



Australian Government  
Department of Health

# Short-Term Restorative Care

Aged Care Programme



## Short-Term Restorative Care (STRC)

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- What is STRC?
- STRC services
- Eligibility requirements
- Subsidy rate and fees
- Client journey
- Programme rollout



Australian Government  
Department of Health

## Short-Term Restorative Care

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“Aims to reverse and/or slow functional decline in older people with the overarching goal of improving wellbeing.”

Achieved through:





## Short-Term Restorative Care – Services

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The multidisciplinary team must include a medical practitioner and may include (but is not limited to) the following disciplines:

**Physiotherapy**

**Speech  
therapy**

**Podiatry**

**Dietetics**

**Occupational  
therapy**

**Exercise  
physiology**

**Psychology or  
Counselling**

**Nursing**

**Osteopathy**

**Social work**



## Short-Term Restorative Care - Eligibility

### Eligible

Experiencing functional decline that could be slowed or reversed through STRC

Without STRC the person is likely to require home care, residential care or flexible care provided through a multi-purpose service

### Ineligible

Receiving end of life care

Already receiving (or on leave from) residential care, home care or transition care

Would be assessed as eligible for transition care if it was applied for

Received transition care within the six months prior to the date of assessment

Hospitalised in the three months prior to the date of assessment for a condition related to the functional decline that would be the target of the STRC episode

If receipt of the proposed STRC would result in the person receiving more than two episodes in any twelve month period.



## Short-Term Restorative Care – Subsidy and Fees

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The Commonwealth STRC subsidy is currently approx. \$200 per person per day, and may be indexed from time to time.

People receiving STRC may be asked to pay a fee towards the cost of their care.



## Short-Term Restorative Care - Client Journey

Client  
experience  
functional  
decline

Client  
referred to  
My Aged  
Care

Client  
compre-  
hensively  
assessed

Client  
approved  
to receive  
STRC

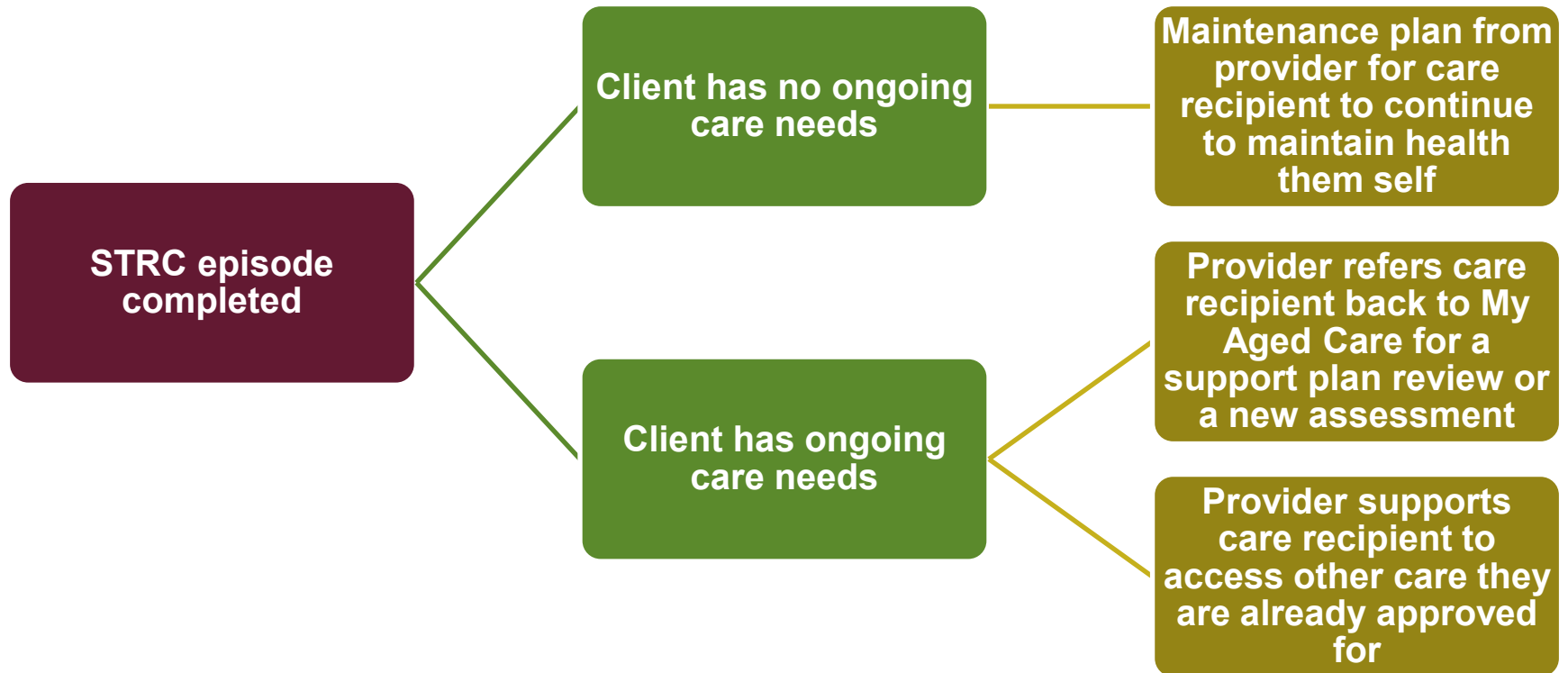
STRC  
available in  
client's  
area

Client  
receives  
STRC





## Short-Term Restorative Care – Post Care





## Regional allocation of STRC places in NSW

Region	Service Provider
Central Coast	ADSSI Homeliving Australia
Central West	United Protestant Association of NSW Ltd
Far North Coast	Clarence Valley Council
Hunter	ADSSI Homeliving Australia
Illawarra	Bay & Basin Community Resources Inc
Inner West	Multicultural Aged Care Inc
Mid North Coast	Each
Northern Sydney	HammondCare



## Continued: Regional allocation of STRC places in NSW

Orana Far West	Annecto Inc
Riverina/Murray	Lutheran Aged Care Albury
South East Sydney	HammondCare
South East Sydney	Multicultural Aged Care Inc
South West Sydney	HammondCare
South West Sydney	Multicultural Aged Care Inc
Western Sydney	The Uniting Church in Australia Property Trust (NSW)



## Further Information

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- Aged Care Act:  
<https://www.legislation.gov.au/Latest/C2016C00757>
- Subsidy Principles:  
<https://www.legislation.gov.au/Latest/F2016C00454>
- Quality of Care Principles:  
<https://www.legislation.gov.au/Latest/F2016C00451>
- STRC Programme Manual:  
<https://agedcare.health.gov.au/short-term-restorative-care-programme-manual-2016-and-frequently-asked-questions>
- Questions Regarding the Short-Term Restorative Care Programme:  
[STRC@health.gov.au](mailto:STRC@health.gov.au)



## Commonwealth Home Support Programme - Updates

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- Funding arrangements for CHSP have been extended until 30 June 2020 to provide certainty to the sector and pave the way for further home care reform
- The Department will provide new funding agreements with new funding conditions effective from 1 July 2018.
- The Department will continue to consult with the sector in developing future home care reform.
- Further information: [NSWACT.CHSP@health.gov.au](mailto:NSWACT.CHSP@health.gov.au) or [agedcarereformenquiries@health.gov.au](mailto:agedcarereformenquiries@health.gov.au)



# Commonwealth Home Support Programme - Updates

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## My Aged Care

The Department undertook consultations with the aged care sector in late 2016. The latest release of improvements to the My Aged Care System was on 24 July 2017. The focus was to deliver a number of high priority system improvements.

Improvements include:

- User interface styling enhancements
- Improvements to support plan review process
- Increased offline functionality for the myAssessor application

Further information can be found at:

<https://agedcare.health.gov.au/summary-of-my-aged-care-system-changes-24-july-2017>



# Commonwealth Home Support Programme - Updates

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## CHSP Reporting and Data Exchange (DEX)

- Data Exchange reporting closed on 30 July 2017.
- DEX is implementing some important changes to all users from Monday 7 August 2017 which includes minimising duplication risks, improved search functions and updates to lists of values as well as attendance and SCORE features.
- DEX will reopen for the period 1 - 30 September 2017 for 'data quality month' where organisations will have an opportunity to enhance their reporting data from the period 1 January – 30 June 2017.
- Updates have been made to the DEX training materials with two new webinars and additional information contained in task cards 15 to 17 and this can be found at <https://dex.dss.gov.au/find-training/>
- For queries regarding DEX, please contact [dssdataexchange.helpdesk@dss.gov.au](mailto:dssdataexchange.helpdesk@dss.gov.au) or phone **1800 020 283**.



# Point to Point Transport

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- NSW State Government legislation.
- There is an information session at the Quality Hotel in Tamworth on 14 September 2017. It may be a good opportunity for transport providers in New England to get further information on this NSW State Government legislation:  
<https://www.transport.nsw.gov.au/newsroom-and-events/media-releases/point-to-point-transport-commissioner-meeting-communities-as-new>
- CHSP funded transport providers who seek clarification and/or details about further options for discussion around possible implications on their service delivery should be contacting Transport for NSW or their Transport peak body representatives such as the CTO.



## Commonwealth Home Support Programme - Contacts

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The NSW/ACT Office has had some staffing changes so you have new contacts for your Grant Agreement in New England:

- Kathy Taylor, Assistant Director, Aged Care Community Programs
- Colin Farman, Executive Officer, Aged Care Community Programs
- Maureen Purnell Project Officer, Aged Care Community Programs

Phone: (02) 9263 3853      Email: [NSWACT.CHSP@health.gov.au](mailto:NSWACT.CHSP@health.gov.au)