

NESST Newsflash

Hi Everyone,

Welcome to the NESST Newsflash. If you wish to unsubscribe to this Newsletter, please reply to this email and NESST will remove you from our mailing list. ☺

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NESST Regional Zoom

Our next Regional Zooms will be held on **24 November** at 2pm

The agenda will continue as follows:

2pm Welcome and Introductions

Update from ACAT/RAS – questions

Regional roundup and NESST Update

2:45pm IncludeUs Workshop –The third webinar will continue to move us into using our learnings from webinar one and two to approach The Aged Care Quality Standards using the Head Heart Act Reflect framework. For more information contact deb@nesst.org.au

<https://us02web.zoom.us/j/82181524741?pwd=NUh2ZDBkZ3lPM1RjbmtVTDNsTlAxZz09>

NESST Free On-line Training Portal

Have a look at the new portal! We have now moved most content over to the new platform. A certificate is emailed on completion. Please share with your staff and volunteers within the New England area:

<https://nesstbasictraining.thinkific.com/>

On this site you will find:

An introduction to the Commonwealth Home Support Programme

Food Safety for Seniors

Dementia Basics

Still awaiting review and transition is:

Community Basics

<https://www.inductforwork.com.au/portals/new-england-sector-support-team-online-induction-nesst-basic-training>

If you are having trouble getting the modules to load for some people, please give us a call and we will resend the invitation to the individual.

If you would prefer to host a paper-based group session we are happy to help. We can provide resources and send out certificates after completion.

Employment Opportunity! Social Activities Coordinator

Armidale Care for Seniors Inc.

Part-time

How to apply

Request an Application Pack by emailing admin@armidalecareforseniors.org.au and read the 'Applying for a Position' with Armidale Care for Seniors Inc.' information.

Applications close at 5.00pm on the 2nd December 2020

172 Rusden St, Armidale, NSW, Australia 2350

Transitioning grandfathered clients receiving Commonwealth Home Support Programme (CHSP) services to more appropriate levels of care

- The Department is aware that there are a number of clients receiving a high level of services under the CHSP.
- Should a client's needs change they are expected to undergo an assessment through My Aged Care and move onto a Home Care Package if more appropriate for their needs.
- Should the client refuse to undergo an assessment or take up a Home Care Package, under the grandfathering arrangements, they may choose to remain on the CHSP.
- The risk highlighted by LASA regarding a lack of case management under the CHSP for these clients is noted.
- The Department is examining data on this client cohort, and will examine options to follow up with clients, including through the assessment workforce.
- Note the Government advised in November 2019 that it would look to combine CHSP and Home Care Packages programs.
- Work is now underway to develop an Assessment, Classification and Funding Model for a unified care in the home program.
- This will better align support in the home to assessed need.
- Grandfathered clients transitioning would be expected to transition into the new program.
- Arrangements for the new program, including timeframes, will be finalised in the context of the final report of the Royal Commission

CHSP service provision entry in the My Aged Care client record

The department reminds providers that service delivery information should be accurately recorded and regularly updated in the My Aged Care client record for all clients accepted for service.

This includes a client's service:

commencement date

frequency

intensity

end date (where a service has finished).

CHSP service providers are reminded to add a note to a client's My Aged Care record indicating any emergency CHSP services provided to the client during COVID-19. This includes residents on emergency leave from an aged care home.

Providers must add this information as a client note if it is clear the client will require service provision beyond the eight weeks of emergency support. This will assist the assessor during the formal assessment of the client's needs to understand the services the client has been receiving.

Further information is available on:

- [My Aged Care – Provider Portal User Guide: Part 2 Team Leader and Staff Member Functions](#)
- [COVID-19 and CHSP Supports available](#)

How far do people move to access aged care?

New research shows many people in non-metropolitan regions move more than 100 kilometres, or drive for more than 60 minutes, from their home when they begin permanent residential aged care or use respite in an aged care facility.

The research, which was conducted by the Office of the Royal Commission into Aged Care Quality and Safety, is based on people accessing aged care services on 30 June 2019. The findings are presented in *Research Paper 16 – How far do people move to access aged care?* which is available on the Royal Commission's website:

<https://agedcare.royalcommission.gov.au/publications/research-paper-16-how-far-do-people-move-access-aged-care>

In regional and rural areas, the share of people that moved over 100 kilometres to enter permanent residential care varied between 10% and 16%. The share increased to 34% among the people who had been living in remote regions and 53% among those who had been living in very remote regions.

Aboriginal and Torres Strait Islander people tended to move further than other people to enter residential aged care if they were living in metropolitan or rural areas, but moved less distance if they were living in remote or very remote regions.

Younger people living in residential aged care facilities tended to have moved further than older people in all regions except for very remote communities.

Productivity Commission: Mental Health Inquiry Report

The inquiry final report was handed to the Australian Government on 30 June 2020 and released publicly on 16 November 2020.

The report discusses some key influences on people's mental health, examines the effect of mental health on people's ability to participate and prosper in the community and workplace, and implications more generally for our economy and productivity.

It makes recommendations to the Australian and State and Territory Governments, to improve the mental health of people of all ages and cultural backgrounds, working with people who have experience of mental illness, and with their families and carers.

Recommended reforms extend across workplaces, schools and universities, the justice system, community groups and services for healthcare, psychosocial support, and housing.

<https://www.pc.gov.au/inquiries/completed/mental-health/report>

End of Life Directions for Aged Care (ELDAC)

ELDAC provides information, guidance, and resources to health professionals and aged care workers to support palliative care and advance care planning to improve the care of older Australians.

Toolkits are an important way of supporting these connections.

Toolkits are a collection of information, resources and tools around a particular topic or practice area. They can help users to develop a plan and organise their efforts to follow evidence-based recommendations or practices.

Each ELDAC toolkit looks at an important area dealing with palliative care or advance care planning in aged care. They provide a pathway for users to meaningful and practical materials they can use when providing care to older Australians.

<https://www.eldac.com.au/tabid/4889/Default.aspx>

Capabilities in Aged & Community Care Readiness: An Evaluation of Innovation & Technology (CARE IT) Report

The Minister for Aged Care and Senior Australians will be virtually launching the Aged and Community Care Innovation and Technology Capabilities and Readiness (CARE-IT) Report on **26 November 2020**. This important publication adds significantly to the collective understanding of the sector, its current level of digital maturity and the significant opportunities technology and innovation can offer in providing a more sustainable and high quality aged and community care sector.

If you have a question for the Minister for Aged Care and Senior Australians please email secretariat@aciitc.com.au

[Learn More>](#)



Department of Health Updates

Keep up to date – find all the updates here:

<https://www.health.gov.au/news/newsletters>