

NESST Newsflash

Hi Everyone,

Welcome to the NESST Newsflash. If you wish to unsubscribe to this Newsletter, please reply to this email and NESST will remove you from our mailing list. 😊

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NESST Regional Zoom

Our regular Regional CHSP Zooms will be held on **31 March 2021**, and **1 June 2021** at **2pm**.

If anyone has agenda items for the forum or would like us to find information/speakers on specific issues please let us know asap.

Better Questions Workshop

The **Better Questions** workshop offers highly effective communication strategies and practical tips that will enable you to enhance your communication skills and professional practice. Using the **Better Questions** communication technique with your clients will lead to them being more engaged, motivated for self-management and less dependent upon services.

Interested people, please register via the stickyticket link <https://www.stickytickets.com.au/B5PR2>

Attendees, please arrive at 9.15 am for 9.30 start and will finish at 4.30 pm.

This is a great workshop and there are limited places available.

NESST Free On-line Training Portal

Have a look at the new portal! We have now moved most content over to the new platform. A certificate is emailed on completion. Please share with your staff and volunteers within the New England area:

<https://nesstbasictraining.thinkific.com/>

On this site you will find:

An introduction to the Commonwealth Home Support Programme

Food Safety for Seniors

Dementia Basics

Still awaiting review and transition is:

Community Basics

<https://www.inductforwork.com.au/portals/new-england-sector-support-team-online-induction-nesst-basic-training>

If you are having trouble getting the modules to load for some people, please give us a call and we will resend the invitation to the individual.

If you would prefer to host a paper-based group session we are happy to help. We can provide resources and send out certificates after completion.

Courageous Conversations Virtual Workshop

Are you struggling with any of the following? Giving constructive feedback Assertive communication Challenging unacceptable behaviour Responding to criticism Communicating change or the need for improved performance Dealing with difficult people and managing emotions (theirs and yours)

https://www.betterquestions.com.au/upload/Courageous_Conv_Virtual_comm_16_Feb_21.pdf

Understanding Dementia – Free Course

The Understanding Dementia MOOC was developed by the Wicking Dementia Research and Education Centre based in the College of Health and Medicine at the University of Tasmania. This world-leading online course is free, easily accessible and available to everyone with an interest in dementia.

Opens 16th Feb at 9 am

Follow the link to register - <https://mooc.utas.edu.au/>

Grant opportunity – CHSP Growth Funding 2020-21 and 2021-22

Closes Friday 5 February 2021 at 2.00pm (AEDT).

There are provisions under the Commonwealth Home Support Programme (CHSP) for the allocation of additional growth funding to help meet increased numbers of older Australians needing access to CHSP services. Growth funding is allocated on the basis of identified funding priorities and gaps in service delivery. Broad consultation with the sector informed the priorities that are identified and targeted in this grant opportunity.

This grant opportunity seeks to meet the entry-level aged care needs of older Australians by increasing funding to meet targeted geographic and service needs of clients eligible for CHSP.

This grant opportunity targets two CHSP Sub-Programs and 15 CHSP service types, as outlined in the table at Appendix A – Priority Table. The profile of the targeted growth priorities varies across Aged Care Planning Regions (ACPR) to address the local need and availability of services.

<https://www.grants.gov.au/Go/Show?GoUuid=c91162bb-9f36-2781-fb6d-5abd2bd5d379>

COVID job optional for aged care workers

Australia's 318,000 aged care and disability workers and 190,000 aged care and disability residents remain at the top of the priority list to receive the vaccine, which will be administered in two doses at least 21 days apart from late February. The states and territories are following the Commonwealth's advice and not forcing aged care workers to have the COVID-19 vaccine, health departments tell Australian Ageing Agenda.

CHSP Digital Landing Page – reablement resources

Following consultation with the aged care sector, we have designed a suite of products for Commonwealth Home Support Programme (CHSP) organisations to better understand, embed, and to practically apply wellness and reablement into CHSP service delivery practices.

All CHSP organisations can access the reablement digital landing page on the department's website.

<https://www.health.gov.au/initiatives-and-programs/wellness-and-reablement-initiative>

Fifty Acres Academy Not-for-profit Webinars - Jan-Apr 2021

Fifty Acres Academy is running several free webinars for not-for-profits during January-April 2021. Topics include thinking ahead for the 2021/22 budget; crisis management; getting ready for 2021 if it's an election year; advocacy: determining your goals and agenda; and a campaign master class.

[More information and registration.](#)

Five Steps to Improve your Nonprofit Website

Your website is your nonprofit's digital home. It represents you online 24/7, bringing your work to life and motivating supporters. Nonprofit websites must be engaging, effective, and purposeful. 54% of donors worldwide prefer to give online, and up to 20% of donors are most inspired to give by a nonprofit's website.

Ready to improve your nonprofit's online presence? A Website Wellness Exam will help you boost the health of your website and identify areas for growth.

In this article, Nonprofit Tech for Good shares 5 steps to ensure that your nonprofit website is healthy, engaging, and converting online visitors into dedicated supporters.

[Read full article.](#)

Smart home technology for older Australians.

The NSW office of eSafety is offering the course on smart homes and cloud technology as part of its Be Connected program.

eSafety Commissioner Julie Inman Grant says there is huge potential for smart home technology to help seniors around the home.

Some 1.5 million Australians aged over 55 own a smart speaker, eSafety says.

“Smart speakers offer a lot of convenience for older Australians but also importantly, they can help seniors who may be mobility or vision impaired,” Ms Grant says.

“Just by using their voice, they can make appointments, get the latest news and weather updates and more.”

She says its estimated that by 2025 more than four million Australians will be using smart speakers.

“So this is technology that is becoming increasingly common and beneficial to many older Australians,” she says.

The course explains smart technology, and how to set up a smart speaker and use voice control to perform tasks like setting reminders or searching for recipes.

It also explains what cloud technology is and how to use it safely.

The smart homes and cloud technology course is available for

free: <https://beconnected.esafety.gov.au/topic-library/introduction-to-smart-homes>

Do You Know your Information Risks? Security, Privacy, Record-Keeping - 3 Feb 2021, Online

Connecting Up

Do You Know your Information Risks? Security, Privacy, Record Keeping

3 February 2021, 11.00am-12.00pm

Online **Cost:** \$30 +GST.

By the end of this webinar you will understand the regulatory environment for handling information in the not-for-profit sector. You will also be able to explain how your organisation can discover high-risk compliance gaps to focus your improvements efforts and prioritise the use of limited resources. The webinar will show you how to provide evidence to your auditors and regulators:

- Australian Charities and Not-for-profits Commission (ACNC)
- Office of the Australian Information Commissioner
- Australian Commission on Safety & Quality in Health Care
- Aged Care Quality & Safety Commission
- NDIS Commission
- State Health & Human Services Departments
- Internal audit and risk committee

<https://www.connectingup.org/events/webinars/do-you-know-your-information-risks-security-privacy-record-keeping>

Governance Resources

The Governance Institute of Australia (GIA) aims to strengthen society through governance excellence. Following discussions with FAMS, GIA has released *Good Governance Guides* - normally available only to paid members. These have now been made available for free download together with a variety of online resources. View here: [Resources on Governance](#).

Board Inductions for Not-for-profit Organisations - 2 Feb 2021, Online

Justice Connect Not-for-profit Law

Board Inductions for Not-for-profit Organisations

2 February 2021, 12.45pm

Online

Cost: \$30-\$50.

Whether you're a new board member or you've been doing it for a while, there's always more to learn. What's the role of the board? What are your key responsibilities? When could you be legally responsible if things go wrong and what protections are available? This webinar will help you understand your role so you can be a better board member.

The webinar will cover:

- The main legal duties of board members
- The standards the law sets for decision-making as board members
- The importance of your organisation's legal status, rules and legal purpose
- Other key legal issues to consider as a board member

[More information and registration.](#)

Compliance Essentials Masterclass: Webinar

Designed for aged care key personnel at all levels of the organisation and for all sizes of organisations, this Masterclass focuses on enabling the capabilities of leaders in delivering on their key personnel obligations and approved provider responsibilities.

[https://emarketing-au.s3-ap-southeast-2.amazonaws.com/35861/by3ot3lv_-BvCcWfVOcNrvvpkHNxn8e7eCfUJ4Avezl/3270270.pdf?ct=t\(ACSAWeekly_28.01.2021\)](https://emarketing-au.s3-ap-southeast-2.amazonaws.com/35861/by3ot3lv_-BvCcWfVOcNrvvpkHNxn8e7eCfUJ4Avezl/3270270.pdf?ct=t(ACSAWeekly_28.01.2021))

Department of Health Updates

Keep up to date – find all the updates here:

<https://www.health.gov.au/news/newsletters>