



NESST (New England Sector Support Team) Newsflash

Dear All,

In this edition of the NESST Newsflash we have the following highlights for your attention:

- NDS News
- ACSA Weekly \* 2
- Get Active – ARC Program (two pdf attachments)
- Uralla Shire Council – re: Aged Care Standards delivered by the Quality Agency
- 

New England **Sector Support Team**



Phone: 02 6772 3950

**From Armidale Regional Council Sports Coordinator:**

Hi wonderful colleagues,

I'm hoping you might be able to help spread the word about the upcoming 'Get Active' program that runs for 2 weeks from the 22<sup>nd</sup> of October to the 4<sup>th</sup> of November 2018.

There are over 150 sessions for people to try, and every single session is FREE!!

I have attached 2 posters: one with general information and a bright and eye catching photo, the other with the timetable of activities.

It would be absolutely wonderful if you could print both posters in colour (and the bigger the better!) and put them up in your tea rooms/ on your noticeboards etc, really anywhere you think people might see it and take notice!

More information can be found by visiting the council website, or the 'Get Active' Armidale facebook page!

Thanks so much for your time and assistance, it is greatly appreciated! 😊



Get active Oct Nov 2018 timetable post



Get active Oc Nov 2018 A3 poster r

Kind regards,

**Amy Biggs**

Sports Coordinator

**P** 02 6770 3869 **F** 02 6772 9275

**E** [abiggs@armidale.nsw.gov.au](mailto:abiggs@armidale.nsw.gov.au) **W** [armidaleregional.nsw.gov.au](http://armidaleregional.nsw.gov.au)

135 Rusden Street | PO Box 75A Armidale NSW 2350



**From Uralla Community Care Manager:**

We have just received confirmation on education session for the new Aged Care Standards delivered by the Quality Agency.

There are 2 session being held afternoon 27<sup>th</sup> Nov and morning 28<sup>th</sup> Nov, here in Uralla.

Below is the link to book into sessions if you would like to pass the word around.

<http://www.cvent.com/events/getting-to-know-the-standards-nsw-act/event-summary-dd19d656cbe84de5b355df5a27466eb2.aspx>

Kind regards

**Wendy Kurko**

**Community Care Manager**

Tablelands Community Support | Po Box 48 Uralla NSW 2358

p 02 6778 6350 | f 02 6778 3028

[wkurko@uralla.nsw.gov.au](mailto:wkurko@uralla.nsw.gov.au) | [www.uralla.nsw.gov.au](http://www.uralla.nsw.gov.au)



## From Healthwise :

We are more than happy for you to share the “Caring about Dementia’ videos throughout your networks.

If you wouldn’t mind putting in your newsletter or email throughout your networks that:

HealthWISE New England North West and Newcastle Permanent Charitable Foundation have teamed up to bring you a series of videos with ideas on caring for someone living with dementia.

To view the full playlist with all the videos in the series, please go to our YouTube channel

<https://www.youtube.com/playlist?list=PLfiPoDRx7Kh35kjg700mwR8X6jzCnZnF0>

The videos in the ‘Caring About Dementia’ series include Sally - Carer Consultant talking about:

- Communication
- Distraction and Redirection
- Self Care for Carers
- Personal Care
- Driving
- Bits and Bobs
- A group of carers interviewed for a the three part morning tea series
- The videos also feature, Professor Sue Kurrle talking about a range of topics, including the importance of exercise, driving, pain, sleep, weight loss wandering and visual problems.

We are also doing up some information packs which will contain a card explaining about the videos and a USB stick containing the videos and a digital e-book with some dot points outlining some of the information is discussed in the videos.

We would appreciate any feedback about the videos and if you are happy, we may use comments in our feedback to Newcastle Permanent Charitable Foundation, who so generously funded our video project.

Thanks for your interest and support of our video project

Kind regards,

Cate

**Cate Doyle**

**Coordinator**

**Memory Assessment Program**

[cate.doyle@healthwisenenw.com.au](mailto:cate.doyle@healthwisenenw.com.au)

[www.healthwisenenw.com.au](http://www.healthwisenenw.com.au)

Usual working days: Tuesday/Wednesday/Thursday



Registered NDIS Provider

HealthWISE acknowledges the Hunter New England Central Coast Primary Health Network and the Department of Health as major HealthWISE f



We acknowledge the traditional custodians of the lands on which we work each day and pay our respects to Elders of those lands, both past and present.

**HealthWISE New England North West**

7B First Floor, 109 Jessie Street, PO BOX 1321

ARMIDALE, NSW 2350

Office: (02) 6771 1146

Fax: (02) 6771 1170

We acknowledge the traditional custodians of the lands on which we work each day, and pay our respects to Elders of those lands, both past and present.



Issue No. 84 | 28 September 2018

[View this email in your browser](#)

 **ACSA Weekly**  
*Your peak body's take on the week in aged care*



## Royal Commission timeline

This week saw the airing of the 2<sup>nd</sup> part of the Four Corners report on aged care and Government Roundtables to help inform the development of the Terms of Reference. And we are now awaiting the announcement of the Commissioners and the Terms of Reference for the Royal Commission.

Indications from Government are that the Royal Commission will commence relatively quickly - in the coming weeks rather than months.

The Royal Commission will expose the good, the bad and the ugly in the aged care sector. We need to recognise that this is bigger than individual governments and providers and is about a broader Australian community conversation.

It will provide an opportunity for aged care to be part of a national discussion in a way that it hasn't been before.

We need to listen to, and acknowledge, people's experiences and then be part of the conversation about solutions.

The Commission will also provide an opportunity to start talking about the issues we all face as providers and that need to be addressed for service sustainability as part of this

conversation.

ACSA will keep you up to date, provide support and represent you throughout the course of the Royal Commission.

Regards,



Pat Sparrow, CEO

---

### **Royal Commission into Aged Care – Feedback on the Terms of Reference**

We would like to thank our members who responded to our call last week for feedback on the scope and coverage of the terms of reference for the Royal Commission into Aged Care. ACSA supports the decision to hold a Royal Commission into aged care and will work co-operatively and transparently to ensure the Commission will ultimately contribute to delivering quality and sustainable aged care into the future. Overall the aim of the Commission should be to ensure the safety and quality of care provided to older Australians. [Find out more](#)

### **ACSA Webinar: What the Royal Commission Means for You – Insights from Russell Kennedy Lawyers**

Yesterday, ACSA and Russell Kennedy hosted a webinar discussing insights into how Royal Commissions are usually conducted, key learnings from Royal Commissions gone past, along with some practical tips and how to prepare. If you missed out on this webinar but would like to obtain a copy of the recording, please email [events@acsa.asn.au](mailto:events@acsa.asn.au). \*\*  
*Please note this is exclusive to ACSA Members.*

### **Places are filling fast for the Aged Care Quality Standards Workshops**

DON'T MISS OUT. The second round of workshops titled '*Applying the new Aged Care Quality Standards: Hitting the target*' are to start this week. [Find out more](#)

## **Aged Care (Single Quality Framework) Reform Act 2018**

The *Aged Care (Single Quality Framework) Reform Act 2018* received Royal Assent on 21 September 2018 and will commence on 1 July 2019. See [here](#)

## **FY2017-18 Annual Report Complaints Commissioner**

The Australian Government has released the Aged Care Complaints Commissioner Annual Report for 2017-18. [Find out more](#)

## **The Treasury consultation - external conduct standards for charities**

ACSA's consultation paper to The Treasury proposes four standards, intended to promote transparency and greater confidence in the not-for-profit sector, that funds sent and services provided overseas are reaching legitimate beneficiaries and are being used for legitimate purposes. The standards are expected to commence no earlier than 1 July 2019.

[View paper](#)

## **National Construction Code (NCC) - Consultations Open on Minimum Accessibility Standards**

The Australian Building Codes Board (ABCB) has released its *Accessible Housing Options Paper* for consultation. The ABCB also invites interested parties the opportunity to have their say in-person, and have questions answered by ABCB representatives at National Consultation Forums. [Find out more](#)

## **Seeking members views on the draft single "Charter of Aged Care Rights"**

Last week the opening of a public consultation on the draft single Charter of Aged Care Rights (the Charter) was announced. The single Charter is a component of the Single Aged Care Quality Framework and will replace the existing four charters relating to aged care recipients' rights and responsibilities. ACSA is preparing to submit comments on behalf of Members. For more information on how to provide feedback on this important piece of reform [click here](#) - feedback requested by **Friday 28 September 2018**.

---

[Click to view full 2018 ACSA Training and Events Program](#)



Sept\_Oct [Applying the new Aged Care Quality Standards: Hitting the target workshops](#)  
(National)

---

10 October [Webinar: Epilepsy & Older Australians: What You Need to Know](#) (National)

---

10 October [Managing Difficult Conversations](#) (SA)

---

17 October [Keeping Connected](#) (SA)

---

24 October [Webinar: An Introduction to Bond Investing](#) (National)

---

13 November [Epilepsy & Aged Care Workshop \(EOI\)](#) - register your interest by  
28<sup>th</sup> September

---

October 2019 [2019 ACSA National Summit](#) (Melbourne)

---



**Click here for the  
news in your state**

[NSW/ACT](#)

[QLD](#)

[SA/NT](#)

[TAS](#)

[VIC](#)

[WA](#)

---

## Media Releases (view all [here](#))

25 September: [Quality and safety for older Australians in aged care is paramount](#)



---

## Publications, reports, grants and resources

### Department of Health

Webinar – Carer Gateway regional delivery partners information - [click here](#)

Indexation rates for Residential Aged Care and Home Care Packages and changes to the Maximum Permissible Interest Rate (MPIR) - [click here](#)

### Department of Human Services

There will be no aged care payment runs occurring on the upcoming public holiday (various states) Monday 1 October 2018. Normal payment run arrangements will resume Tuesday 2 October 2018.

### Political Alerts

#### MOVE IT AUS GIVES SENIORS A SPORTING CHANCE FOR BETTER AGEING (FED)

Increasing the health and wellbeing of senior Australians by keeping them active and involved is the aim of a new \$22.9 million grants program now available to national sporting organisations and physical activity providers. Sports Minister Bridget McKenzie and Senior Australians and Aged Care Minister Ken Wyatt AM today launched the Move It Aus Better Ageing program, to be managed by Sport Australia. "Currently, only one-quarter of Australians over 65 meet the recommended guidelines of 30 minutes of physical activity a day," said Minister McKenzie. [Click here](#)

### Other Resources

Sage Tours Newsletter - [here](#)

## ACSA eLearning Portal

### *Australasian Journal on Ageing on the Go*

Experience an entirely new browsing  
and reading experience:

- Convenient access to AJA articles anytime, anywhere
- Quick navigation to any section of the app
- Immediate access to new content
- Select keywords for tailored content alerts
- Download issues to read offline, or share important articles
- Enhanced search across all downloaded content



Scan the QR code to download  
the AJA IOS App

Available on the  
App Store

WILEY

[View this email in your browser](#)



**Community  
Grants Hub**  
Improving your grant experience



---

## **Closing Soon: Redress Support Services Funding Round**

Please be aware that the Redress Support Services Funding Round **closes Friday, 5 October 2018 at 2:00 pm AEST.**

For further information about eligibility and how to apply, go to the [Community Grants Hub website](#).  
Information about applying for this funding round can also be found on [GrantConnect](#).

# National Redress Scheme

For people who have experienced  
institutional child sexual abuse

---

Click [here](#) if you are having trouble viewing this message.

# EVENTS & TRAINING



## NSW Sub-Committee: Accommodation and Housing Support

**Date:** 16 October 2018

**Location:** Sydney

Register for this meeting to hear from NDS and providers on policy and operational issues and receive policy updates.

[Read more](#)

## Working with the NDIS - NDP Virtual Conference

**Date:** 17 October 2018

**Location:** National (Online)

Following the success of its first virtual conference, NDP is pleased to present another exciting opportunity. Learn, develop and connect with just a click of a mouse!

[Read more](#)



## Effective Employer Engagement Workshops

**Date:** 8 November 2018

**Location:** Sydney

This interactive, one-day workshop will help your team develop and maintain a more systematic and successful approach to

## CEO Meeting 2018

**Date:** 19 & 20 November 2018

**Location:** Melbourne

The highly-regarded CEO Meeting will see leaders from across the sector gather to network and hear the latest on national policy directions and key management

employer engagement.

[Read more](#)



issues.

[Read more](#)



### **Business Excellence Webinars**

**Date:** Ongoing

**Location:** National (Online)

The NDS Business Excellence Webinar Series looks at topical business issues and offers contemporary advice and inspiration for leaders in the disability sector.

[Read more](#)

### **Workforce Essentials e-Learning Library**

**Date:** Ongoing

**Location:** National (Online)

In consultation with the sector, NDS has developed a package of sector-specific e-learning content, offering unparalleled value to service providers.

[Read more](#)

This publication is [copyright](#)

This email was sent to you because you are a registered user of [www.nds.org.au](http://www.nds.org.au)

Click [here](#) to unsubscribe or to change your subscription preferences.

Issue No. 84 | 28 September 2018

[View this email in your browser](#)

 **ACSA Weekly**  
*Your peak body's take on the week in aged care*



## Royal Commission timeline

This week saw the airing of the 2<sup>nd</sup> part of the Four Corners report on aged care and Government Roundtables to help inform the development of the Terms of Reference. And we are now awaiting the announcement of the Commissioners and the Terms of Reference for the Royal Commission.

Indications from Government are that the Royal Commission will commence relatively quickly - in the coming weeks rather than months.

The Royal Commission will expose the good, the bad and the ugly in the aged care sector. We need to recognise that this is bigger than individual governments and providers and is about a broader Australian community conversation.

It will provide an opportunity for aged care to be part of a national discussion in a way that it hasn't been before.

We need to listen to, and acknowledge, people's experiences and then be part of the conversation about solutions.

The Commission will also provide an opportunity to start talking about the issues we all

face as providers and that need to be addressed for service sustainability as part of this conversation.

ACSA will keep you up to date, provide support and represent you throughout the course of the Royal Commission.

Regards,



Pat Sparrow, CEO

---

### **Royal Commission into Aged Care – Feedback on the Terms of Reference**

We would like to thank our members who responded to our call last week for feedback on the scope and coverage of the terms of reference for the Royal Commission into Aged Care. ACSA supports the decision to hold a Royal Commission into aged care and will work co-operatively and transparently to ensure the Commission will ultimately contribute to delivering quality and sustainable aged care into the future. Overall the aim of the Commission should be to ensure the safety and quality of care provided to older Australians. [Find out more](#)

### **ACSA Webinar: What the Royal Commission Means for You – Insights from Russell Kennedy Lawyers**

Yesterday, ACSA and Russell Kennedy hosted a webinar discussing insights into how Royal Commissions are usually conducted, key learnings from Royal Commissions gone past, along with some practical tips and how to prepare. If you missed out on this webinar but would like to obtain a copy of the recording, please email [events@acsa.asn.au](mailto:events@acsa.asn.au). \*\*  
*Please note this is exclusive to ACSA Members.*

### **Places are filling fast for the Aged Care Quality Standards Workshops**

DON'T MISS OUT. The second round of workshops titled '*Applying the new Aged Care Quality Standards: Hitting the target*' are to start this week. [Find out more](#)



## **Aged Care (Single Quality Framework) Reform Act 2018**

The *Aged Care (Single Quality Framework) Reform Act 2018* received Royal Assent on 21 September 2018 and will commence on 1 July 2019. See [here](#)

## **FY2017-18 Annual Report Complaints Commissioner**

The Australian Government has released the Aged Care Complaints Commissioner Annual Report for 2017-18. [Find out more](#)

## **The Treasury consultation - external conduct standards for charities**

ACSA's consultation paper to The Treasury proposes four standards, intended to promote transparency and greater confidence in the not-for-profit sector, that funds sent and services provided overseas are reaching legitimate beneficiaries and are being used for legitimate purposes. The standards are expected to commence no earlier than 1 July 2019.

[View paper](#)

## **National Construction Code (NCC) - Consultations Open on Minimum Accessibility Standards**

The Australian Building Codes Board (ABCB) has released its *Accessible Housing Options Paper* for consultation. The ABCB also invites interested parties the opportunity to have their say in-person, and have questions answered by ABCB representatives at National Consultation Forums. [Find out more](#)

## **Seeking members views on the draft single "Charter of Aged Care Rights"**

Last week the opening of a public consultation on the draft single Charter of Aged Care Rights (the Charter) was announced. The single Charter is a component of the Single Aged Care Quality Framework and will replace the existing four charters relating to aged care recipients' rights and responsibilities. ACSA is preparing to submit comments on behalf of Members. For more information on how to provide feedback on this important piece of reform [click here](#) - feedback requested by **Friday 28 September 2018**.

---

[Click to view full 2018 ACSA Training and Events Program](#)

Sept\_Oct [Applying the new Aged Care Quality Standards: Hitting the target workshops](#)  
(National)

---

10 October [Webinar: Epilepsy & Older Australians: What You Need to Know](#) (National)

---

10 October [Managing Difficult Conversations](#) (SA)

---

17 October [Keeping Connected](#) (SA)

---

24 October [Webinar: An Introduction to Bond Investing](#) (National)

---

13 November [Epilepsy & Aged Care Workshop \(EOI\)](#) - register your interest by  
28<sup>th</sup> September

---

October 2019 [2019 ACSA National Summit](#) (Melbourne)

---



**Click here for the  
news in your state**

[NSW/ACT](#)

[QLD](#)

[SA/NT](#)

[TAS](#)

[VIC](#)

[WA](#)

---

## Media Releases (view all [here](#))

25 September: [Quality and safety for older Australians in aged care is paramount](#)



---

## Publications, reports, grants and resources

### Department of Health

Webinar – Carer Gateway regional delivery partners information - [click here](#)

Indexation rates for Residential Aged Care and Home Care Packages and changes to the Maximum Permissible Interest Rate (MPIR) - [click here](#)

### Department of Human Services

There will be no aged care payment runs occurring on the upcoming public holiday (various states) Monday 1 October 2018. Normal payment run arrangements will resume Tuesday 2 October 2018.

### Political Alerts

#### MOVE IT AUS GIVES SENIORS A SPORTING CHANCE FOR BETTER AGEING (FED)

Increasing the health and wellbeing of senior Australians by keeping them active and involved is the aim of a new \$22.9 million grants program now available to national sporting organisations and physical activity providers. Sports Minister Bridget McKenzie and Senior Australians and Aged Care Minister Ken Wyatt AM today launched the Move It Aus Better Ageing program, to be managed by Sport Australia. "Currently, only one-quarter of Australians over 65 meet the recommended guidelines of 30 minutes of physical activity a day," said Minister McKenzie. [Click here](#)

### Other Resources

Sage Tours Newsletter - [here](#)

## ACSA eLearning Portal

### *Australasian Journal on Ageing on the Go*

Experience an entirely new browsing  
and reading experience:

- Convenient access to AJA articles anytime, anywhere
- Quick navigation to any section of the app
- Immediate access to new content
- Select keywords for tailored content alerts
- Download issues to read offline, or share important articles
- Enhanced search across all downloaded content



Scan the QR code to download  
the AJA IOS App

Available on the  
App Store

WILEY