

NESST Newsflash

Hi Everyone,

Welcome to the NESST Newsflash. If you wish to unsubscribe to this Newsletter, please reply to this email and NESST will remove you from our mailing list. 😊

Contents

NESST Newsflash.....	1
NESST Regional Zoom	2
NESST Free On-line Training Portal.....	2
NSW Community Building Partnership (CBP) Program 2021.....	2
Meeting Community Needs in Difficult Times: Experiences of Australia's Community Sector	3
How to Create Meaningful Corporate Partnerships - 10 May 2021, Online	3
Supporting older Australians to maintain positive mental health.....	3
Palliative Care Resources for Aboriginal and Torres Strait Islander people	4
Strategic Grants Bootcamp: Seeking & Applying for Grants - 11 & 28 May 2021, Online	4
New palliative care resources to support aged care	4
Kate Swaffer - Governor's Lecture 2021	4
Cultural diversity webinars	5
Supporting the building of intergenerational programs within communities.....	5
Calls for Disability Royal Commission to be extended.....	5
Aged care interventions target veterans	6
The Centre for Diversity Training FREE - Diversity Training Series	6
Aged Care Workforce - Caring for people who have experienced trauma.....	6
HSP Digital Landing Page – reablement resources	6
CRANA - Bush Support	6
CHSP Ad-Hoc Emergency COVID-19 Funding – GO3877 – closes 30 June 2021.....	7
CHSP Ad Hoc Funding - GO4265 - closes 30 June 2022	7
Department of Health Updates	7

NESST Regional Zoom

Our regular Regional CHSP Zooms will be held on **1 June 2021** at **2 pm**.

If anyone has agenda items for the forum or would like us to find information/speakers on specific issues please let us know asap.

NESST Free On-line Training Portal

Have a look at the new portal! We have now moved most content over to the new platform. A certificate is emailed on completion. The portal is now available to all New England Aged Care providers and all community transport projects in NSW. Please share with your staff and volunteers:

<https://nesstbasictraining.thinkific.com/>

On this site you will find:

An introduction to the Commonwealth Home Support Programme

Food Safety for Seniors

Dementia Basics

Duty of Care

Professional Boundaries

Confidentiality

If you would prefer to host a paper-based group session we are happy to help. We can provide resources and send out certificates after completion.

NSW Community Building Partnership (CBP) Program 2021

Close 14 May 2021

The NSW Government is investing in infrastructure projects that deliver positive social, environmental, and recreational outcomes while promoting community participation, inclusion and cohesion. In 2021, there is a maximum of \$300,000 to allocate in each electorate. The average grant awarded is around \$20,000.

Incorporated not-for-profit community organisations and local councils are eligible to apply for grants of between \$5,000 and \$150,000.

<https://www.nsw.gov.au/projects/community-building-partnership>

Meeting Community Needs in Difficult Times: Experiences of Australia's Community Sector

Community sector leaders have reported a surge in unmet demand for services dealing with economic hardship, homelessness, mental health and domestic violence as a result of under-funding, in research conducted by the Social Policy Research Centre at UNSW Sydney.

The research was commissioned by the Australian Council of Social Service in partnership with the Councils of Social Service and with the support of Bendigo Bank. The qualitative study took place in February and March 2021.

[https://www.acoss.org.au/wp-content/uploads/2021/04/meeting-community-needs-in-difficult-times_experiences-of-Australias-community-sector WEB v2.pdf](https://www.acoss.org.au/wp-content/uploads/2021/04/meeting-community-needs-in-difficult-times_experiences-of-Australias-community-sector_WEB_v2.pdf)

How to Create Meaningful Corporate Partnerships - 10 May 2021, Online

The Centre for Volunteering

How to Create Meaningful Corporate Partnerships

10 May 2021, 2.00pm-5.00pm Online

Cost: \$0-\$240.

This interactive workshop will guide you through the key considerations and critical steps for Charities, Not-for-profit or For-Purpose organisations to create powerful corporate engagement.

Take the next step from corporate volunteering programs and fundraising to creating meaningful partnerships.

<https://www.volunteering.com.au/event/how-to-create-meaningful-corporate-partnerships/>

Supporting older Australians to maintain positive mental health

ACSA in partnership with Mental Health & Well-Being Training Solutions has developed a series of non-clinical webinars, focused on raising awareness and providing education and training to increase understanding of the variety of mental health conditions experienced by older people, and the impact these conditions may have on care and service delivery in the older person's home.

<https://acsa.asn.au/News/Supporting-older-Australians-mental-health>

Palliative Care Resources for Aboriginal and Torres Strait Islander people

Palliative Care Australia has launched '[Discussing Choices - Indigenous Advance Care Plans - A Learning Resource](#)', a new video for health professionals.

The video illustrates culturally safe advance care planning for Aboriginal and Torres Strait Islander communities.

Strategic Grants Bootcamp: Seeking & Applying for Grants - 11 & 28 May 2021, Online

Connecting Up

Strategic Grants Bootcamp: Seeking & Applying for Grants

11 & 18 May 2021, 11.00am-12.30pm Online

Cost: \$150 +GST.

Grant funding can be a significant boost to your budget and is available for a range of activities to help your non-profit organisation achieve its mission. For example, to start a new program, buy equipment or even invest in your own organisational planning.

When it comes to grant-seeking, there is not a 'fail proof formula' that absolutely guarantees success, but there are a number of steps you can follow to put your organisation in the best possible position for grants success.

<https://www.connectingup.org/events/webinars/strategic-grants-bootcamp-seeking-applying-grants>

New palliative care resources to support aged care

ELDAC is developing [a suite of new resources](#) spanning five key areas that are integral to the provision of quality palliative care across the aged care sector.

These new resources will be released from early 2021 to mid-2023 and are designed to improve capacity at the individual, service and system levels. A [printable factsheet](#) has also been developed for download.

Kate Swaffer - Governor's Lecture 2021

A compelling presentation on the impacts of childhood trauma & the consequences of the failure to respond effectively - including incarceration.

It is very relevant to the incarceration of people with dementia in 'secure memory units', and also to 'failure to respond' via the lack of redress in the Australian Royal Commission into Aged Care

<https://kateswaffer.com/2021/04/18/governors-lecture-2021/>

Cultural diversity webinars

The [Centre for Cultural Diversity in Ageing](#) has launched new free webinars covering a range of topics of interest to staff and leaders in aged care services, including:

- Accessing culturally appropriate resources for your consumers
- Applying a diversity lens to dementia care
- Cross-cultural communication.

These free webinars will be facilitated by diversity experts from across Australia.

Supporting the building of intergenerational programs within communities

Researchers at Neuroscience Research Australia (NeuRA) and University of New South Wales (UNSW) [DR GAIL KENNING](#), [ASSOCIATE PROFESSOR RUTH PETERS](#), [YING XU](#), [NICOLE EE](#) are working on an Intergeneration Integration project.

There is increasing evidence to show that intergenerational interaction is beneficial for older adults and children alike. Higher levels of social engagement in older adults have been associated with better physical and cognitive function and wellbeing. Time spent with older adults has been linked to enhanced social and personal skills in children. However, familial intergenerational interaction is falling despite rising numbers of community-based older adults. In Australia alone, approximately 15% of the total population are aged 65 and over, up from 5% in the 1920s and estimated to increase to 22% (8.8 million) in the next 30-40 years. Employment and economic factors drive greater geographical mobility of working-age adults, resulting in increased separation from older family members with 40% of Australians aged 75-84 and 51% of those 85 and over living alone. Recent television series in Australia and the United Kingdom, have raised awareness and enthusiasm for intergenerational activities as an opportunity that could be realised within communities. However, while intergenerational programs are gaining in popularity globally, evidence for best practice in this area remains scarce.

This project will build and pilot a novel, evidence-based, co-designed Intergenerational Program Development toolkit targeted for community use and tailored to an Australian environment.

Calls for Disability Royal Commission to be extended

Disability groups have renewed calls for a 17-month extension to the disability royal commission, warning there is not enough time left for the inquiry to conduct its investigations thoroughly given the delays caused by COVID-19. <https://tinyurl.com/7tkhzd4a>

Aged care interventions target veterans

An aged care provider is offering a program where older people can create an e-book of their lives as part of a suite of interventions targeting ageing veterans.

<https://communitycarereview.com.au/2021/04/22/aged-care-interventions-target-veterans/>

The Centre for Diversity Training FREE - Diversity Training Series

The Centre for Cultural Diversity in Ageing has launched eight new webinars for 2021. The Diversity Training Series was designed in response to a diversity training provider survey conducted in 2020 by the Centre. The webinars cover a range of topics of interest to staff and leaders in aged care services. These free webinars will be facilitated by diversity experts from across Australia.

<http://www.culturaldiversity.com.au/news-and-events/latest-news/682-diversity-training-series>

Aged Care Workforce - Caring for people who have experienced trauma

Working in aged care can be rewarding but also difficult, particularly if the people in your care have experienced trauma. There are simple things you can do to help an older person affected by trauma feel safe and get the help that they need, while also supporting your well-being.

https://www.phoenixaustralia.org/wp-content/uploads/2021/01/Aged-Care-Handout_Impact_of_Trauma_Staff.pdf

HSP Digital Landing Page – reablement resources

Following consultation with the aged care sector, Health has designed a suite of products for Commonwealth Home Support Programme (CHSP) organisations to better understand, embed, and practically apply wellness and reablement into CHSP service delivery practices.

All CHSP organisations can access the reablement digital landing page on the department's website.

<https://www.health.gov.au/initiatives-and-programs/wellness-and-reablement-initiative>

CRANA - Bush Support

Toll-free 24hr Telephone Counselling every day of the year - call 1800 805 391 - for ALL remote health workers/service providers and their families <https://crana.org.au/support>

Bush Support provide a range of programs and resources to assist remote workers and their families in managing the stress of living and working in a remote location. The program includes an anonymous, nationwide 24-hour telephone debriefing and support service staffed by psychologists with remote experience.

CHSP Ad-Hoc Emergency COVID-19 Funding – GO3877 – closes 30 June 2021

The objective of this grant is to provide assistance through limited financial support to existing CHSP service providers to enable them to respond to unforeseen and exceptional circumstances that directly impact existing service delivery arrangements that are beyond the control of the grant recipient.

<https://www.grants.gov.au/Go/Show?GoUuid=6c903322-0521-8405-245c-dd56c93b7960>

CHSP Ad Hoc Funding - GO4265 - closes 30 June 2022

This is to enable services to respond to unforeseen and exceptional circumstances, address gaps in service delivery and trial and implement new and innovative service delivery models. You have until **30th June 2022 @ 2 pm** to apply for one-off and/or recurrent funding.

<https://www.grants.gov.au/Go/Show?GoUuid=64c68525-fdd8-bbb7-1826-7ff80a0f88ca>

Department of Health Updates

Keep up to date – find all the updates here:

<https://www.health.gov.au/news/newsletters>