

NESST Newsflash

Hi Everyone,

Welcome to the NESST Newsflash. If you wish to unsubscribe to this Newsletter, please reply to this email and NESST will remove you from our mailing list. ☺

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NESST Regional Zoom

Our next Regional Zoom will be held on 24 September at 2pm. Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZ0vcOitrz0pHtWv40jUpz549AnGJstlV8Wz>

After registering, you will receive a confirmation email containing information about joining the meeting.

Over the **next 3 Forums** we the agenda will be as follows:

2pm Welcome and Introductions

Update from ACAT/RAS – questions

Regional roundup and NESST Update

2:45pm IncludeUs Workshop – this workshop will explore the concepts of professional boundaries and introduce you to the Head Heart Act Reflect Framework that we will be using throughout the 3 webinars. The second and third webinars will then move us into using our learnings from webinar one to approach The Aged Care Quality Standards using the Head Heart Act Reflect framework. For more information contact deb@nesst.org.au

NESST Free On-line Training Portal

The portal gives access to free, basic induction modules for frontline staff. Current modules:

An introduction to the Commonwealth Home Support Programme

Community Basics

Food Safety for Seniors

Dementia Basics

A certificate is emailed on completion. Please share with your staff and volunteers within the New England area:

<https://www.inductforwork.com.au/portals/new-england-sector-support-team-online-induction-nesst-basic-training>

If you are having trouble getting the modules to load for some people, please give us a call and we will resend the invitation to the individual.

If you would prefer to host a paper-based group session we are happy to help. We can provide resources and send out certificates after completion.

We are in the process of moving this training to a new and more user-friendly platform. We have not yet completed the transition, but if you would like to access either the food safety or introduction to CHSP in the new format Email Deb@nesst.org.au and I will send you the temporary link.

New Position! Inverell Home Support Program Services Manager

<https://www.seek.com.au/job/50450670?type=standard#searchRequestToken=b3fed884-63a4-4749-8d4b-c60392b64145>

How technology is helping overcome language barriers in aged care

Person Centred Software's app-based Mobile Care Monitoring system is helping facilities overcome language barriers between their workforce by removing the need for written language when updating progress notes. As a result, less errors are being made during the documentation process, and there is less room for misinterpretation between carers of different nationalities.

<https://personcentredsoftware.com/au/innovation-and-tech-gb-au/how-technology-is-helping-overcome-language-barriers-in-aged-care/>

Prevention of Dementia MOOC – starts 6 October 2020

Preventing Dementia is a Massive Open Online Course (MOOC), offering university-quality education about the latest research in dementia risk and protective factors. The free course provides an opportunity to engage with the perspectives of a global community, without requiring exams or assignments. <https://www.utas.edu.au/wicking/preventing-dementia>

Art and Dementia Toolkit

Art and Dementia toolkit is a creative learning resource with 10 artmaking activities designed for people living with dementia at any stage in their lives, and their support network. The toolkit is suitable for use in a number of settings, such as at home, in a healthcare setting, or a gallery. Follow the online instructions for the artmaking activities at your own pace, all you need is a clear space to work with materials.

We believe being creative is possible for everyone and that being creative can lead to increased wellbeing. No prior experience or skills in art are necessary to use the toolkit.

The toolkit is available for individuals and organisations, Australia-wide and internationally through [online purchase](#). Organisations purchasing the toolkit will have access to multiple licences for their team members (2-8 people) at one location. If you work with multiple teams and/or across multiple locations, please purchase one toolkit per team/location.

Keeping Connected - the impact of loneliness:22 September

Concepts and issues of loneliness, community belonging and building capacity will be investigated in this interactive space to provide opportunities for you to explore how you can work with people experiencing loneliness. <https://tinyurl.com/y3brs6w5>

Free webinar for providers about hearing services for veterans

The Department of Veterans' Affairs (DVA) and Older Persons Advocacy Network (OPAN) will be hosting an interactive, educational webinar about hearing services for veterans, on Wednesday, 23 September 2020. The free webinar will inform health professionals, community workers, veterans and their families about hearing devices and treatments available to veterans with hearing loss and tinnitus. <https://tinyurl.com/y29huvvo>

How to prevent dementia: the latest evidence

The National Ageing Research Institute is hosting a free public lecture on Tuesday 29 September. Professor Gill Livingston, Professor of Psychiatry of Older People at University College London, a leading international expert in dementia research and lead author of "Dementia prevention, intervention, and care: 2020 report of the Lancet Commission", will present the latest evidence about dementia prevention, treatment and care.

<https://www.trybooking.com/book/sessions?eid=606900>

Department of Health Updates

Keep up to date – find all the updates here:

<https://www.health.gov.au/news/newsletters>

Carers Resources

- Link to upcoming Carers NSW training sessions – <http://www.carersnsw.org.au/how-we-help/education/calendar/>
- Link to latest COVID-19 information for carers – <http://www.carersnsw.org.au/news-events/news>
- Link to latest COVID-19 publications for carers – <http://www.carersnsw.org.au/policy/changing-systems#sections>

2020 Commonwealth Bank Not-for-Profit Treasurers' Award

Every community organisation understands how much they owe to the person who keeps track of the finances. But they don't often tell them so. Our Community and the Commonwealth Bank and their Not-for-Profit Sector Banking team believe Australia's treasurers deserve some recognition.

This year, you can take part in the 2020 Not-for-Profit Treasurers' Awards in one of two ways: you can nominate your treasurer - all nominated treasurers receiving an official Certificate of Appreciation), or you can enter as a not-for-profit treasurer - share your insights for your chance to win one of four \$5,000 cash donations for your not-for-profit.

Nominations close: 6 October 2020. [More information and nomination forms](#)

Supplementary Volunteer Grants 2020 - Now Open

Grants of between \$1,000 – \$5,000 are available to enable volunteer involving organisations to strengthen community functioning by increasing participation in volunteering. A total pool of \$748,000 will be available within New South Wales.

Applications close 11.59PM AEST 20 September 2020

<https://www.volunteering.com.au/supplementary-volunteer-grants/>

Budget Direct Sponsorships 2020-2021

Striving to make a difference in your local community but need a financial leg-up? If your organisation is eligible, you can apply for a Budget Direct sponsorship of \$1,000, \$2,500, or \$5,000. This one-off cash donation can be spent as your organisation sees fit. Budget Direct support organisations who:

- provide local or statewide community services
- run community awareness and education programs
- promote health and wellbeing (e.g. sports clubs)
- advocate for road safety
- provide emergency services
- support in need or at-risk Australians
- help build strong, vibrant communities

Round closing dates: 30 September 2020; 31 December 2020; 31 March 2021; 30 June 2021. [More information and application](#)

Contact: sponsorship.support@budgetdirect.com.au

COVID-19: Infection prevention and control risk management

The risks associated with COVID-19 in Australia are ongoing. Health service organisations are required to prepare and implement an organisation-wide Risk Management Plan to manage and reduce the risks related to the transmission of COVID-19.

The Australian Commission on Safety and Quality in Health Care (the Commission) has developed advice to support health service organisations to undertake a COVID-19 risk assessment and develop a comprehensive Risk Management Plan.

[The fact sheet COVID-19: Infection prevention and control risk management is now available.](#)

For further information, visit the [COVID-19](#) page on the Commission's website or email HAI@safetyandquality.gov.au.