



NESST Newsflash

Hi Everyone,

Welcome to the NESST Newsflash.

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New England Sector Support Team

Phone: 02 6772 3950

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NESST Regional Zoom

Our next Regional Zoom will be held on **27 August at 2pm**. Please note the change of time. We are trying to find the best time for most people! If you have agenda items or ideas, please let us know.

2020 CHSP Manual

Attached to this newsletter is a document noting the changes to the CHSP Manual. We will discuss this more at our CHSP Forum next week.

NESST Free On-line Training Portal

The portal gives access to free, basic induction modules for frontline staff. Current modules:

An introduction to the Commonwealth Home Support Programme

Community Basics

Food Safety for Seniors

A certificate is emailed on completion. Please share with your staff and volunteers within the New England area:

<https://www.inductforwork.com.au/portals/new-england-sector-support-team-online-induction-nesst-basic-training>

Watch this space for news on the next exciting episode 😊

If you are having trouble getting the modules to load for some people, please give us a call and we will resend the invitation to the individual.

CHSP Orientation Training for Coordination Staff

NESST will be conducting on-line Orientation for Coordination staff on-line on 15 September 2020. This will be a live, interactive session. We will send out the link closer to the date.

AAG Position Paper: Wellness and Reablement for all Australians Receiving Home, Community and Residential Aged Care Services

The aim of this Position Paper is to provide clear direction to the Australian Government, policymakers and service providers on the core principles of wellness and reablement in aged care that must be upheld in order to meet the needs, strengths and preferences of Australians as they age. <https://www.aag.asn.au/documents/item/3692>

On the frontline: how you can support yourself and others

The coronavirus pandemic is a challenge unlike anything Australia has seen before. As a healthcare worker, you may be feeling anxious, overwhelmed, or unsure what lies ahead. Just because you're trained, doesn't mean you're immune to the mental health impacts of this pandemic. Feeling stressed is not a sign of weakness. Looking after your health and wellbeing is more important than ever. Support services are available and it's vital that you use them when you need to.

<https://coronavirus.beyondblue.org.au/impacts-on-my-work/essential-services/how-healthcare-workers-can-support-themselves-and-each-other.html>

Support for managing COVID-19 related costs

Grant opportunities are available to assist aged care providers to manage the costs of being impacted by COVID-19.

The *Aged Care Support Program (ACSP)* aims to assist eligible providers, subject to direct COVID-19 impacts, to deliver continuity of safe, quality care for consumers. ACSP reimburses eligible expenditure incurred in managing direct COVID-19 impacts, up to a maximum grant value per service.

The *Support for Aged Care Workers in COVID-19 (SACWIC)* grant opportunity is designed to minimise the risk of an infection occurring in the aged care sector.

More information on these grants to assist you to determine if you are eligible to apply is available here: [Support for managing COVID-19 related costs](#).

Lead the way with person-centred care

Places are now open to attend Dementia Australia's free symposium series. Help your organisation embed leading standards for quality dementia care. Hear from experts on:

- achieving quality, person-centred care in practice
- meeting the aged care quality standards
- successfully leading and engaging in cultural change.

With the impact of COVID-19 and the Royal Commission into Aged Care on Quality and Safety releasing new results later this year, 2020 has already been a year of challenges. This symposium is the ideal opportunity to address issues and challenges in providing quality care.

Now is the time to empower your organisation to deliver quality dementia care. Register for this free event today. https://www.dementia.org.au/conferences/symposium-2020?utm_campaign=Symposium_series&utm_medium=acsaemail&utm_source=comm

Information on CHSP support available for residents moving out of a RACF during COVID-19

There are two tiers of support available under the Commonwealth Home Support Programme (CHSP) to support residential aged care clients who choose to temporarily move out of residential care due to COVID-19.

Tier 1 Clinical support for clients who relocate from a facility that is significantly impacted by COVID-19

Temporary clinical support (Nursing and Personal Care) is available to clients who have had to relocate from a significantly impacted residential aged care facility. This support is the equivalent to a Level 4 Home Care Package.

The client or their family can call OPAN on 1800 700 600 to discuss their care needs. OPAN will provide information on the services available, the process for transition to community care and can arrange for a referral to a suitable local provider to deliver clinical services in the home for up to eight weeks.

Tier 2 Entry level services for clients who voluntarily decide to return to the community

Clients of residential aged care facilities that are not eligible for the complex clinical support above, but still choose to return to the community, may contact My Aged Care on 1800 200 422. My Aged Care will provide information on the services available, the process for transition to the community. They can arrange for a referral to access some entry-level home support services (including Meals, Transport, Unaccompanied Shopping, Social Support Individual, Nursing, Personal Care and Allied Health and Therapy Services) for up to eight weeks through the CHSP.

More information can be found in the

[COVID-19 & the CHSP- Information for clients, families and carers fact sheet.](#)

Online Grant Writing Training – 10 September

This fun, practical grant writing training session will help to set up a framework from which your organisation can be ready to apply for any grant, efficiently and effectively. It will give you the confidence and tools, to apply strategies which will give you the best chance of writing a successful application to a variety of sources

<https://nonprofittraining.com.au/grant-writing-for-non-profit-organisations/>

Damn Good Advice for the Chairperson

Here is the link for the new Damn Good Advice guide, Damn Good Advice for Chairs:

<https://communitydirectors.com.au/advice-guides/damn-good-advice-for-chairs>

This guide answers the top 25 questions Chairs on Not-for-Profit Boards need answering.

Budget Direct Sponsorships 2020-2021

Striving to make a difference in your local community but need a financial leg-up? If your organisation is eligible, you can apply for a Budget Direct sponsorship of \$1,000, \$2,500, or \$5,000. This one-off cash donation can be spent as your organisation sees fit. Budget Direct support organisations who:

- provide local or statewide community services
- run community awareness and education programs
- promote health and wellbeing (e.g. sports clubs)
- advocate for road safety
- provide emergency services
- support in need or at-risk Australians
- help build strong, vibrant communities

Round closing dates: 30 September 2020; 31 December 2020; 31 March 2021; 30 June 2021.

[More information and application](#)

Contact: sponsorship.support@budgetdirect.com.au

COVID-19: Infection prevention and control risk management

The risks associated with COVID-19 in Australia are ongoing. Health service organisations are required to prepare and implement an organisation-wide Risk Management Plan to manage and reduce the risks related to the transmission of COVID-19.

The Australian Commission on Safety and Quality in Health Care (the Commission) has developed advice to support health service organisations to undertake a COVID-19 risk assessment and develop a comprehensive Risk Management Plan.

[The fact sheet COVID-19: Infection prevention and control risk management is now available.](#)

For further information, visit the [COVID-19](#) page on the Commission's website or email HAI@safetyandquality.gov.au.

Humans of Aged Care: Now on Facebook and Instagram!

Humans of Aged Care is a storytelling platform to celebrate and demonstrate the human elements of care at the heart of aged care services. Now, more than ever, we see the incredible passion, resilience and dedication of the aged care workforce and want to share it with the world.

Follow [#HumansofAgedCare](#) on [Instagram](#) and [Facebook](#) today to share the stories of our aged care heroes.

Damn Good Advice on Creating a COVID-19-Safe workplace:

<https://communitydirectors.com.au/advice-guides/damn-good-advice-for-a-covid-19-safe-workplace>

How to get found on-line – 4 steps to attract your community

3 September 2020 – on-line

Connecting Up

How to Get Found Online: 4 Steps to Attract your Community

3 September 2020, 11.00am-12.00pm

Online

[Read More](#)

Strategic Grants Bootcamp: Seeking and applying for Grants in 2020

9 September 2020 – on-line

Connecting Up

Strategic Grants Bootcamp: Seeking & Applying for Grants in 2020

2 & 9 September 2020, 11.00am-12.30pm

Online

[Read More](#)

Webinar: Aged Care Governance - The Chair and CEO Relationship

4 September 2020

Explore the critical relationship between the Chair and CEO of aged care organisations. Join Chair, Virginia Bourke, and Group CEO, Stephen Cornelissen, of Mercy Health as they discuss this unique and crucially important relationship. In partnership with The Australian Institute of Company Directors (AICD).

<https://events.acsa.asn.au/event/webinar-aged-care-governance-the-chair-and-ceo-relationship/>

Registration Open: Excellence in Home & Community Care Online Symposium

September 15-17 2020

Hear the latest insights and innovations from sector experts and leaders, plus shared experiences from other home and community care organisations. Topics include home care pricing, risk management in the home and community care environment, the sector's response to COVID-19, and leveraging new technologies. Sessions are spread across each day, with breaks in-between.

<https://events.acsa.asn.au/event/excellence-in-home-care-online-symposium/>

Managing Volunteers and the Law

This three hour live interactive webinar with **Justice Connect** will discuss the life-cycle of Volunteers and key legal issues and considerations at each stage. The session will cover the nature of the volunteer and employee relationship, recruitment process and associated legal requirements, and give you a refresher on your organisation's safety requirements. You will also be encouraged to participate and ask questions and will receive additional resources to help in the future.

25 August, 9:30 am – 12:30 pm.

<https://www.volunteering.com.au/event/managing-volunteers-and-the-law/>

Connecting Up: Facebook Workshop Series

Build & Engage your Community with the Right Tools

27 August 2020: How to fundraise on Facebook

10 September 2020: Facebook Messenger & Chatbots

[Read More](#)

Easing of restrictions – COVID -19 Update

<https://www.nsw.gov.au/covid-19/what-you-can-and-cant-do-under-rules>