



## NESST Newsflash

Hi Everyone,

Welcome to the NESST Newsflash. If you wish to unsubscribe to this Newsletter, please reply to this email and NESST will remove you from our mailing list. ☺

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## **NESST Regional Zoom**

Our next Regional Zooms will be held on 22 October and then 24 November at 2pm. I will send out the link closer to the date.

For the **next 2 Forums** the agenda will continue as follows:

**2pm** Welcome and Introductions

Update from ACAT/RAS – questions

Regional roundup and NESST Update

**2:45pm** IncludeUs Workshop – this workshop will explore the concepts of professional boundaries and introduce you to the Head Heart Act Reflect Framework that we will be using throughout the 3 webinars. The second and third webinars will then move us into using our learnings from webinar one to approach The Aged Care Quality Standards using the Head Heart Act Reflect framework. For more information contact [deb@nesst.org.au](mailto:deb@nesst.org.au)

## **NESST Free On-line Training Portal**

The portal gives access to free, basic induction modules for frontline staff. Current modules:

**An introduction to the Commonwealth Home Support Programme**

**Community Basics**

**Food Safety for Seniors**

**Dementia Basics**

A certificate is emailed on completion. Please share with your staff and volunteers within the New England area:

<https://www.inductforwork.com.au/portals/new-england-sector-support-team-online-induction-nesst-basic-training>

If you are having trouble getting the modules to load for some people, please give us a call and we will resend the invitation to the individual.

**If you would prefer to host a paper-based group session we are happy to help. We can provide resources and send out certificates after completion.**

We are in the process of moving this training to a new and more user-friendly platform. We have not yet completed the transition, but if you would like to access either the food safety or introduction to CHSP in the new format Email [Deb@nesst.org.au](mailto:Deb@nesst.org.au) and I will send you the temporary link.

## **New Position! Inverell Home Support Program Services Manager**

<https://www.seek.com.au/job/50450670?type=standard#searchRequestToken=b3fed884-63a4-4749-8d4b-c60392b64145>

## **Aged care advocacy presentations**

Follow this link: <https://seniorsrightsservice.org.au/what-we-do/aged-care-advocacy/aged-care-advocacy-presentations/>

to find a series of videos that address issues related to aged care advocacy. Aged care advocacy is a key service of Seniors Rights Service. We work with aged care recipients in NSW to ensure they are aware of their rights – or that family members and others representing the older person are also aware. Aged care advocacy can assist people who are receiving aged care services – be that at home or in a residential aged care facility – to improve communication with the aged care service provider which can lead to improved service delivery and problems with the service being remedied.

## **Outreach fund extension brings GPs and health services to communities**

Rural and remote patients will have access to a wider range of health services in their community following an announcement by the Federal Government. Regional Health Minister, Mark Coulton said regional, rural, and remote communities throughout Australia will benefit from the \$115 million extension to the Rural Health Outreach Fund (RHOF). "This fund brings doctors and health professionals to patients, rather than the other way around, allowing many thousands of people to receive their health care closer to home," Minister Coulton said <https://tinyurl.com/yyI54y8w>

## **A guide for legal practitioners to help with Elder Abuse**

Coinciding with Dementia Action Week this week, the Law Council of Australia has released a Best Practice Guide for Legal Practitioners in relation to Elder Financial Abuse (the Guide). The Guide is intended to assist legal practitioners to identify and address potential issues regarding elder financial abuse in the preparation and execution of wills and other advance planning documents.

<https://tinyurl.com/yxrXlrSy>

## **Telehealth extension a win for patient health, equity, and health budgets**

The Royal Australasian College of Physicians has welcomed the government decision to extend telehealth services until March 2021, as a win on multiple fronts for a stronger and fairer health system. RACP President Prof John Wilson AM says telehealth is now widely relied upon by both doctors and patients and is improving access and equity. "Telehealth has proven to be a critical tool that will be necessary not just for the pandemic but beyond," Prof Wilson said.

<https://www.racp.edu.au/news-and-events/media-releases/telehealth-extension-a-win-for-patient-health-equity-and-health-budgets>

## **How technology is helping overcome language barriers in aged care**

Person Centred Software's app-based Mobile Care Monitoring system is helping facilities overcome language barriers between their workforce by removing the need for written language when updating progress notes. As a result, less errors are being made during the documentation process, and there is less room for misinterpretation between carers of different nationalities.

<https://personcentredsoftware.com/au/innovation-and-tech-gb-au/how-technology-is-helping-overcome-language-barriers-in-aged-care/>

## **Prevention of Dementia MOOC – starts 6 October 2020**

Preventing Dementia is a Massive Open Online Course (MOOC), offering university-quality education about the latest research in dementia risk and protective factors. The free course provides an opportunity to engage with the perspectives of a global community, without requiring exams or assignments. <https://www.utas.edu.au/wicking/preventing-dementia>

## **Keeping Connected - the impact of loneliness:22 September**

Concepts and issues of loneliness, community belonging and building capacity will be investigated in this interactive space to provide opportunities for you to explore how you can work with people experiencing loneliness. <https://tinyurl.com/y3brs6w5>

## **Free webinar for providers about hearing services for veterans**

The Department of Veterans' Affairs (DVA) and Older Persons Advocacy Network (OPAN) will be hosting an interactive, educational webinar about hearing services for veterans, on Wednesday, 23 September 2020. The free webinar will inform health professionals, community workers, veterans and their families about hearing devices and treatments available to veterans with hearing loss and tinnitus. <https://tinyurl.com/y29huvvo>

## **How to prevent dementia: the latest evidence**

The National Ageing Research Institute is hosting a free public lecture on Tuesday 29 September. Professor Gill Livingston, Professor of Psychiatry of Older People at University College London, a leading international expert in dementia research and lead author of "Dementia prevention, intervention, and care: 2020 report of the Lancet Commission", will present the latest evidence about dementia prevention, treatment and care.

<https://www.trybooking.com/book/sessions?eid=606900>

## **Department of Health Updates**

Keep up to date – find all the updates here:

<https://www.health.gov.au/news/newsletters>

## 2020 Commonwealth Bank Not-for-Profit Treasurers' Award

Every community organisation understands how much they owe to the person who keeps track of the finances. But they don't often tell them so. Our Community and the Commonwealth Bank and their Not-for-Profit Sector Banking team believe Australia's treasurers deserve some recognition.

This year, you can take part in the 2020 Not-for-Profit Treasurers' Awards in one of two ways: you can nominate your treasurer - all nominated treasurers receiving an official Certificate of Appreciation), or you can enter as a not-for-profit treasurer - share your insights for your chance to win one of four \$5,000 cash donations for your not-for-profit.

**Nominations close:** 6 October 2020. [More information and nomination forms](#)

## Budget Direct Sponsorships 2020-2021

Striving to make a difference in your local community but need a financial leg-up? If your organisation is eligible, you can apply for a Budget Direct sponsorship of \$1,000, \$2,500, or \$5,000. This one-off cash donation can be spent as your organisation sees fit. Budget Direct support organisations who:

- provide local or statewide community services
- run community awareness and education programs
- promote health and wellbeing (e.g. sports clubs)
- advocate for road safety
- provide emergency services
- support in need or at-risk Australians
- help build strong, vibrant communities

**Round closing dates:** 30 September 2020; 31 December 2020; 31 March 2021; 30 June 2021. [More information and application](#)

**Contact:** [sponsorship.support@budgetdirect.com.au](mailto:sponsorship.support@budgetdirect.com.au)

## COVID-19: Infection prevention and control risk management

The risks associated with COVID-19 in Australia are ongoing. Health service organisations are required to prepare and implement an organisation-wide Risk Management Plan to manage and reduce the risks related to the transmission of COVID-19.

The Australian Commission on Safety and Quality in Health Care (the Commission) has developed advice to support health service organisations to undertake a COVID-19 risk assessment and develop a comprehensive Risk Management Plan.

[The fact sheet COVID-19: Infection prevention and control risk management is now available.](#)

For further information, visit the [COVID-19](#) page on the Commission's website or email [HAI@safetyandquality.gov.au](mailto:HAI@safetyandquality.gov.au).