



St Vincent de Paul Society NSW  
Support Services *good works*



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## HOW DO I ACCESS THE DETOXIFICATION SERVICE?

- Your referral will go directly to our intake worker. It can be a self-referral, or by family, friends, a general practitioner, medical and nursing staff and other health workers.
- If you are attending Freeman House Rehab you will be contacted by the Intake Worker for an assessment and then referred on to the Detox Unit. If you are only attending our Detox Unit, you will be referred to our registered nurses by the Intake Worker.
- A nursing assessment will be completed on all clients who have been referred to the unit to determine if Freeman House Detox Unit is able to provide suitable care required for the withdrawal/detox. If we are unable to provide the level of care you require (e.g. extended detox or high risk detox), a referral to another detox service can be arranged.

## WHO CAN I CONTACT IF I HAVE MORE QUESTIONS?

The registered nurses or our  
Intake Worker at Freeman House.

(02) 6776 8117

## FREEMAN HOUSE DETOXIFICATION UNIT

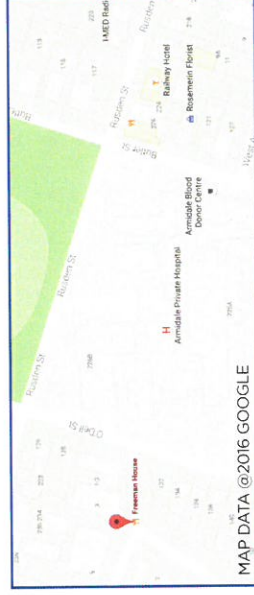
1 Crescent Street  
Armidale NSW 2350

(02) 6776 8117

[freemanhouse@vinnies.org.au](mailto:freemanhouse@vinnies.org.au)

[vinnies.org.au](http://vinnies.org.au)

ABN: 91 161 127 340



We are opposite the Armidale Rural Referral Hospital. Armidale town centre is 1.4 km away and we are within walking distance of shops, cafes, train, parks and other services.



We are proud to acknowledge the Anaiwan people as the traditional owners of this land.

*"Embrace the whole world  
in a network of love."*

Frederic Ozanam  
Founder St Vincent de Paul Society

## Freeman House

St Vincent de Paul Society NSW Support Services

Address: 1 Crescent Street  
Armidale NSW 2350

Telephone: (02) 6776 8117

# Freeman House DETOXIFICATION UNIT



## FREEMAN HOUSE

At Freeman House we provide a client-centred approach. We focus on early intervention, rapid rehousing, crisis responses and intensive responses for people with complex needs.

### We offer:

- 24 drug and alcohol rehabilitation beds
- A four-bed Detox Unit
- six men's homelessness units
- six men's crisis beds to provide holistic integrated care for those in treatment.

Our residential and community-based programs are run for adults experiencing homelessness and/or addiction. In addition we provide intensive support for people currently homeless (both before and after crisis).

### We use a five-prong approach in our Drug and Alcohol services:

- Individual treatment and case management
- Group based treatment and care
- Holistic health care
- Living and recreation skills
- Cultural community reintegration.



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## DETOXIFICATION UNIT

The Freeman House Detox Unit is a four bed voluntary unit for people who are looking to withdraw/detox from substances of dependence/addiction, including alcohol, cannabis/marijuana, amphetamines (e.g. speed), methamphetamines (e.g. ice), opiates (e.g. heroin, codeine, cocaine), benzodiazepines (e.g. Valium).

As Freeman House is a smoke-free facility, assistance with nicotine addiction can be given when withdrawing from other substances. However we do not provide withdrawal assistance for nicotine addiction alone.

### What we provide

- Inpatient private room accommodation including private ensuite, air conditioning, balcony, single bed with linen, wardrobe, desk, chair, and television.
- Our care is supervised by registered nurses 24/5 (Monday- Friday)
- Treatment is instructed by medical doctors
- Medicated detox (Currently open 24/5 9-5 Monday-Friday)
- Integration into group programs
- Onward referral to Freeman House rehab or other rehabilitation programs.

### What you need to bring/not bring?

- Your own form of NRT (Nicotine Replacement Therapy), e.g. nicotine patches, gum, lozenges, spray or inhaler
- Your own medications or scripts
- DO NOT bring in any aerosol sprays as they can set off the fire alarms
- DO NOT bring any medications that are not prescribed to you. You may bring over-the-counter medications you have been taking. These may be approved by the treating doctor, if deemed appropriate.

### Do I have to have support in place post-detox unit?

It is a requirement of the unit that you have a support service provider available on discharge, e.g. a rehabilitation program or community drug and alcohol counselling support. Prior to admission, we require a letter of confirmation from the drug and alcohol service.

Run by St Vincent de Paul Society  
NSW Support Services