

## NESST Newsflash

Hi Everyone,

Welcome to the NESST Newsflash. If you wish to unsubscribe to this Newsletter, please reply to this email and NESST will remove you from our mailing list. ☺

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## **NESST Regional Zoom**

Our regular Regional CHSP Zooms will be held on **31 March 2021**, and **1 June 2021** at **2 pm**.

If anyone has agenda items for the forum or would like us to find information/speakers on specific issues please let us know asap.

**Please register:** [https://us02web.zoom.us/meeting/register/tZMsf-2qqTguHdXjB6ZEBWqM95xnDs\\_wxJNt](https://us02web.zoom.us/meeting/register/tZMsf-2qqTguHdXjB6ZEBWqM95xnDs_wxJNt)

## **NESST Free On-line Training Portal**

Have a look at the new portal! We have now moved most content over to the new platform. A certificate is emailed on completion. The portal is now available to all New England Aged Care providers and all community transport projects in NSW. Please share with your staff and volunteers:

<https://nesstbasictraining.thinkific.com/>

On this site you will find:

**An introduction to the Commonwealth Home Support Programme**

**Food Safety for Seniors**

**Dementia Basics**

**Duty of Care**

**Professional Boundaries**

If you would prefer to host a paper-based group session we are happy to help. We can provide resources and send out certificates after completion.

## **The Road Less Travelled – Rural CHSP Transport Conference**

5<sup>th</sup> and 6<sup>th</sup> May 2021 in Mudgee

**Register:** [https://whova.com/portal/registration/roadl\\_202105/](https://whova.com/portal/registration/roadl_202105/)

## **The Aged Care Royal Commission**

The Aged Care Royal Commission report was released to the public on 1<sup>st</sup> March. The report is contained in 8 volumes. Hard copy volumes can be ordered from the website or they are available on-line. Volume One is the summary and recommendations.

There are 144 recommendations.

The entire report can be found here

<https://agedcare.royalcommission.gov.au/publications/final-report>

the recommendations can be found here

<https://agedcare.royalcommission.gov.au/publications/final-report-list-recommendations>

## **Aged Care Royal Commission recommends a major expansion of the aged care and disability workforce.**

The Royal Commission into Aged Care report, has recommended a major expansion of the aged care and disability workforce.

Improved workforce conditions and capability sits as one of the “top four takeaways from this landmark report,” along with the need for a rights-based aged-care system, stronger governance systems for providers and that “a better system will cost more”.

In response to the Royal Commission, the [Commonwealth Government immediately committed](#) additional funding of \$452.2 million to address immediate priorities, which includes an investment of \$92 million to create more than 18,000 places for workers between now and mid-2023. “There will be a significant increase in activity to attract job seekers into the sector, and a new Home Care Workforce Support Program will provide additional targeted support, including assistance to employers to access support and training for new recruits,” Minister Greg Hunt said.

The size of workforce expansion come is enormous, as [Bernard Keane writes](#) (*Crikey*, 5 March 2021, \$): “Despite extensive understaffing in the sector, the aged care workforce is already large: 366,000 paid staff, 68,000 volunteers, 28,000 contractors — around 3% of the entire workforce. And it’s going to expand rapidly in coming years. Simply to maintain current (wholly inadequate) staffing levels, the equivalent of an extra 130,000 full time staff will be required in the next 29 years. The commissioners want an additional 80,000 workers by 2030 and an extra 180,000 by 2050 in order to properly staff the sector.”

Other issues raised include the importance of aged care provider governance, one of the five pillars of the Government’s “five year roadmap”: \$30 million will fund training for an expected 3,700 individuals in [governance programs](#).

## **FREE - LGBTQ Inclusive Practice for Aged Care Workers Webinar**

The two-part Webinar will help advance understanding of LGBTQ culture and unique health aspects with a focus on inclusive practices for ageing care workers through discussion with like-minded people, completing video content from the community, and engaging activities.

19 March: <https://zoom.us/meeting/register/tJUIce2vrj4rHtxV6PZ32TG-gJluxA3hWd2X>

24th March: <https://zoom.us/meeting/register/tJMudOmurDsrH9FvLnO372bxZ-0KqxmULUPg>

31st March: <https://zoom.us/j/95480373465?pwd=MGh5ek9yWDBDazZ4ZnJPWk5zSmpidz09>

## **Aged care respite services bolstered for culturally diverse groups**

Older Australians from culturally and linguistically diverse communities across the country are set to access more tailored respite care and CHSP funding

<https://www.agedcareguide.com.au/talking-aged-care/additional-9-67m-funding-for-cald-seniors-accessing-respite-care>

## **Aged care workforce recruitment campaign launched**

The Aged Care Workforce Industry Council (ACWIC) has this week launched a new campaign titled 'Bring Your Thing', encouraging Australians to bring their skills, talents and passions to a rewarding career in aged care. The campaign is based on the idea that many of the skills and personality traits people already have, could be put to great use in aged care.

<https://acwic.com.au/careers/>

## **Podcast series about Wellness & Reablement**

**Episode 2 Joining the Dots – Commonwealth Home Support Programme (CHSP) Reablement training Podcast. 9mins**

Home is something that takes hold of our hearts and our minds in so many ways. This is a series that's all about making each and every day as good as it can be, wherever we call home, for whoever lives there and whatever their status.

The CHSP program has developed a new podcast series about Wellness & Reablement. There are 11 episodes which range from 10 - 20 minutes each. This entertaining and informative listen is a great way to learn and you can listen while getting some exercise on a walk at the same time! **To access the podcast download the Podbean app** from apple or google apps, search for My Aged Care Learning and follow the series.

## **CRANA - Bush Support**

Toll-free 24hr Telephone Counselling every day of the year - call 1800 805 391 - for ALL remote health workers/service providers and their families <https://crana.org.au/support>

Bush Support provide a range of programs and resources to assist remote workers and their families in managing the stress of living and working in a remote location. The program includes an anonymous, nationwide 24-hour telephone debriefing and support service staffed by psychologists with remote experience.

## **CHSP Ad-Hoc Emergency COVID-19 Funding – GO3877 – closes 30 June 2021**

The objective of this grant is to provide assistance through limited financial support to existing CHSP service providers to enable them to respond to unforeseen and exceptional circumstances that

directly impact on existing service delivery arrangements that are beyond the control of the grant recipient.

<https://www.grants.gov.au/Go/Show?GoUuid=6c903322-0521-8405-245c-dd56c93b7960>

### **CHSP Ad Hoc Funding - GO4265 - closes 30 June 2022**

This is to enable services to respond to unforeseen and exceptional circumstances, address gaps in service delivery and trial and implement new and innovative service delivery models. You have until **30th June 2022 @ 2pm** to apply for one off and/or recurrent funding.

<https://www.grants.gov.au/Go/Show?GoUuid=64c68525-fdd8-bbb7-1826-7ff80a0f88ca>

### **The Dementia Podcast**

Would I lie to you' dissects the term 'white lies' and examines how some common care practises are fundamentally lies. Together this panel provides advice through real life examples, demonstrating how each person with dementia has a unique story and therefore, how their care, including the role of 'white lies', must be conducted with a deep understanding of the individual and a team approach between family, friends and care staff.

[https://www.dementiapodcast.com/1268711/8109592-talking-dementia-would-i-lie-to-you?utm\\_source=AAA&utm\\_medium=banners&utm\\_content=tp\\_hp\\_ba\\_st&utm\\_campaign=DCPODCAST](https://www.dementiapodcast.com/1268711/8109592-talking-dementia-would-i-lie-to-you?utm_source=AAA&utm_medium=banners&utm_content=tp_hp_ba_st&utm_campaign=DCPODCAST)

### **Professional Development: Dementia Essentials**

Fully funded accredited course.

#### **CHCAGE005 Provide support to people living with dementia**

Understand changed behaviour in people living with dementia. Learn how to successfully communicate and develop engaging activities.

Build your teams expertise. Staff can choose a mode of learning that meets their needs. Choose to learn face-to-face, online via a virtual classroom – or a combination of both

The course can be delivered across multiple sites and locations while maintaining social distancing.

More information and registration - <https://dta.com.au/dementia-essentials/>

### **Online Resource Library DTA**

A variety of free dementia tools and printable resources that you can use at your workplace

<https://dta.com.au/download-type/train-the-trainer/>

## Get ready for your COVID-19 vaccinations

What to do now

There are 3 steps you can take now to get ready:

1. create a myGov account and link Medicare
2. check your contact details for Medicare are up to date
3. view your immunisation history statement.

<https://www.servicesaustralia.gov.au/individuals/news/get-ready-your-covid-19-vaccinations>

## Remote and Aboriginal and Torres Strait Islander Aged Care Service Development Assistance Panel (SDAP)

SDAP provides free professional support to eligible aged care service providers and aims to help providers in 3 main areas – provider capacity and support, sector development and infrastructure project management.

Panel members work with you to improve the way you deliver and administer services. They do this through offsite mentoring and onsite training.

For further information or to apply visit the [Department of Health's website.](#)

## Everyday Justice

Everyday Justice is a not-for-profit law firm owned by Mills Oakley. They provide free legal advice to people and organisations who cannot access means-tested Legal Aid services or afford a private lawyer without incurring substantial financial hardship. They also act for free in public interest law matters involving issues such as social or public welfare, human rights, reconciliation, the natural environment and the protection of animals.

In addition, in partnership with The College of Law, we advance education by creating a holistic learning environment for law graduates and newly qualified lawyers who are interested in gaining legal experience in social justice and public interest matters.

[Find out more about Everyday Justice.](#)

## Wellness and reablement initiative

For your Commonwealth Home Support Programme (CHSP) service to remain eligible for government funding, you need to embed wellness and reablement services into your organisation. Join our community of practice and find resources to help you.

The Commonwealth Department of Health has developed a range of online resources to help Commonwealth Home Support Programme (CHSP) service providers embed wellness and reablement approaches into their organisational practices and service delivery.

Join the [community of practice website](#) – you'll need to create an account to get access. Connect with other CHSP service providers, help and support each other, share ideas and stories, and seek feedback.

The online training modules will help CHSP support workers, allied health professionals and team leaders embed wellness and reablement into everyday service delivery approaches. Training includes:

- eLearning modules
- Foundations in wellness and reablement
- Wellness and reablement in practice
- Reablement planning and strategy development
- podcast series in wellness and reablement to supplement the eLearning modules
- Facilitator's Toolkit for CHSP providers with in-house training infrastructure.

The eLearning modules are available on the [My Aged Care Learning Environment \(MACLE\)](#).

There is also a collection of practical guides and tools for Commonwealth Home Support Program (CHSP) providers will help you embed wellness and reablement approaches into your service delivery. <https://www.health.gov.au/resources/collections/wellness-and-reablement-resources>

## **CHSP Digital Landing Page – reablement resources**

Following consultation with the aged care sector, we have designed a suite of products for Commonwealth Home Support Programme (CHSP) organisations to better understand, embed, and to practically apply wellness and reablement into CHSP service delivery practices.

All CHSP organisations can access the reablement digital landing page on the department's website.

<https://www.health.gov.au/initiatives-and-programs/wellness-and-reablement-initiative>

## **Department of Health Updates**

Keep up to date – find all the updates here:

<https://www.health.gov.au/news/newsletters>