipulated in the special conditions prior to applying the flexibility provision. Special conditions take precedence over the flexibility provision.

### **Case studies – In scope**

#### **Example 1 – (within a CHSP sub-program)**

A service provider is funded to deliver Domestic Assistance and Personal Care in the same Aged Care Planning Region. The service provider receives more referrals from My Aged Care to deliver Domestic Assistance than Personal Care in this region.

In this instance the service provider may use up to 100 per cent of the funding allocated to Personal Care for Domestic Assistance, provided they are still meeting the service demand for Personal Care in the region.

#### **Example 2 (value for money)**

A service provider is funded to deliver Nursing and Personal Care. In the reporting period the organisation is receiving more referrals from My Aged Care for Nursing rather than Personal Care. The provider utilises the flexibility provision and 100 per cent of Personal Care funding is used to meet the increased service demand in Nursing. In using the flexibility provision the provider must also demonstrate they have achieved value for money by reporting the service delivery outputs in the Data Exchange and including the use of the flexibility provision in their financial report.

The Department will consider the indicative unit cost of Personal Care delivered by the provider in that region (i.e. 100 hours for \$1,000 is \$10 per hour) and of Nursing (100 hours for \$2,000 is \$20 per hour). The provider has \$200 available from Personal Care to use for Nursing, equating to an extra 10 hours of Nursing. The provider enters their service delivery outputs into the Data Exchange, 80 hours of Personal Care and 110 hours of Nursing, demonstrating value for money has been achieved.

### **Case Studies – Out of scope:**

#### **Example 1 (new services not funded for)**

A provider wants to use the flexibility provision to establish new transport services that they are not currently funded for under their Grant Agreement. The flexibility provision cannot be used in this instance.

Establishing new services in a region would need to be considered by the Department in accordance with the CHSP Guidelines and CHSP planning framework.

#### **Example 2 (across Aged Care Planning Regions)**

A provider is funded to deliver Meals in one Aged Care Planning Region and wants to establish new meals services in another Aged Care Planning Region. The provider cannot use the flexibility provision to deliver the meals services in this instance.

### 6.3.4 Activity reporting

CHSP service providers must provide activity and performance data in line with their CHSP Grant Agreement and Activity Work Plan details.

The DSS Data Exchange is an approach to program reporting that has been designed to reduce red tape for organisations by streamlining the data and providing simple and easy ways to submit data.

Data requirements are divided into two parts: a small set of priority requirements that all service providers must report, and a voluntary extended data set that service providers can choose to share with the Department in return for relevant and meaningful reports, known as the partnership approach. This will help build the evidence base regarding the effectiveness of Department of Health programs and service delivery approaches. Participation in the partnership approach is voluntary and there will be no negative consequences if a service provider chooses not to provide their extended data set.

There are a number of options available for service providers to report through the Data Exchange. If organisations do not currently use a client management system the Data Exchange has a [web-based portal](#) that they can access as free client management system to support service delivery. If however, service providers already have their own client management system then they can choose to submit data to the Department of Social Services (DSS) through a system-to-system transfer or bulk upload.

The [Data Exchange Technical Specifications](#) are available on the DSS grants website to support organisations that may want to use system-to-system transfers or bulk uploads. The Technical Specifications outline the initial coding changes required to meet the Department's data formats.

There is a range of other training and support material on the [website](#) to help organisations use the Data Exchange. The [Data Exchange Protocols](#) have been designed as a practical support manual to guide managers and frontline staff. The CHSP section of the Appendix B to the Data Exchange Protocols outlines CHSP-specific reporting guidance and examples of reporting. A set of task cards are also available as well as video training modules that provide a visual demonstration of the web-based portal.

Organisations have access to the CHSP Organisation Overview Report, a new and interactive tool (Qlik) to view and analyse their organisation's data that has been entered into the Data Exchange. Access to the report is available via the Data Exchange portal and further information is available on the [Data Exchange website](#).

A dedicated [Data Exchange Helpdesk](#) for service providers is available for access and technical questions on reporting. Organisations can email [dssdataexchange.helpdesk@dss.gov.au](mailto:dssdataexchange.helpdesk@dss.gov.au) or phone 1800 020 283 for any questions.

For Developer and IT support for Data Exchange application development please email [dataexchange.developersupport@dss.gov.au](mailto:dataexchange.developersupport@dss.gov.au).

For general CHSP grant and program enquiries on reporting, please contact your Funding Arrangement Manager.

#### **Reporting through the Data Exchange – Performance Management and Flexibility Provisions.**

Service providers are required to report service delivery at the client and service type level. Service delivery information reported in the Data Exchange including outputs, service types and the location of service delivery (based on the outlet location) will be used to inform the performance management of service providers against the key performance indicators in their CHSP Grant Agreements. The Data Exchange is also designed to manage data from providers using the Flexibility Provision. Performance management is undertaken by Funding Arrangement Managers to ensure that the program objectives are being met and to ensure accountability of relevant program funds.

As demand for services changes, information reported in the Data Exchange will also be used as a source of evidence to inform the CHSP planning framework.

### **Emergency COVID-19 funding – reporting**

Service providers who received emergency support through an adhoc proposal or additional meals funding as part of the CHSP COVID-19 Emergency support round were issued with a separate grant agreement and a performance report template. These providers must report any additional outputs and increases in capacity delivered against their emergency funding in this performance report, and should also report through DEX. The performance report contains a narrative section to enable service providers the opportunity to explain how these funds are being used and to account for the grant. Service providers who received additional meals funding will also be required to complete regular survey monkeys in addition to their performance report.

### **Service System Development – reporting**

Service provider's with grant funding for Service System Development must provide regular progress reports against the activities specified within the Activity Work Plan and in accordance with CHSP Grant Agreement.

The Department will provide a reporting template for this purpose. Service providers must provide the report in the format required by the Department using the template supplied.

### **Embedding a wellness and reablement approach – reporting**

Service providers must provide regular reports to the Department regarding their organisation's progress towards adopting a wellness and reablement approach to service delivery in accordance with the CHSP Grant Agreement. The Department has provided a reporting template for this purpose. Service providers must provide the report in the format required by the Department using the template supplied and in the timeframes outlined under Section 6.3.1.

These reports will be used to provide the Department with service level information on the service provider's progress towards embedding a wellness and reablement approach in their service delivery practices. The reports will also be used to assist the Department to identify national resource gaps or strategies that could be implemented to drive continuous improvements in the delivery wellness and reablement approaches across the sector.

The Department will undertake an annual desktop review of a random sample of providers to examine current service delivery practices in the context of providing a wellness approach to service delivery and to monitor compliance with My Aged Care Guidelines. The desktop review will be undertaken by the Department through a review of My Aged Care and Data Exchange information, including a review of My Aged Care support plan information and the related service provider service information.

The purpose of the annual desktop review is to provide the Department with a more detailed understanding of the support and care planning process at the service provider and client level. It will also be used as a tool to review the effectiveness of support services provided under the CHSP in assisting clients to meet their goals as identified in the client's support plan.

The information gathered through the review process will be communicated directly to service providers with a focus on client outcomes, continuous improvement and building capacity to deliver services in line with wellness and reablement principles.

Up to ten per cent of service providers may be examined nationally per annum.

### **6.3.5 Aged Care Workforce Census**

If a service provider receives an aged care workforce census form sent by, or on behalf of, the Department then the service provider must complete the form and return it to the Department, or another address as directed, by the date specified in the form.

If a service provider for a community aged care service was not responsible for the operations of a service during all or some of a period covered by an aged care workforce census, then the service provider is taken to have complied with the census.

If a service provider's funding is less than \$35,000 per annum and it receives an aged care workforce census form, the form is to be completed and returned on a voluntary basis and is not a mandatory condition of funding.

## 6.4 IT and system requirements

As noted in the CHSP Guidelines, service providers must have systems in place to allow them to meet their service delivery, data collection and reporting obligations outlined in their CHSP Grant Agreement.

### 6.4.1 System requirements

#### **My Aged Care**

CHSP service providers will need a computer with an internet connection and a standard internet browser that supports authenticated access via an approved authentication service - [myGovID](#) and the [Relationship Authorisation Manager \(RAM\)](#) or VANguard Federated Authentication Services to access the My Aged Care provider portal and the Data Exchange reporting system to meet their activity and reporting requirements.

The My Aged Care provider portal is the key tool for CHSP service providers to interact with My Aged Care regarding the services they deliver, managing referrals and updating client information.

Information about the My Aged Care provider portal (including, factsheets, videos and frequently asked questions) is available on the Department of Health website. For technical support, contact the My Aged Care service provider and assessor helpline on 1800 836 799.

#### **Data Exchange reporting system**

Information about the Data Exchange reporting system requirements is located on the Department of Social Services website. For IT systems access and technical enquiries, contact the Developer Support Helpdesk via email at [dataexchange.developersupport@dss.gov.au](mailto:dataexchange.developersupport@dss.gov.au).

## 6.5 Government responsibilities

### 6.5.1 Planning framework

The CHSP planning framework is based on Aged Care Planning Regions. The CHSP planning framework takes into account existing services available in a given region, projected growth in the target population and other factors influencing service delivery supply and demand.

Planning processes for the CHSP will also consider parallel planning cycles and processes in other related sectors, including aged care more broadly and the disability care sector.

This will ensure that the needs of various clients are considered and the funding is allocated so that growth in home support services complement and enhance services already being delivered.

### 6.5.2 Government reporting

As with all Government funding arrangements, the Australian Government has a responsibility to report on the planning, implementation and evaluation of the CHSP.

CHSP service providers are required to submit specific reports. The information provided through these is utilised by the Australian Government to report on the continued development, implementation and on-going evaluation of the Program.

# Appendix A – Useful resources

## Publications

[Productivity Commission inquiry – Caring for Older Australians](#)

<http://www.pc.gov.au/inquiries/completed/aged-care/report/aged-care-volume1.pdf>

## Websites

[Australian Taxation Office](#)

<https://www.ato.gov.au/>

[Australian Privacy Principles](#)

<http://www.oaic.gov.au/privacy/privacy-act/australian-privacy-principles>

## Advocacy

[National Aged Care Advocacy Program \(NACAP\)](#)

<http://www.opan.com.au/opan-network/>

Each state and territory operates an advocacy information and advice line, which is a free call on **1800 700 600 available between 9.30-4.30pm Monday to Friday**.

[Advocacy and Elder Abuse](#)

<http://www.opan.com.au/elder-abuse/>

## Aged Care Quality Standards

[Aged Care Quality Standards](#)

<https://agedcare.health.gov.au/quality/aged-care-quality-standards#Standard 5>

## Carers

[Carer Gateway](#)

[www.carergateway.gov.au](http://www.carergateway.gov.au)

National contact centre (1800 422 737) Freecall

## CHSP Interpreting support for service providers

[TIS National website](#)

<https://www.tisnational.gov.au/>

Fact Sheet: **Translating and Interpreting Service (TIS National)**

<https://agedcare.govcms.gov.au/ageing-and-aged-care-publications-and-articles-fact-sheets/chsp-interpreting-support-for-service-providers>.

[National Auslan Interpreter Booking & Payment Service](#)

<http://www.nabs.org.au/>

[Commonwealth Department of Health](#)

<http://health.gov.au/>

## COMPASS

1800 ELDERHelp (1800 353 374) (free call 24 hours, 7 days)

<https://www.compass.info/support>

## Dementia

### [Dementia Services and Support](#)

<https://agedcare.health.gov.au/older-people-their-families-and-carers/dementia>

National Dementia Helpline: 1800 100 500 (free call 9am to 5pm, Monday to Friday)

### [Dementia Australia](#)

<https://www.dementia.org.au>

### [Alzheimer's Western Australia](#)

<https://www.alzheimerswa.org.au>

Dementia Training Program

### [Dementia Training Australia](#)

<https://www.dementiatrainingaustralia.com.au>

## **Dementia Behaviour Management Advisory Services**

### **Severe Behaviour Response Teams**

1800 699 799 (free call 24 hours, 7 days)

<https://www.dementia.com.au>

## National Continence Program

### [Bladder and Bowel](#)

<http://bladderbowel.gov.au/ncp/ncms/ctrac.htm>

### [Continence Foundation of Australia](#)

<https://www.continence.org.au>

National Elder Abuse

National Elder Abuse phone line Free call 1800 ELDERHelp (1800 353 374)

COMPASS information and resources

<https://compass.info>

National Meal Guidelines

Meals on Wheels developed [National Meals Guidelines](#)

<http://mealsonwheels.org.au/wp-content/uploads/2016/10/NationalMealsGuidelines2016.pdf>

### [The National Public Toilet Map](#)

<https://toiletmap.gov.au/>

Freecall 1800 330 066

## Resources relating to My Aged Care

### [My Aged Care](#)

My Aged Care includes the My Aged Care contact centre (1800 200 422) and the website. Together, they provide consumers with information on aged care, whether for the client, their family or carer.

The contact centre can be phoned on 1800 200 422 between 8.00am and 8.00pm on weekdays and between 10.00am and 2.00pm on Saturdays, local time. The contact centre is closed on Sundays and national public holidays.

### [My Aged Care provider portal](#)

The My Aged Care provider portal will be the key tool for managing referrals and updating client information.

Further information to support the use of the provider portal (including fact sheets, videos, and quick reference guides) is available on the [Department of Health website](#) (<https://agedcare.health.gov.au/our-responsibilities/ageing-and-aged-care/programs-services/my-aged-care/information-for-service-providers>).

The My Aged Care service provider and assessor helpline is available on 1800 836 799 to assist service providers with technical support.

### [National Guide to the CHSP Client Contribution Framework \(The Guide\)](#)

<https://agedcare.health.gov.au/programs-services/commonwealth-home-support-programme/national-guide-to-the-chsp-client-contribution-framework-the-guide>

## Resources relating to the DSS Data Exchange and CHSP Performance Reporting

[Data Exchange](#) <https://dex.dss.gov.au/>

[CHSP Organisation Overview Report](#) <https://dex.dss.gov.au/reports/>

[Reporting for CHSP](#) <https://agedcare.health.gov.au/programs/reporting-for-chsp>

## Resources relating to support for people with disability

[Guide Dogs Australia](#)

<http://www.guidedogsaustralia.com/>

National Insurance Disability Scheme

<http://www.ndis.gov.au>

[National Disability Services](#)

<http://www.nds.org.au/>

[Optometry Australia](#)

<http://www.optometry.org.au/your-eyes/your-eye-health/vision-and-ageing>

[Perkins Scout](#)

<http://www.perkinselearning.org/scout>

[Royal Society for the Blind](#)

<http://www.rsb.org.au/>

[Vision Australia](#)

[www.visionaustralia.org](http://www.visionaustralia.org)

## Appendix B – Policies and guidelines

### [Aged Care Planning Regions](#)

<https://agedcare.health.gov.au/publications-and-articles/research-and-statistics/aged-care-planning-region-maps>

### [Aged Care Quality and Safety Commission](#)

<https://www.agedcarequality.gov.au/>

### [Carer Recognition Act 2010](#)

<https://www.legislation.gov.au/Details/C2010A00123>

### [Charter of Aged Care Rights](#)

<https://agedcare.health.gov.au/quality/single-charter-of-aged-care-rights>

### [Australian Criminal Intelligence Commission \(formerly CrimTrac\)](#)

<https://www.acic.gov.au/>

### [Aged Care Diversity Framework](#)

<https://agedcare.health.gov.au/support-services/people-from-diverse-backgrounds/aged-care-diversity-framework>

### [DSS Data Exchange Protocols](#)

<https://dex.dss.gov.au/data-exchange-protocols/>

### [Assessment Quality Reviews](#)

<https://www.agedcarequality.gov.au/providers/assessment-processes/quality-review>

### [Using My Aged Care](#)

<https://www.health.gov.au/initiatives-and-programs/my-aged-care/using-my-aged-care>

### [Quality Indicators Guidance for Service providers](#)

<https://agedcare.health.gov.au/ensuring-quality/quality-indicators/guidance-for-participating-residential-aged-care-facilities>

### [On the record – Guidelines for the prevention of discrimination in employment on the basis of criminal record](#)

<http://www.humanrights.gov.au/our-work/rights-and-freedoms/publications/human-rights-record>

## Appendix C – Contacts

### Queensland

[QLDHSN.Grant.Programs@dss.gov.au](mailto:QLDHSN.Grant.Programs@dss.gov.au)

### South Australia

[SAPerformanceHealth@communitygrants.gov.au](mailto:SAPerformanceHealth@communitygrants.gov.au)

### Tasmania

[TAS.AgedCare@dss.gov.au](mailto:TAS.AgedCare@dss.gov.au)

### New South Wales and Australian Capital Territory

[NSWACTCHSP@dss.gov.au](mailto:NSWACTCHSP@dss.gov.au)

### Northern Territory

[NTCHSP@dss.gov.au](mailto:NTCHSP@dss.gov.au)

### Victoria

[CHSP.Vic@dss.gov.au](mailto:CHSP.Vic@dss.gov.au)

### Western Australia

[CHSPWA@dss.gov.au](mailto:CHSPWA@dss.gov.au)

# Appendix D – Commonwealth Home Support Programme Police Certificate Guidelines



**Australian Government**  
**Department of Health**

## Commonwealth Home Support Programme - Police Certificate Guidelines - July 2015

### 1 Introduction

The CHSP Grant Agreement sets out the conditions under which service providers are funded by the Commonwealth Government for Activities delivered under the CHSP.

The Police Certificate Guidelines form part of the CHSP Program Manual. The Guidelines have been developed to assist service providers with the management of police check requirements under the CHSP.

Police checks are intended to complement robust recruitment practices and are part of a service provider's responsibility to ensure all staff, volunteers and executive decision makers are suitable to provide services to clients of the CHSP.

### 2 Your obligations

Service providers must ensure that all staff, volunteers and executive decision makers working in CHSP services are suitable for the roles they are performing. They must undertake thorough background checks to select staff in accordance with the requirements under the CHSP Grant Agreement and the Standards.

As part of this, Service providers must ensure national criminal history record checks, not more than three years old, are held by:

- staff who are reasonably likely to interact with clients
- volunteers who have unsupervised interaction with clients
- executive decision makers.

Service providers must ensure they have policies and procedures in place to assess police certificates. A service provider's decision to employ or retain the services of a person with any relevant recorded convictions will need to be rigorous, defensible and transparent.

For information about assessing police certificates for staff, volunteers and executive decision makers see: 5 Assessing a Police Certificate in these Guidelines.

### 3 Police certificates

#### 3.1 Police certificates and police checks

A police certificate is a report of a person's criminal history; a police check is the process of checking a person's criminal history. The two terms are often used interchangeably in aged care.

#### 3.2 Police certificate requirements

A police certificate that satisfies requirements under the CHSP Grant Agreement and CHSP Program Manual is a nation-wide assessment of a person's criminal history (also called a "National Criminal History Record Check" or a "National Police Certificate") prepared by the Australian Federal Police, a state or territory police service, or a [Australian Criminal Intelligence Commission \(ACIC\) accredited agency](#).

In place of a national criminal history record check, service providers may accept staff members and volunteers who hold a card issued by a state or territory authority following a vetting process that enables the card holder to work with vulnerable people. Executive decision makers

are required to have a national criminal history record check and have additional requirements to meet, see: 5.5 Assessing information obtained from a police certificate for executive decision makers.

For more information about assessing police certificates, including the different types, please see: Section 5 Assessing a Police Certificate.

### 3.3 Australian Criminal Intelligence Commission checks

National Police History Checks prepared by ACIC accredited agencies are considered by the Department as being prepared on behalf of the police services and therefore meet the Department's requirements. More information about ACIC is available at: [ACIC](#).

### 3.4 Statutory declarations

Statutory declarations are generally only required in addition to police checks in the following instances:

- For essential new staff, volunteers and executive decision makers who have applied for, but not yet received, a police certificate
- For any staff or volunteers who have been a citizen or permanent resident of a country other than Australia after the age of 16
- Executive decision makers who have held or hold citizenship, or hold or have held permanent residency of a country other than Australia after the age of 16.

In these two instances, a staff member, volunteer or executive decision maker can sign a statutory declaration stating either that they have never, in Australia or another country, been convicted of an offence or, if they have been convicted of an offence, setting out the details of that offence. Note that a person is entitled to sign a statutory declaration stating that they have not been convicted of an offence if they have been convicted of an offence but the conviction is a 'spent' conviction (see 5.8 Spent convictions).

Statutory declarations relating to police certificate requirements must be made on the form prescribed under the *Commonwealth Statutory Declarations Act 1959* (the Declarations Act). Anyone who makes a false statement in a statutory declaration is guilty of an offence under the Declarations Act.

A link to the statutory declaration template is provided at Appendix 3b of these Police Certificate Guidelines. More information about statutory declarations is available at: [Statutory Declarations](#).

## 4 Staff, volunteers and executive decision makers

### 4.1 Staff, volunteers and executive decision makers

Police certificates, not more than three years old, must be held by:

- staff who are reasonably likely to interact with clients
- volunteers who have unsupervised interaction with clients
- executive decision makers.

### 4.2 Definition of a staff member

A staff member is defined, for the purposes of the Guidelines, as a person who:

- has turned 16 years of age
- is employed, hired, retained or contracted by the service provider (whether directly or through an employment or recruitment agency) to provide care or other services under the control of the service provider
- interacts, or is reasonably likely to interact, with clients.

Examples of individuals who are staff members include:

- employees and subcontractors of the service provider who provide services to clients (this includes all staff employed, hired, retained or contracted to provide services under the control of the service provider whether in a community setting or in the client's own home)
- employees and subcontractors who contact the client by phone.

### 4.3 Definition of non-staff members

Individuals, who are not considered to be staff members, for the purposes of the Guidelines, include:

- employees who, for example, prepare the payroll, but do not interact with clients
- independent contractors.

Generally, an independent contractor is a person:

- who is paid for results achieved
- provides all or most of the necessary materials and equipment to complete the work
- is free to delegate work to others
- has freedom in the way that they work
- does not provide services exclusively to the service provider
- is free to accept or refuse work
- is in a position to make a profit or loss.

For the purposes of these Guidelines, a subcontractor who has an ongoing contractual relationship with the service provider is not taken to be an independent contractor but is regarded as a staff member. A person who is contracted to perform a specific task on an ad-hoc basis may fall within the definition of an independent contractor.

Having an Australian Business Number does not automatically make a person an independent contractor.

### 4.4 Definition of a volunteer

- A volunteer is defined, for the purposes of these Guidelines, as a person who:
- is not a staff member
- offers his or her services to the service provider
- provides care or other services on the invitation of the service provider and not solely on the express or implied invitation of a client
- has, or is reasonably likely to have, unsupervised interaction with clients.

A student undertaking a clinical placement in the community who is over 18 years and has, or is reasonably likely to have, unsupervised interaction with clients would be a volunteer.

Examples of persons who are not volunteers under this definition include:

- persons volunteering who are under the age of 16 (except where they are a full-time student, then under the age of 18)
- persons who are expressly or impliedly invited into the client's home by a client (for example, family and friends of the client)
- persons who only have supervised interaction with clients.

### 4.5 Definition of unsupervised interaction

Unsupervised interaction is defined as interaction with a client where a volunteer is unaccompanied by another volunteer or staff member.

In regard to volunteers, if volunteers are visiting a client in pairs it is not a requirement for either of those volunteers to have a police certificate.

## 4.6 Definition of an executive decision maker

An executive decision maker is:

- a member of the group of persons who is responsible for the executive decisions of the entity at that time
- any other person who has responsibility for (or significant influence over) planning, directing or controlling the activities of the entity at that time
- any person who is responsible for the day-to-day operations of the service, whether or not the person is employed by the entity.

In determining who are executive decision makers, service providers need to consider the functional role individuals perform rather than their job title.

## 4.7 New staff

While service providers must aim to ensure all new staff members, volunteers and executive decision makers have obtained a police certificate before they start work, there are exceptional circumstances where new staff, volunteers and executive decision makers can commence work prior to receipt of a police certificate.

A person can start work prior to obtaining a police certificate if:

- the care or other service to be provided by the person is essential
- an application for a police certificate has been made before the date on which the person first becomes a staff member or volunteer
- until the police certificate is obtained, the person will be subject to appropriate supervision during periods when the person interacts with clients
- the person makes a statutory declaration stating either that they have never, in Australia or another country, been convicted of an offence or, if they have been convicted of an offence, setting out the details of that offence.

In such cases, the service provider must have policies and procedures in place to demonstrate:

- that an application for a police certificate has been made
- the care and other service to be provided is essential
- the way in which the person would be appropriately accompanied
- how a person will be appropriately accompanied in a range of working conditions, e.g. during holiday periods when staff numbers may be limited.

## 4.8 Staff, volunteers and executive decision makers who have resided overseas

Staff members or volunteers who have been citizens or permanent residents of a country other than Australia since turning 16 years of age and executive decision makers who have held or hold citizenship, or hold or have held permanent residency of a country other than Australia after the age of 16, must make a statutory declaration before starting work with any CHSP service provider stating either that they have never, in a country other than Australia, been convicted of an offence or, if they have been convicted of an offence, setting out the details of that offence.

This statutory declaration is in addition to a current national police certificate, as this reports only those convictions recorded in Australian jurisdictions.

## 5 Assessing a police certificate

### 5.1 Police certificate format

Police certificates may have different formats, including printed certificates or electronic reports. Every police certificate or report must record:

- the person's full name and date of birth
- the date of issue
- a reference number or similar.

A service provider must be satisfied that a certificate is genuine and has been prepared by a police service or ACIC accredited agency. An original police certificate or a certified copy must be provided rather than an uncertified photocopy.

It is up to the service provider to be satisfied that a certificate meets the requirements, and enables them to assess a person's criminal history. Any police certificate decision must be documented by the service provider. For more information on record keeping, and the sighting and storing of police certificates, see: 6 Police Check Administration.

### 5.2 Purpose of a police certificate

A police certificate that best satisfies requirements under the CHSP police check regime is one obtained for the purposes of aged care. However, a national criminal history record check undertaken for another purpose will generally also satisfy the requirements for the CHSP. It is best practice to specify the purpose of the police check to the police service or ACIC agency issuing the certificate.

### 5.3 Police certificate disclosure

A police certificate discloses whether a person:

- has been convicted of an offence
- has been charged with and found guilty of an offence but discharged without conviction
- is the subject of any criminal charge still pending before a Court.

The information on the certificate is drawn from all Australian jurisdictions and is subject to relevant state and territory spent conviction schemes. For more information about spent convictions, see: 5.8 Spent convictions.

### 5.4 Assessing information obtained from a police certificate for staff and volunteers

CHSP service providers may use discretion when assessing a person's criminal history to determine whether recorded offences are relevant to the job. The principle that service providers must apply is to determine the risk of harm to clients.

Service providers must ensure they have policies and procedures in place to assess police certificates. A service provider's decision to employ or retain the services of a person with any relevant recorded convictions will need to be rigorous, defensible and transparent.

For more information see: 5.7 Refusing or terminating employment on the basis of a criminal record.

#### **A risk assessment approach**

The following considerations are intended as a guide to assist service providers to assess a person's police certificate for their suitability to be either a staff member or volunteer for a CHSP service provider:

- **Access:** the degree of access to clients, their belongings, and their personal information. Considerations include whether the individual will work alone or as part of a team, the

level and quality of direct supervision, the location of the work, i.e. community or home based settings

- **Relevance:** the type of conviction and sentence imposed for the offence in relation to the duties a person is, or may be undertaking. A service provider must only have regard to any criminal record information indicating that the person is unable to perform the inherent requirements of the particular job
- **Proportionality:** whether excluding a person from employment is proportional to the type of conviction
- **Timing:** when the conviction occurred
- **Age:** the ages of the person and of any victim at the time the person committed the offence. The service provider may place less weight on offences committed when the person is younger, and particularly under the age of 18 years. The service provider may place more weight on offences involving vulnerable persons
- **Decriminalised offence:** whether or not the conduct that constituted the offence or to which the charge relates has been decriminalised since the person committed the offence
- **Employment history:** whether an individual has been employed since the conviction and the outcome of referee checks with any such employers
- **Individual's information:** the findings of any assessment reports following attendance at treatment or intervention programs, or other references; and the individual's attitude to the offending behaviour
- **Pattern:** whether the conviction represents an isolated incident or a pattern of criminality
- **Likelihood:** the probability of an incident occurring if the person continues with, or is employed for, particular duties
- **Consequences:** the impact of a prospective incident if the person continues, or commences, particular duties
- **Treatment strategies:** procedures that will assist in reducing the likelihood of an incident occurring including, for example, modification of duties.

## 5.5 Assessing information obtained from a police certificate for executive decision makers

CHSP service providers may use limited discretion when assessing a person's criminal history to determine whether any recorded offences are relevant to performing the functions and duties of an executive decision maker.

A CHSP service provider must not allow a person whose police certificate records a precluding offence to perform the functions and duties of an executive decision maker.

The offences that preclude a person under the CHSP police check regime from performing the functions and duties of an executive decision maker are:

- a conviction for murder or sexual assault
- a conviction and sentence to imprisonment for any other form of assault
- a conviction for an indictable offence within the past 10 years.

Whether or not an offence is an indictable offence will depend on legislation within the jurisdiction. Service providers might need to seek legal advice if there is any doubt. If a conviction for what would otherwise be a precluding offence is considered 'spent' under the law of the relevant jurisdiction (see: 5.8 Spent convictions), the conviction does not preclude the person from performing the functions and duties of an executive decision maker.

While a service provider may not use discretion to allow a person whose police certificate records a conviction for a precluding offence to perform the functions and duties of an executive decision maker, service providers may use discretion in determining whether any other

recorded convictions are relevant to performing those functions and duties. The risk assessment approach set out in 5.4 may be used as a guide to assist service providers to assess the relevance of any non-precluding offences to performing the functions and duties of an executive decision maker.

A service provider's decision to allow a person with any recorded convictions to perform the functions and duties of an executive decision maker must be rigorous, defensible and transparent. The overriding principle that service providers must bear in mind is to minimise the risk of harm to clients.

## 5.6 Committing an offence during the police certificate period

Service providers must take reasonable measures to require each of their staff members, volunteers and executive decision makers to notify them if they are convicted of an offence in the period between obtaining and renewing their police check. If an executive decision maker has been convicted of a precluding offence they must not be allowed to continue as an executive decision maker.

## 5.7 Refusing or terminating employment on the basis of a criminal record

If a service provider refuses or terminates employment on the basis of a person's conviction for an offence, the conviction must be considered relevant to the inherent requirements of the position. If in any doubt, service providers must seek legal advice regarding the refusal or termination of a person's employment on the basis of their criminal record.

Under the *Fair Work Act 2009* there are provisions relating to unfair dismissal and unlawful termination by employers. More information about the *Fair Work Act 2009* is available at: [Fair Work Commission](#). In addition, under the *Human Rights and Equal Opportunity Act 1986*, the Australian Human Rights Commission has the power to inquire into discrimination in employment on the ground of criminal record.

If a person feels they have been discriminated against based on their criminal record in an employment decision of a service provider, they may make a complaint to the Australian Human Rights Commission. Further information on discrimination on the basis of criminal record is available at: [Australian Human Rights Commission](#).

## 5.8 Spent convictions

Convictions that are considered 'spent' under state, territory and Commonwealth legislation will not be disclosed on a police certificate unless the purpose for the application (for example, working with children) is exempt from the relevant spent conviction scheme. If a conviction has been 'spent' the person is not required to disclose the conviction. The aim of the scheme is to prevent discrimination on the basis of old minor convictions, once a waiting period (usually 10 years) has passed and provided the individual has not re-offended during this period.

Spent conviction legislation varies from jurisdiction to jurisdiction. In some circumstances or jurisdictions certain offences cannot be spent.

Further Information on spent convictions can be found at: [Spent Conviction Scheme](#)

# 6 Police Check Administration

## 6.1 Record keeping responsibilities

Service providers must keep records that can demonstrate that:

- there is a police certificate, which is not more than three years old, for each staff member, volunteer and executive decision maker
- an application has been made for a police certificate where a new staff member, volunteer or executive decision maker does not have a police certificate

- a statutory declaration has been provided by any staff member, volunteer or executive decision maker who has not yet obtained a police certificate or was a citizen or permanent resident of a country other than Australia.

How a service provider demonstrates their compliance with record keeping requirements is a decision for their organisation to make based on their circumstances. The Aged Care Quality and Safety Commission may review this record keeping as part of Expected Outcome 1.2 Regulatory Compliance under the Home Care Common Standards.

## 6.2 Sighting and storing police certificates

The collection, use, storage and disclosure of personal information about staff members and volunteers must be in accordance with the *Privacy Act 1988* (Commonwealth). State and territory privacy laws can also impact on the handling of personal information such as a police certificate. Further information about privacy is available at: [Office of the Australian Information Commissioner](#).

When individuals undertake to obtain their own police certificate, or employment agencies hold police certificates, service providers must sight an original or a certified copy of the police certificate and the information and reference number must be recorded on file.

If it is impossible to assess a person's police certificate for any reason, the individual may be required to obtain a new police certificate in order for the service provider to meet their responsibilities under the CHSP police check regime.

## 6.3 Cost of police certificates

Service providers have a responsibility to ensure all staff members, volunteers and executive decision makers undergo police checks. However, the payment of the cost of obtaining a police certificate is a matter for negotiation between the service provider and the individual.

Individuals may be able to claim the cost of the police certificate as a work-related expense for tax purposes. Further advice on this issue is available from the Australian Taxation Office through their website at: [Australian Taxation Office](#).

Volunteers may be eligible to obtain a police certificate at a reduced cost whether the certificate is requested by an individual or by a service provider on behalf of a volunteer. This must be confirmed with the agency issuing the police certificate.

## 6.4 Obtaining certificates on behalf of staff, volunteers or executive decision makers

A person may provide a police certificate to the service provider or give consent for the service provider to obtain a police certificate on their behalf.

Service providers can obtain consent forms from the relevant police services or a CrimTrac accredited agency. In some jurisdictions, parental consent may be required to request a police certificate for an individual under the age of 18 years.

## 6.5 Police certificate expiry

Police certificates for all staff, volunteers and executive decision makers must remain current and need to be renewed every three years before they expire. If a police certificate expires while a staff member is on leave, the new certificate must be obtained before the staff member can resume working at the service. Service providers must note that the application or renewal process can take longer than eight weeks.

It is the responsibility of the service provider to ensure that staff have a new police certificate prior to the expiry date.

## 6.6 Documenting decisions

Any decision taken by a service provider must be documented in a way that can demonstrate to an auditor the date the decision was made, the reasons for the decision, and the people

involved in the decision i.e. the service provider, the individual, a legal representative, board members etc.

## 6.7 Monitoring compliance with police check requirements

Service providers must have policies and procedures in place to demonstrate suitable management and monitoring of the police certificate requirements for all staff members, volunteers and executive decision makers. This includes, for example:

- three-year police check renewal procedures
- appropriate storage, security and access requirements for information recorded on a police certificate
- evidence of a service provider's decisions in respect of all individuals, or where staff are contracted through another agency, evidence of contractual arrangements with the agency that demonstrates the police certificate requirements.

## Appendix D Attachment 3a – Police service contact details

Police Service	Contact Details
Australian Federal Police (for ACT and Nationally)	Phone: (02) 6140 6502 <a href="#">National Police Checks</a> (https://www.afp.gov.au/what-we-do/services/criminal-records/national-police-checks)
New South Wales Police Service	Phone: (02) 8835 7888 <a href="#">NSW Police Force</a> https://www.police.nsw.gov.au/online_services/criminal_history_check
Victoria Police	Phone: 1300 881 596 <a href="#">Victoria Police</a> (www.police.vic.gov.au/content.asp?Document_ID=274)
Queensland Police Service	Phone: (07) 3364 6262 <a href="#">Queensland Police</a> (www.police.qld.gov.au/corporatedocs/purchase/Police-Certificate-(Australia-Wide-Criminal-History).htm)
Western Australia Police Service	<a href="#">Western Australia Police</a> (https://www.police.wa.gov.au/Police%20Direct/National%20Police%20Certificates)
South Australia Police	Phone: (08) 7322 3347 <a href="#">South Australia Police</a> (www.police.sa.gov.au/services-and-events/apply-for-a-police-record-check)
Tasmania Police	Phone (03) 6173 2928 <a href="#">Tasmania Police</a> (https://www.police.tas.gov.au/services-online/police-history-record-checks/)
Northern Territory Police	Phone: 1800 723 368 <a href="#">Northern Territory Police</a> (https://forms.pfes.nt.gov.au/safent/Apply.aspx?App=CHC)

## Appendix D Attachment 3b - Statutory declaration form

Commonwealth of Australia

The statutory declaration form can be found on the [Attorney General's website](https://www.ag.gov.au/Publications/Statutory-declarations/Pages/default.aspx)  
(<https://www.ag.gov.au/Publications/Statutory-declarations/Pages/default.aspx>).

# Glossary

Term	Definition
Advocacy	The process of speaking out on behalf of an individual or group to protect and promote their rights and interests.
Aged Care Assessment Team (ACAT)	The assessment teams that determine the care needs and eligibility for a home care package or residential care (referred to as Aged Care Assessment Services in Victoria).
Aged Care Funding Instrument (ACFI)	The ACFI is a tool to assess the level of care needed for residents of residential aged care services. The classification primarily determines the level of care funding payable for that resident. This tool consists of questions and collects information about mental and behavioural disorders, medical conditions, and other care needs. The information is used to categorise residents as having nil, low, medium or high needs in each of the three care domains.
Aged Care Quality and Safety Commission	<p>The Aged Care Quality and Safety Commission provides a free service for anyone to raise their concerns about the quality of care or services being delivered to people receiving aged care services subsidised by the Australian Government, including residential care, home care packages and CHSP services.</p> <p>The Aged Care Quality and Safety Commission also administers the Australian Government's Quality Reporting Program including conducting quality reviews of home care services.</p>
Assistance with Care and Housing for the Aged (ACHA)	The former ACHA Program supported older people who were older or prematurely aged people on a low income who were homeless (at the time) or may have been at risk of becoming homeless as a result of experiencing housing stress, or not having secure accommodation.
Care Leaver	A person who was in institutional care or other form of out-of-home care, including foster care, as a child or youth (or both) at some time during the 20th century. Care Leavers include Forgotten Australians, former child migrants and people from the Stolen Generation.
Carer	A person such as a family member, friend or neighbour, who provides regular care and assistance to another person without payment for their caring role. The definition of carer excludes formal care services such as care or assistance provided by paid workers or volunteers arranged by formal services.
Carer Gateway	Carer Gateway provides carer specific supports and services nationally. Carer Gateway supports and services can be accessed by calling 1800 422 737, Monday to Friday, between 8am and 5pm or by visiting <a href="http://www.carergateway.gov.au">www.carergateway.gov.au</a>
Charter	Means the Charter of Aged Care Rights or any Charter that replaces it.
Charter of Aged Care Rights (the Charter)	The Charter of Aged Care Rights outlines the rights and responsibilities of care recipients when receiving home care and services.
Client	A person who is receiving care and services under the CHSP funded by the Australian Government.
Client's home	The client's home is considered to be where the client is currently living. This may be the home of both the client and their carer, in cases where the client and carer share a residence. See 1.2.13 of this program manual for settings where CHSP services will not be delivered.
Co-habiting Clients	Co-habiting Clients means spouses, children and other dependants who share the housing situation of the Principal Client and whose

Term	Definition
	relationship with the Principal Client requires continuation of co-habitation.
Culturally and Linguistically Diverse (CALD)	<p>Clients may be defined as Culturally and Linguistically Diverse where they have particular cultural or linguistic affiliations due to their:</p> <ul style="list-style-type: none"> <li>• place of birth or ethnic origin</li> <li>• main language other than English spoken at home</li> <li>• proficiency in spoken English.</li> </ul>
Day Therapy Centres (DTC) Program	The former DTC Program provided a range of therapies and services including allied health support.
Department	The Australian Government Department of Health.
Department of Social Services (DSS) Data Exchange	The DSS Data Exchange commenced from 1 July 2014 and is the Department of Social Services' IT system that is used for program performance reporting, including for the CHSP. Information on the DSS Data Exchange is available at <a href="https://dex.dss.gov.au/">https://dex.dss.gov.au/</a>
Diversity Framework	The Aged Care Diversity Framework released in December 2017 supports and extends upon the actions and initiatives already undertaken by the Australian Government and the aged care sector to build an inclusive, respectful, and person centred aged care system. The Diversity Framework builds on the 2013-2017 National Culturally and Linguistically Diverse and the National Lesbian, Gay, Bisexual, Transgender and Intersex aged care strategies.
Financially or Socially Disadvantaged	Individuals who, for whatever reason, are without on-going financial support as a result of incurred debt, unemployment, age or a disability. These individuals may also be socially vulnerable as a result of perception or inaccessibility, or have a tendency for self-isolation.
Frail	For the purposes of the CHSP, frail refers to older people who have difficulty performing activities of daily living without help due to functional limitations (for example communications, social interaction, mobility or self-care).
Full cost recovery	Where access to a service is at full cost recovery, this means that the CHSP provider would charge the full cost of service provision.
Grant Agreement	<p>Grant agreements are performance based, legally enforceable agreements between two or more parties that set out the terms and conditions governing a business relationship.</p> <p>The CHSP grant agreement includes the Terms and Conditions of funding and the Grant Schedule.</p>
Home and Community Care Program (HACC)	The former Commonwealth HACC Program and the (joint Commonwealth-State) HACC Program in Victoria and Western Australia provided basic maintenance, support and care services to assist eligible clients to remain living at home and in their communities. From 1 July 2015 the Commonwealth HACC program was consolidated into the CHSP. HACC services for older people in Victoria and Western Australia were transitioned into the national CHSP on 1 July 2016 (Victoria) and 1 July 2018 (Western Australia).
Home Care Packages	A home care package is an Australian Government-funded co-ordinated package of services tailored to meet the person's specific care needs, with eligibility determined by an ACAT. There are four levels of packages.
Home Services Quality Review	Information is available on the <a href="#">Aged Care Quality and Safety Commission website</a> for home services providers on how to conduct quality reviews.

Term	Definition
Aged Care Quality Standards	Refers to the Aged Care Quality Standards set out in the <a href="#">Quality of Care Amendment (Single Quality Framework) Principles 2018</a> .
Homeless	Homeless means people who are: <ul style="list-style-type: none"> <li>• without any acceptable roof over their head e.g. living on the streets, under bridges, in deserted buildings etc. (absolute homelessness or sleeping rough)</li> <li>• moving between various forms of temporary or medium term shelter such as hostels, refuges, boarding houses or friends</li> <li>• constrained to living permanently in single rooms in private boarding houses</li> <li>• housed without conditions of home e.g. security, safety, or adequate standards (includes squatting).</li> </ul>
Housing Stress	The Australian Institute of Health and Welfare defines housing stress as households which spend more than 30 per cent of their household income on housing costs. Low-income households in housing stress are of particular concern since the burden of high housing costs reduces their ability to meet their other living expenses.
Lesbian, gay, bisexual, transgender, intersex and queer people (LGBTIQ)	People who are lesbian, gay, bisexual, transgender, intersex and queer.
Low Income	Low Income is equivalent to: <ul style="list-style-type: none"> <li>• incomes in the bottom two-fifths of the population</li> <li>• the maximum gross income or less necessary to qualify for or retain a Low Income Health Care Card, as issued by Centrelink</li> <li>• whichever amount is greater.</li> </ul>
My Aged Care	My Aged Care was introduced on 1 July 2013 and assists older people, their families and carers to access aged care information and services via the <a href="#">My Aged Care</a> website and My Aged Care contact centre (1800 200 422).
National Aged Care Advocacy Program (NACAP) – provided by Older Persons Advocacy Network (OPAN)	National Aged Care Advocacy Program services have been provided by Older Persons Advocacy Network (OPAN) since 1 July 2017. OPAN organisations offer free aged care advocacy services that are independent and confidential, with services focused on supporting older people and their representatives to raise and address issues relating to accessing and interacting with Commonwealth funded aged care services.
National Aged Care Alliance (NACA)	The National Aged Care Alliance (NACA) is a representative body of peak national organisations in aged care, including consumer groups, service providers, unions and health professionals, working together to determine a more positive future for aged care in Australia.
National Continence Program (NCP)	The National Continence Program (NCP) aims to improve awareness, prevention and management of incontinence so that more Australians and their carers can live and participate in the community with confidence and dignity.
National Disability Insurance Scheme (NDIS)	The National Disability Insurance Scheme provides community linking and individualised support for people with permanent and significant disability, their families and carers.
National Respite for Carers Program (NRCP)	The National Respite for Carers Program (NRCP) was a former Commonwealth funded respite program that was consolidated into the CHSP from 1 July 2015. The NRCP contributed to the support and maintenance of caring relationships between carers and care recipients by facilitating access to information, respite care and other support

Term	Definition
	appropriate to the carer's individual needs and circumstances, and those of the care recipient.
National Screening and Assessment Form (NSAF)	To ensure a nationally consistent and holistic screening and assessment process, the NSAF will be used by My Aged Care staff, the RAS and existing ACATs.
Not having secure accommodation	Not having secure accommodation refers to accommodation where the person's tenure is precarious or there is a likelihood that they will have to move on because of an escalation in rental cost, exploitation or unsuitability of the accommodation for their needs. This may include boarding and lodging arrangements, public housing and staying with friends or relatives. It may also include accommodation owned by the client for which they are in immediate circumstances of losing ownership and accommodation rights.
Older people	For the purposes of the CHSP, older people are people aged 65 years and over and Aboriginal and Torres Strait Islander people aged 50 years and over.
Out-of-scope	Services and items that must not be purchased or delivered using CHSP funding.
Planned Respite	Planned respite includes a range of respite services delivered on a short-term or time-limited bases and planned in advance. Planned respite can be provided in a client's home or temporarily in another setting such as a day centre or in the community.
Planning Framework	Approach used to plan for funding and ongoing program management of aged care service delivery at a regional level. The CHSP uses Aged Care Planning Regions.
Prematurely aged people	People aged 50 years and over (or 45 years and over for Aboriginal and Torres Strait Islander people) whose life course such as active military service, homelessness or substance abuse, has seen them age prematurely.
Principal Clients	Principal Client means the sole client or the older client in a household.
Quality review	The process of reviewing the quality of services delivered against the Standards. The process includes notification of a quality review, self-assessment, a site visit, a Quality Review Report, a Plan for Continuous Improvement and if applicable a timetable for improvement and/or monitoring/follow-up activities.
Reassessment	A reassessment takes place where an existing client has received an assessment and support plan and there is a significant change in a client's needs or circumstances which affect the objectives or scope of the existing support plan or care needs or following a short-term episode of restorative care or reablement service delivery. Providers can request a reassessment through the support plan review process. Assessors are best-placed to make the decision as to whether a client requires a reassessment following the review. This decision is supported by the information provided by the client, the contact centre, service providers and health professionals.
Regional Assessment Services (RAS)	The My Aged Care RAS is responsible for assessing the home support needs of older people. The service will provide timely support for locating and accessing suitable services based on the preferences of older people. Assessors will be appropriately skilled, and trained by <i>My Aged Care</i> , to undertake assessments and identify services appropriate to a diverse range of clients.
Residential day respite	Residential day respite provided under the CHSP is defined as <i>day</i> respite provided in a residential facility – it does not include consecutive

Term	Definition
	days or nights and is not consider to be the same as Residential Respite which is delivered under the <i>Aged Care Act 1997</i>
Residential respite	Residential respite that is delivered under the <i>Aged Care Act 1997</i> is defined as residential care or flexible care (as the case requires) provided as an alternative care arrangement with the primary purpose of giving a carer or care recipient a short-term break from their usual care arrangement.
Restorative Care	<p>For a smaller sub-set of older people, restorative care may be appropriate, where assessment indicates that the client has potential to make a functional gain.</p> <p>Restorative care involves evidence based interventions that allow a person to make a functional gain or improvement in health after a setback, or in order to avoid a preventable injury. Interventions are provided or are led by allied health workers based on clinical assessment of the individual. These interventions may be one to one or group services that are delivered on a short-term basis which are delivered by, or under guidance of an allied health professional.</p>
Review	<p>A review of services may be undertaken by the service provider to check the effectiveness and on-going appropriateness of the services a client is receiving.</p> <p>A support plan review of client needs is undertaken by My Aged Care RAS or ACAT where:</p> <ul style="list-style-type: none"> <li>• The assessor sets a review date in the support plan for a short-term service.</li> <li>• A service provider identifies a change in the client's needs or circumstances that affects the existing support plan.</li> <li>• A client identifies a change in their needs or circumstances, or seeks assistance to access new services or change their service provider.</li> </ul>
Sector Support and Development	Activities that support and improve service delivery to clients and build the capacity of service providers and the sector.
Serious Incident	<p>Serious incidents are defined as those which may:</p> <ul style="list-style-type: none"> <li>• have an adverse impact on the health, safety or wellbeing of a client</li> <li>• seriously affect public confidence in the CHSP.</li> </ul>
Short-Term Restorative Care (STRC)	The Short-Term Restorative Care (STRC) Programme is an early intervention program that aims to reverse and/or slow 'functional decline' in older people and improve wellbeing through the delivery of a time-limited (up to 56 paid days), goal-oriented, multi-disciplinary and coordinated range of services designed for, and approved by, the client. STRC services may be delivered in a home care setting, a residential care setting, or a combination of both.
Service provider	Service provider refers to service providers or organisations funded to provide services under the CHSP.
Single Aged Care Quality Framework	The Single Aged Care Quality Framework comprises a single set of quality standards, new quality assessment arrangements across aged care and enhanced quality information to enable consumers to make choices about the care and services they need.
Standards	Means the Aged Care Quality Standards or any standards that replace them.

Term	Definition
Transition Care	Transition Care provides short-term, goal oriented and therapy-focused care for older people after hospital stays either in a home or community setting or in a residential aged care setting.
Veterans' Home Care (VHC)	The Veterans' Home Care program provides low level home care services to eligible veterans and war widows and widowers.
Volunteers	<p>A volunteer is defined, for the purposes of this program manual, as a person who:</p> <ul style="list-style-type: none"> <li>• is not a staff member</li> <li>• offers his or her services to the service provider</li> <li>• provides care or other services on the invitation of the service provider and not solely on the express or implied invitation of a client</li> <li>• has, or is reasonably likely to have, unsupervised interaction with clients.</li> </ul>
Wellness and Reablement	Refer to Chapter 2 – Supporting Independence
Work Health and Safety	Workplace Health and Safety (WHS) often referred to as Occupational Health and Safety, involves the assessment and mitigation of risks that may impact the health, safety or welfare of those in your workplace. This may include the health and safety of your clients, employees, visitors, contractors, volunteers and suppliers. As a service provider there are legal requirements that you must comply with to ensure your workplace meets WHS obligations.