



NESST (New England Sector Support Team) Newsflash

Dear All,

In this edition of the NESST Newsflash we have the following highlights for your attention:

- NDS News
- ACSA Weekly * 2
- Get Active – ARC Program (two pdf attachments)
- Uralla Shire Council – re: Aged Care Standards delivered by the Quality Agency
-

New England **Sector Support Team**



Phone: 02 6772 3950

From Armidale Regional Council Sports Coordinator:

Hi wonderful colleagues,

I'm hoping you might be able to help spread the word about the upcoming 'Get Active' program that runs for 2 weeks from the 22nd of October to the 4th of November 2018.

There are over 150 sessions for people to try, and every single session is FREE!!

I have attached 2 posters: one with general information and a bright and eye catching photo, the other with the timetable of activities.

It would be absolutely wonderful if you could print both posters in colour (and the bigger the better!) and put them up in your tea rooms/ on your noticeboards etc, really anywhere you think people might see it and take notice!

More information can be found by visiting the council website, or the 'Get Active' Armidale facebook page!

Thanks so much for your time and assistance, it is greatly appreciated! 😊



Get active Oct Nov 2018 timetable post



Get active Oc Nov 2018 A3 poster r

Kind regards,

Amy Biggs

Sports Coordinator

P 02 6770 3869 **F** 02 6772 9275

E abiggs@armidale.nsw.gov.au **W** armidaleregional.nsw.gov.au

135 Rusden Street | PO Box 75A Armidale NSW 2350



From Uralla Community Care Manager:

We have just received confirmation on education session for the new Aged Care Standards delivered by the Quality Agency.

There are 2 session being held afternoon 27th Nov and morning 28th Nov, here in Uralla.

Below is the link to book into sessions if you would like to pass the word around.

<http://www.cvent.com/events/getting-to-know-the-standards-nsw-act/event-summary-dd19d656cbe84de5b355df5a27466eb2.aspx>

Kind regards

Wendy Kurko

Community Care Manager

Tablelands Community Support | Po Box 48 Uralla NSW 2358

p 02 6778 6350 | f 02 6778 3028

wkurko@uralla.nsw.gov.au | www.uralla.nsw.gov.au



From Healthwise :

We are more than happy for you to share the “Caring about Dementia’ videos throughout your networks.

If you wouldn’t mind putting in your newsletter or email throughout your networks that:

HealthWISE New England North West and Newcastle Permanent Charitable Foundation have teamed up to bring you a series of videos with ideas on caring for someone living with dementia.

To view the full playlist with all the videos in the series, please go to our YouTube channel

<https://www.youtube.com/playlist?list=PLfiPoDRx7Kh35kjg700mwR8X6jzCnZnF0>

The videos in the ‘Caring About Dementia’ series include Sally - Carer Consultant talking about:

- Communication
- Distraction and Redirection
- Self Care for Carers
- Personal Care
- Driving
- Bits and Bobs
- A group of carers interviewed for a the three part morning tea series
- The videos also feature, Professor Sue Kurrle talking about a range of topics, including the importance of exercise, driving, pain, sleep, weight loss wandering and visual problems.

We are also doing up some information packs which will contain a card explaining about the videos and a USB stick containing the videos and a digital e-book with some dot points outlining some of the information is discussed in the videos.

We would appreciate any feedback about the videos and if you are happy, we may use comments in our feedback to Newcastle Permanent Charitable Foundation, who so generously funded our video project.

Thanks for your interest and support of our video project

Kind regards,

Cate

Cate Doyle

Coordinator

Memory Assessment Program

cate.doyle@healthwisenenw.com.au

www.healthwisenenw.com.au

Usual working days: Tuesday/Wednesday/Thursday


HealthWISE
NEW ENGLAND NORTH WEST
Mental Health · Allied Health · Aboriginal Health



Registered NDIS Provider

HealthWISE acknowledges the Hunter New England Central Coast Primary Health Network and the Department of Health as major HealthWISE f



We acknowledge the traditional custodians of the lands on which we work each day and pay our respects to Elders of those lands, both past and present.

HealthWISE New England North West

7B First Floor, 109 Jessie Street, PO BOX 1321

ARMIDALE, NSW 2350

Office: (02) 6771 1146

Fax: (02) 6771 1170

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Issue No. 84 | 28 September 2018

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Your peak body's take on the week in aged care



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conversation.

ACSA will keep you up to date, provide support and represent you throughout the course of the Royal Commission.

Regards,



Pat Sparrow, CEO

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DON'T MISS OUT. The second round of workshops titled '*Applying the new Aged Care Quality Standards: Hitting the target*' are to start this week. [Find out more](#)

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[View paper](#)

National Construction Code (NCC) - Consultations Open on Minimum Accessibility Standards

The Australian Building Codes Board (ABCB) has released its *Accessible Housing Options Paper* for consultation. The ABCB also invites interested parties the opportunity to have their say in-person, and have questions answered by ABCB representatives at National Consultation Forums. [Find out more](#)

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[Click to view full 2018 ACSA Training and Events Program](#)

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(National)

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October 2019 [2019 ACSA National Summit](#) (Melbourne)



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[QLD](#)

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[WA](#)

Media Releases (view all [here](#))

25 September: [Quality and safety for older Australians in aged care is paramount](#)



Publications, reports, grants and resources

Department of Health

Webinar – Carer Gateway regional delivery partners information - [click here](#)

Indexation rates for Residential Aged Care and Home Care Packages and changes to the Maximum Permissible Interest Rate (MPIR) - [click here](#)

Department of Human Services

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Political Alerts

MOVE IT AUS GIVES SENIORS A SPORTING CHANCE FOR BETTER AGEING (FED)

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Other Resources

Sage Tours Newsletter - [here](#)

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Australasian Journal on Ageing on the Go

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and reading experience:

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App Store

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**Community
Grants Hub**
Improving your grant experience



Closing Soon: Redress Support Services Funding Round

Please be aware that the Redress Support Services Funding Round **closes Friday, 5 October 2018 at 2:00 pm AEST.**

For further information about eligibility and how to apply, go to the [Community Grants Hub website](#).
Information about applying for this funding round can also be found on [GrantConnect](#).

National Redress Scheme

For people who have experienced
institutional child sexual abuse

Click [here](#) if you are having trouble viewing this message.

EVENTS & TRAINING



NSW Sub-Committee: Accommodation and Housing Support

Date: 16 October 2018

Location: Sydney

Register for this meeting to hear from NDS and providers on policy and operational issues and receive policy updates.

[Read more](#)

Working with the NDIS - NDP Virtual Conference

Date: 17 October 2018

Location: National (Online)

Following the success of its first virtual conference, NDP is pleased to present another exciting opportunity. Learn, develop and connect with just a click of a mouse!

[Read more](#)



Effective Employer Engagement Workshops

Date: 8 November 2018

Location: Sydney

This interactive, one-day workshop will help your team develop and maintain a more systematic and successful approach to

CEO Meeting 2018

Date: 19 & 20 November 2018

Location: Melbourne

The highly-regarded CEO Meeting will see leaders from across the sector gather to network and hear the latest on national policy directions and key management

employer engagement.

[Read more](#)



issues.

[Read more](#)



Business Excellence Webinars

Date: Ongoing

Location: National (Online)

The NDS Business Excellence Webinar Series looks at topical business issues and offers contemporary advice and inspiration for leaders in the disability sector.

[Read more](#)

Workforce Essentials e-Learning Library

Date: Ongoing

Location: National (Online)

In consultation with the sector, NDS has developed a package of sector-specific e-learning content, offering unparalleled value to service providers.

[Read more](#)

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