

How do I access Freeman House services?

You can either contact the Intake and Admissions Coordinator or complete an Initial Service Application form on our website:

www.vinnies.org.au/freeman-house-nsw

Depending on the outcome of this you may be asked to complete a detailed assessment to determine your needs.

If we are unable to meet your needs, we will assist you with referrals to more appropriate services.

How to contact us

Freeman House is located in Armidale in the Northern Tablelands.

Freeman House
1 Crescent St Armidale
Ph: 6776 8117

Freemanhouse.admin@vinnies.org.au
www.vinnies.org.au/freeman-house-nsw

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The St Vincent de Paul Society offers "a hand up" to people in need. We do this by respecting their dignity, sharing our hope, and encouraging them to take control of their own destiny.

What is Freeman House?

Freeman House provides residential and community based services for adults experiencing homelessness or drug and alcohol addiction.

Residential

Longer Term Drug and Alcohol Rehabilitation Service

Freeman House offers a 3-12 month Longer Term Drug and Alcohol Rehabilitation Service. During this time clients will be required to live on site and participate fully in the compulsory elements of the rehabilitation schedule. The schedule consists of individual and group counselling, case management, art, music and mindfulness sessions, and physical activities such as gym, yoga and outings.

The various therapeutic groups are aimed at exploring individual thoughts, feelings and behaviours, providing education, assisting you to develop your personal living skills and encouraging self-reflection and personal development.

The 12 Step Program through either AA or NA and the SMART program are a compulsory adjunct to the rehabilitation schedule.

Specialist Homelessness Service

– Crisis Accommodation

Accommodation is provided for up to three months for people experiencing homelessness. Case management underpins this service to provide support and assistance to access and maintain more permanent housing.

Community

Transitional Rehabilitation Units

Independent Transitional Rehabilitation Units are available on site for clients who have completed the Residential Rehabilitation Program. These units are fully self-contained, and allow you to continue to receive support from staff and the program, while gradually transitioning back to living in the community. These units are made available to residents who have reached a point in recovery where they and the clinical team feel that they are ready to live independently.

Specialist Homelessness Service

– Pre and Post-Crisis Case Management

Case management is provided through this service to assist people who are at risk of, or who have experienced homelessness. Case Managers work with clients to assist them to



access ongoing support for their physical, health, social, financial and emotional needs, with the ultimate aim of maintaining permanent housing.

Drug and Alcohol Community Support Service

The Drug and Alcohol Community Support Service offers clients individual case management and counselling. The service provides clients an opportunity to participate in life skills and education groups; aims to support clients in becoming more self-sufficient, source employment, education and ongoing support services, reconcile their past and improve their confidence.

The service focuses on harm minimisation strategies with the ultimate goal of abstinence.

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